

## NSS Events 2022 - 23

SL. NO	DATE	EVENTS
1	14/12/2022	NSS Orientation and energy conservation day
2	28/01/2023	Swami Vivekananda message to youth and its implementations
3	29/01/2023	Suttahalli, Sulukunte,Jalagere,Byrapura review camp
4	30.01.2023	Report on Martyrs' day
5	26/01/2023	Republic Day
6	11.02.2023	Kannada Sathiya Parishath
7	23.02.2023	Suttahalli Review Camp
8	26.02.2023	Byrapura Medical Camp
9	19.03.2023	Suttahalli Medical Camp
10	29/04/2023	Walkathon for voters awareness
11	05/05/2023	Voters awareness abhiyan for youth : jatha and intercollegiate interface with DEO banglore
12	13.05.2023	Uvathon
13	13.05.2023	Ramakrishna Mission
14	06.06.2023	Cleaning Drive On Environmental Day
15	08.06.2023	Report on Huthathma Mailor Mahadeva 112 <sup>th</sup> Januma Dinacharane"

## **NSS orientation and energy conservation day**

**Date:- 14/12/2022**

**Venue ; Seminar hall Sindhi College**

**No of participants:-156 (82 boys 74 girls)**

### **Objective:**

- **To create awareness about NSS as a Youth wing.**
- **To develop sense of responsibility among students in general NSS volunteers in particular.**
- **To re kindle the spirit of service to the society among the existing volunteer.**
- **To create awareness about the energy conservation.**

NSS unit of Sindhi College commenced its activities for the academic year 2022-23 on a fresh note. Prof Asha N, Principal, Dr. B S Srikanta Director attended the programme to motivate the volunteers and encouraged them to participate in all the activities. NSS programme Officer welcomed the new volunteers for the NSS unit and conveyed the importance of joining NSS.

A PPT was presented showcasing the past activities undertaken and the major milestones set by the College NSS Unit. Volunteers were also informed about how the NSS Unit of the college has managed to organise and support various organisations in community out-reach programme, extension activities, involving in Rallies, Walkathons, Social Awareness Programmes such as Health Issues, Education, Environment, National Integration, Plastic Abolition, Campus Cleaning, Donating Blood etc.

Dr. B.S. Srikanta, Director during his address informed the meaning of the NSS Logo, Badge and Motto. NSS Pledge was administered by the Programme officer.

During the Orientation Programme all volunteers were urged to work for the progress of the society and not for any personal gain. Volunteers understood the importance of NSS unit and were very proud to be part of the same. They confirmed that they will work diligently for the welfare of the society.

Following the orientation Energy conservation day was also observed by presenting the videos and PPTs. Dr. B S Srikanta Director conveyed the importance of energy and its consumption to the audience followed by Prof. Vaidyesh M A. Later, calendar of events scheduled for the A.Y. 2022-23 was read by the Programme officer.

The event concluded with the message by Prof Asha N Principal on NSS unit and on energy conservation day.

The Programme was concluded with photo session and National anthem.

**Outcome:** Volunteers understood the importance of NSS unit and were very proud to be part of the same. They confirmed that they will work diligently for the welfare of the society.

## **REPORT ON SWAMI VIVEKANANDA MESSAGE TO YOUTH**

**Date: 28/01/2023**

Venue: Ramakrishna Math Basavangudi

Participants: 45 (25 boys 20 girls)

Objective:

- To know more about the missions views and their objectives.
- To learn more about Swami Vivekananda and his teachings.
- To seek inspiration from the life and contribution of Swami Vivekananda to do better in the lives of volunteers.

The Context:

The scenario in the present Globalised India is that the traditional values culture and heritage has taken a back seat. The youth of the Nation are perplexed due to conflicting ideologies. Stressful life style, materialistic approach, constantly under pressure to out-perform others has taken away the very essence of life. It looks like

a beautiful plastic flower without any fragrance.

In such a situation, the youth of the country are restive. They seek an answer.

Swami Vivekananda's words, touching upon every facet of our national life, with

their freshness and vigor provide answers to questions that agitate both the individual and society.

#### The Report

To know about the above 45 NSS volunteer of Sindhi College participated in the event. The event started with a Bhajan of Ramakrishna Mission. Swamiji Adyaksha of the Ramakrishna math started the speech by addressing the crowd . Prof Subhramanya N R Leo-Club Coordinator, HOD department of Sanskrit accompanied the volunteers for the event.

