



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT REPORT IN REVIEW CAMP

Date:- 23/02/2023

Venue:- Suttahalli

Participants:- 16 (9 boys 7 girls)

Objective:-

- To know the status of people holding arogya card.
- To provide new arogya card for those people who have lost it .
- To get details on health condition the people in the village.

Following the review camp 1 NSS unit of Sindhi College with SSSAK TRUST conducted review camp 2 at the same village SUTTAHALLI. The motive of the camp is to provide the health cards known as arogya card to the people who have lost it. And to know the progress of their health. Survey also was taken about the views of the villagers on SSSAK camp and the volunteers of Sindhi College.

Survey was conducted by the NSS volunteers to each house in the village and got updated about their health conditions. They also compared the health conditions of villagers know with their conditions during Review Camp 1. As usual volunteers were divided into 6 teams consisting of 2 in a team. One senior volunteer and another junior volunteer to assist them. The survey was conducted house to house covering entire village . There was around 2 emergency conditions in previous review camp but during this camp there were no such serious condition patients .

Vision problems, fluent cold, rashes and ullergy were the health conditions found out in the survey. After getting the details of the health conditions of the villagers. The volunteers with the help of SSSAK TRUST members provided the Arogya card to the people who lost it . And also for the people who doesn't apply



apply for it earlier. Several health related precautions were been given to villagers like how to defend from minute cold, rashes, sunburn etc. And also made awareness on diabetics, ashtma, viral fevers etc.

Villagers were also advised to not contaminate the water and the problems which arise from the contaminated water and surroundings etc. Children of the village were also advised on how to keep their body hygiene and clean. Villagers were also educated how to keep the surroundings clean and hygiene and importance of growing plants and keeping surroundings green. And benefits that they are going to get .

After the survey the volunteers enjoyed playing with the village kids for some time. Lunch was provided to all the volunteers. After spending some time with the villagers and the kids the camp concluded with conveying the message of importance of primary education to the villagers and motivated them to send the children who have not still admitted to the school. The volunteers left the village and carried life long memories and shared their knowledge with the villagers .

Outcome:-

- The villagers who lost the arogya cards got them .
- New registration of arogya cards were been provided.
- The volunteers also learned some of the life skills and understood their the pain of the villagers.
- Volunteers also understood the importance of education by seeing the children who were not admitted in the shools but they were interested in getting education.

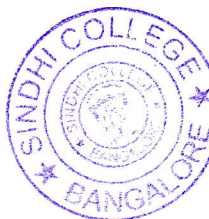
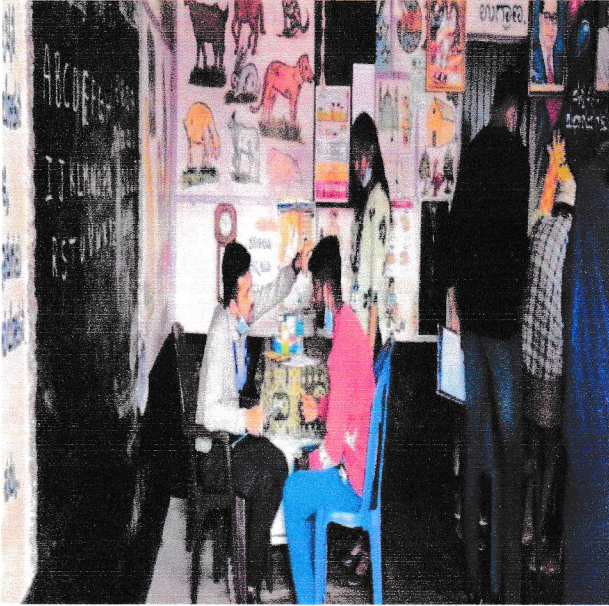
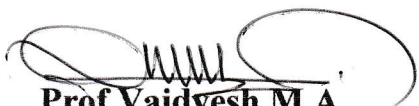


PHOTO GALLERY




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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

REPORT ON MEDICAL CAMP

Date:- 19/03/2023

Venue:- Suttahalli

No of participants: 17

Boys:10

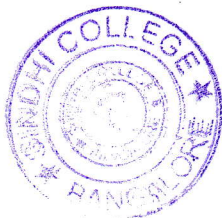
Girls:07

Objective:

- To provide medical services to the needy.
- To involve in community development acitivity.
- To contribute towards a healthy society.
- To bridge the gap between havers and not havers.

The 17 volunteers gathered on Sunday at 7:30 a.m. near the campus. Volunteers were all ecstatic and delighted to be able to serve those in need of medical services. Tempo Traveller arrived around 7:40am. Volunteers went to the trust office first. Volunteers offered prayers at the holy feet of Sai Baba seeking blessings. Idly, vada, lemon rice, nutritious sprouts, and dosawere served as breakfast. After a delicious breakfast, volunteers left forsuttahalli, which is at a distance of 10 kilometres from Doddaballapur.

Around 10:30 am, they arrived at the location. Plans were being made for a medical camp all volunteers were split into 8 teams while the medical camp preparations were still going on. They visited every home and informed everyoneabout the free medical camp being held in the village's public school.



After finishing the task, all returned to the school. The trust members made all of the preparations. There were general practitioners, eye specialists, gynaecologists, heart specialists, dentists, and M. S.Ramaiah college medical students were made available for medical help.

All 17 volunteers were assigned different tasks, 4 volunteers at the registration area. And 3 rooms were allotted to assist doctors. One volunteer was present to provide new arogya card. Those who lost arogya card were provided new ones during review camp. And other volunteers assisted