The speakers talked on the topics of Life of Swami Vivekananda, faith and strength of Swami Vivekananda. It also contained life skills needed by the youth such as powers of mind, Man: the maker of the destiny, Education and society etc. The interesting topics discussed were Education and society, serve man as God, Religion and Ethics and other exhortations.

After the session they conducted a competition on delivering the summary of the entire event. Volunteers were divided into many groups. NSS unit of Sindhi college were divided into several teams. Notepads were given to take points.

Sanjay T of Final year B.com was head of one team. Siddhesh Kulkarni 3rd year B.com was lead of another team. Each team were given a task to explain the summary of the entire session and give the valueable feedback on the mission.

And volunteers also gave their valuable suggestions on how to improve the

mission and extend its process throughout the world.

Lunch was provided by Ramakrishna Math Basavangudi after the session concluded by appreciating the volunteers present and by delivering vote of thanks

by Adhyaksha of Math. All the volunteers spent some time on the Math visited the holy place on the Math, prayer hall, meditation center and left for the day.

Outcome:

Volunteers learnt how to control their negative emotions. Volunteers understood the power of Mind and also the need to set up purpose or Mission for life and to stay away from the trap of materialistic accomplishments.



## **A Report on Review camp**

Date: 29/01/2023

Venue: Suttahalli, Sulukunte, Jalagere, Byrapura

No. of volunteers: 25 (boys:11 , girls:14)

Objective:

To issue health cards to all the villagers.

To provide medical services to the needy.

To involve in community development activity.

To contribute towards a healthy society

On 29/01/23, the College NSS volunteers assembled near gate 1 to leave for another review camp.

25 volunteers were divided into 2 teams , 1 team visited Jalagere and Byrapura and the other team visited Suttahalli and Sulukunte. Volunteers were assigned the task of visiting every house in the village to obtain information about the health condition of all the members of the family.

Volunteer for the first time were informed the sensitive and touchy questions they should abstain from asking. They were also informed to greet the family members with a smile and later to enquire about the arogya card.

After completing the survey applications containing the information were submitted to the trust members of SSSAK. Till 2:00PM volunteers finished 2 villages and lunch was served. After lunch they were taken to next village to carry out the same task there. Totally NSS volunteers had issued 31 arogya cards and we left the village at 4:30PM and drove back to college at 6:00PM.

Outcome: Volunteers successfully completed the camp, learnt skills such as: Communication skills, team building skills, problem solving skills, organizing skills etc.

### **Report on Martyrs' day**

**Date:** 30/01/2023

**Venue ;** Seminar hall Sindhi College

**No of participants:** 72 (46 boys 26 girls)

#### **Objective:**

- To commemorate the sacrifice of life of Mahatma Gandhiji.
- To distribute the autobiography of Mahatma Gandhiji “ my experiments with truth”
- To inspire the volunteers to develop the sense of selflessness.

NSS unit of Sindhi College organized Martyrs day on 30th January 2023. DR. B S Srikanta Director, Prof. Asha N Principal were the chief guest for the day. Prof. Sharath was the host and invited all the students and gave introduction to the martyr's day. Prof. Vaidyesh M A NSS Programme Officer gave a speech on importance of Martyr's day why we have to observe it. Prof Kariyanna, Prof Nagaraju, Prof. Raju also attended the programme and distributed the books.

The occasion of Martyrs' Day will always remind us of the sacrifices of our Indian martyrs who sacrificed their lives for us. Dr. B S Srikanta Director Sindhi College, who is also the member of Karnatka Gandhi Smarak Nidhi, conveyed the message of M K Gandhi to the audience.

Director sir distributed the **AUTOBIOGRAPHY** by M.K Gandhi free of cost. He also requested the audience to read the entire book and gain knowledge on Gandhi. He stressed on how the book is useful to handle several situations in life, without compromising on the convictions and principles.

**AN AUTOBIOGRAPHY or THE STORY OF MY EXPERIMENTS WITH TRUTH** consists of the life experiences Gandhi. The book also contained about the sufferings of many soldiers and freedom fighters to get independence to the nation. More than 110 books were been distributed by Dr B S SRIKANTA Director, Prof Asha N Principal, Prof Vaidyesh M A NSS Programme Officer and Prof Sharath to the staffs, volunteers and for students. He also announced that there will be MCQ test conducted. And the winners will be given cash prizes.

The programme concluded by Prof. Asha N Principal after conveying the message of Gandhi, remembered the soldiers who lost their lives for the Nation, in the present situations are also the Martyr's. later Photo session was held followed by National Anthem to conclude the programme.

#### Outcome:-

- The students got knowledge on Martyrs day and importance of it
- Students pledged to develop the reading habits beyond curriculum, with this book.
- Gained more knowledge on MK GANDHI.



## **Report on Republic Day**

**Date:26/01/2023**

Venue: Sindhi College

Participants:123 Volunteers and 327 non volunteers

Objectives:

- To celebrate the republic day of the country.
- To inculcate Patriotism among students in general and Volunteers in particular.
- To remember the sacrifices made by the freedom fighters.
- To know about the constitution of India.
- To familiarize with Constitutional Duties, Rights and Responsibilities.

74 th Republic Day celebration was observed at Sindhi College. It is indeed one of the most awaited events of the year. Sri Navin K Nichani, Hon. Joint Secretary was the chief Guest.

The event created patriotic fervor as students and faculty members came together to celebrate the 74 th Republic Day of India.

Floral tribute was offered to the makers of independent India through pushpanjali to the photos of Mahatma Gandhiji and Dr. B.R. Ambedkar.

It was a proud moment for the gathering to witness the hoisting of the national flag. It is a symbol of the country's sovereignty and a reminder of the sacrifices made by the nation's heroes to keep the country safe and united. Chief

Guest hoisted National flag followed by national salute.

The NCC Cadets and NSS volunteers dressed in their respective uniforms, marched in perfect unison. NCC cadets were led by Senior under Officer K Poojitha. NSS volunteers were led by senior volunteer Raju A.





## REPORT ON 2ND KANNADA SAHITYA CONFERENCE

**Date:- 11/02/2023**

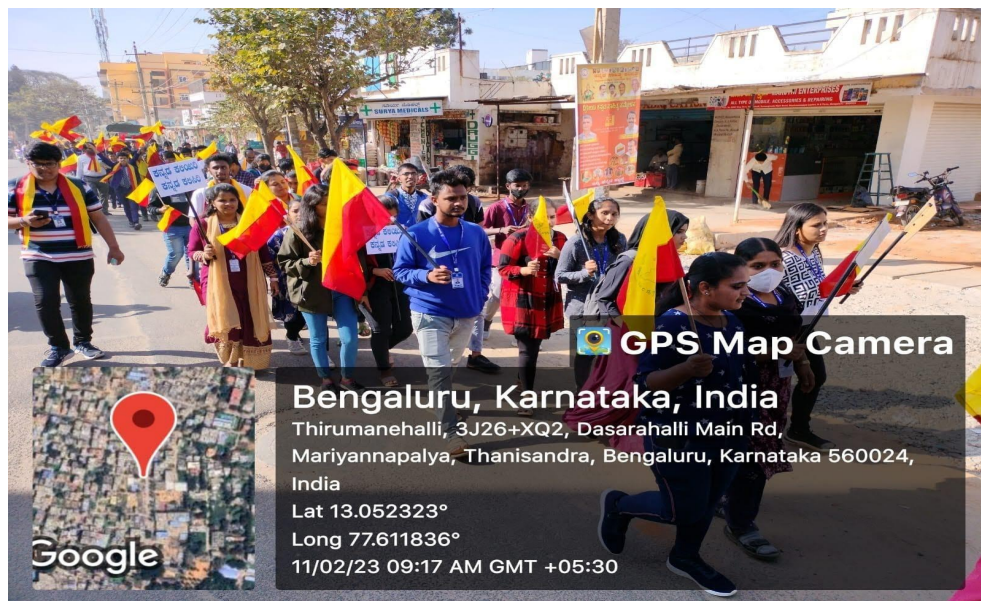
**Venue:- Byatarayanapura Bengaluru**

**Participants:- 57 (25 boys 32 girls)**

Kannada Saahithya Parishath is an Indian non-profit organisation that promotes the Kannada language and its literature. Its headquarters are in the city of Bengaluru in the state of Karnataka, India. It strives to promote Kannada language through publishing books, organising literary seminars and promoting research projects. It also organises an annual conference on Kannada literature called Kannada Sahithya Sammelana.

The 2nd conference of Kannada Sahithya was held on 11/02/2023 at Byatarayanapura Bengaluru. Many poets, writers of Kannada literature were present at the event. 57 NSS volunteers attended the event after getting invitation from the Kannada Sahithya Parishath. Prof. Asha N, Principal, Prof. Vaidyesh M A

NSS Programme Officer, DR. Kariyanna encouraged the students to attend the event. All the volunteers assembled the venue by 7:00 Am.



## REPORT IN REVIEW CAMP 02

**Date:- 23/02/2023**

**Venue:- Suttahalli**

**Participants:- 16 (9 boys 7 girls)**

Following the review camp 1 NSS unit of Sindhi College with SSSAK TRUST conducted review camp 2 at the same village SUTTAHALI. The motive of the camp is to provide the health cards known as arogya card to the people who have lost it . And to know the progress of there health. Survey also was taken about the views of the villagers on SSSAK camp and the volunteers of Sindhi College.

Survey was conducted by the NSS volunteers to each house in the village and got updated about their health conditions. They also compared the health conditions of villagers know with their conditions during Review Camp 1. As usual volunteers were divided into 6 teams consisting of 2 in a team. One senior volunteer and another junior volunteer to assist them. The survey was conducted house to house covering entire village . There was around 2 emergency

conditions in previous review camp but during this camp there were no such serious condition patients.



## **REPORT ON VOTER'S AWARENESS**

Date:- 26/02/2023

Venue :- Byrapura Thanda

Participants:- 13 ( 8 boys 5 girls)

Objective:- To gather the information of needy with SSAK members  
NSS volunteers from Sindhi College were sent to Byrapura Thanda for conducting a review camp with SSSAK TRUST on 26th February 2023 around 10.30 a.m. There was no government school where they could stay and work, so

they stayed in a house near the village's main road. 13 volunteers were divided into six teams of 2 students each with one senior volunteer. All NSS volunteer teams were split up in the village. When a team visits a house, they will first greet the residents with namaskara and ask if they have an arogya card and recorded the information so given.



## REPORT ON MEDICAL CAMP

**Date:-** 19/03/2023

**Venue:-** Suttahalli

The 17 volunteers gathered on Sunday at 7:30 a.m. near the campus. Volunteers were all ecstatic and delighted to be able to serve those in need of

medical services. Tempo Traveller arrived around 7:40am. Volunteers went to the trust office first. Volunteers offered prayers at the holy feet of Sai Baba seeking blessings. Idly, vada, lemon rice, nutritious sprouts, and dosa were served as breakfast. After a delicious breakfast, volunteers left for suddahalli, which is at a distance of 10 kilometres from Doddaballapur



Walkathon for voter's awareness

**Date:** 29/04/2023

**Venue:** VidhanaSoudha

As per the notification received from Bengaluru City University dated 26th April 2023. Our NSS unit planned to participate in WALKATHON FOR VOTER'S AWARENESS conducted by District Election Commission. For the Karnataka State Assembly Election which is scheduled for 10th May 2023.

We started the process of selecting the volunteers for the WALKATHON right after receiving the notification from Bengaluru City University. On 29th April 2023 the walkathon started from Vidhana Soudha after the address of District Election Commissioner and other officials. The rally started from Vidhana Soudha to Shri Kanteerava Stadium in Vittal Mallaya Road, through K R circle. 15 volunteers from Sindhi College NSS unit actively participated in the walkathon.



## REPORT ON VOTER'S AWARENESS

**Date:** 05/07/2023

**Venue :** Central College BCU campus

**Participants:** 52 ( 31 boys 21 girls)

The College NSS Unit received notification from Bengaluru City University dated 03/03/2023. It was urged to deploy volunteers to attend the voter awareness abhiyan for youth conducted by Electoral Literacy Club. The NSS volunteers of Sindhi College assembled on 5th of July 2023 at college campus. All the volunteers were excited to participate in the event as most of them were first time voters.

All the volunteers were taken to Bengaluru City University Central College Campus by college bus. Bhargav H C of 3rd year BA was leading the team. All assembled in the Central College auditorium by 9:00 Am. The programme commenced by 9:30 Am. A welcome dance and song was presented to the audience, followed by the introduction of chief guest and talk by the vice chancellor of BCU Dr. Lingaraj Gandhi.



## REPORT ON U'VATHON

Date:- 13/05/2023

Venue:- Veterinary hospital ground Hebbal

As per the invitation received from SSSAK, the college NSS unit of deployed 12 interested volunteers to the U'VATHON. The event compromised of many activities including Yoga, seed bombs, and some fun games.

Trustees and the members of SSSAK were involved in organising the required facilities. Yoga teacher Ms. Monisha Jaikumar taught few asanas and made the volunteers feel healthier.

Yoga session lasted for about one hour. After that the business tycoon Mr. G Lakshman joined us to teach the volunteers about seed bombs and spread awareness about it. He also taught how to make seed bombs. And also instructed us to make seed bombs.

NSS volunteers of Sindhi College made around 500 seed bombs altogether. The seed bombs personality is that if it is thrown on barren land the sprouts grow automatically with no need of taking care of it like pouring water regularly, etc.





## Report on 125th anniversary celebration of Ramakrishna Mission

**Date:-** 13/05/2023

**Venue ;** - Ramakrishna Math Basavangudi.

**No of participants:-** 15 (09 boys 06 girls)

Ramakrishna Math Basavanagudi invited volunteers of NSS Unit to attend the celebration of 125th anniversary of **Ramakrishna Mission**. 15 NSS volunteers attended the event. Bhargav H C was the lead volunteer for the activity. All the volunteers sharply assembled near the math at 8:00 am. After the registration all the volunteers entered Vivekananda Shatabddha Sabhangana Auditorium in Ramakrishna Math.

The volunteers and members of the math invited with warm greetings and provided Note pad, file and a book on **VIVEKANANDA HIS CALL TO THE NATION**. The session was started by the talk from **Rev. Swami Nikhileshwaranandaji** on Relevance of Ramakrishna Mission in the present context followed by speech by **Rev. Swami Paramashivanandaji** Ramakrishna Math Chennai talked on role of Ramakrishna Mission in the digital world. He also played a video of Math getting 1st place in the development of an app that won 1<sup>st</sup> place winning 25000 USD at world level.

After the long sessions of paper presentation and talk Ramakrishna Math provided tea and snacks to the volunteers. After getting refreshed the session continued by talk by **Rev Pravrajika Divyanandaprana** a member of sarada math New Delhi. She conveyed the message of impact of Ramkrishna mission in the west. The development of the mission and its wide spread branches throughout the country and the world.



### **CLEANING DRIVE ON ENVIRONMENT DAY**

**Date:-**06/06/2023

**Venue:-** Hebbal lake

**Objective:-** To clean a plot of Hebbal lake and to make awareness on environment day.

**Participants:-** 114 (59 girls 55 boys)

The college NSS Unit, NCC Unit, Leo Club and Eco-Club organized Environment Awareness Drive on the occasion of World Environment Day on 6th of June 2023. The initial planning for the same was done on 01/06/23.

Permission was obtained from Amruthhalli Police station and Hebbal Traffic Station. Custodian of Karnataka Tanks conservation and Development and Officers of the Forest Department were informed through official communication and obtained necessary permission to carry out the activity.

A board meeting was conducted on 3rd June 2023 with the executives and Board of Directors of Leo Club to decide the chairman of the event. Leo Hariharan (Vice-president) and Leo Sanjay T (Board Of Director) conducted the meeting. On the basis of voting Leo Lokesh V (Board Of Director) was selected as the Chairman for the activity. Leo Sanjay T concluded the meeting. Prof. Vaidyesh M A NSS Programme Officer conducted a meeting with 11 senior volunteers on 5th June 2023 and briefed about the activity.

Chairman of the activity Lokesh V invited for a general body meeting with all the members of the Leo Club, NSS volunteers and NCC Senior Under Officer K Poojitha on 5th June 2023. Leo Hariharan welcomed all the members and addressed the gathering.



## **“A Report on Huthathma Mailor Mahadeva 112<sup>th</sup> Janma Dinacharane”**

Date: 08/06/2023

Venue: Gandhi Bhavan, Seshadripuram

No. of participants: 11 (Boys: 5, Girls: 6)

*Thursday morning AM volunteers assembled at Gandhi Bhavan Seshadripuram to attend the Huthathma Mailara Mahadeva Janma Dinacharane. The program was inaugurated and the book on Life of Mailara Mahadeva was released by the Hon ble Governor of the state Sri Thavar Chand Gehlot*

*Nadoja Sri Wooday P Krishna President Karnataka Gandhi Smaraka Nidhi was the President of the program*

*Sri Jagadeesh Shettar Former Chief Minister Karnataka and Dr A Murugappa Rtd Voice chancellor Hampi University and Author of the text Ahimsa pratipadaka Huthathma Mailara Mahadeva presided over the program*

*Nadoja Sri Manu Baligar past president Karnataka Sahitya Parishad spoke about the book*

*Sri H K Patil Hon ble Minister for Law and Parliamentary affairs*

*Sri A B Banakar MLA Hukkeri*

*Sri Raghunandan Murthy IAS District Commissioner and President of Hu Mai Ma Ra Memorial Trust*

*Dr H S Narendra Member Karnataka Loka Sewa Nyoga were the chief guests of this program*

*Sri H S Mahadeva Trust Hu Mai Ma Ra Memorial Trust*

*Simati Kasturidevi siddhlingayya*

*Hon ble Governor in his address remembered the great sacrifice made by thousands of freedom fighters President spoke about the influence of Mahatma Gandhi on the personality of Mailara Mahadeva*

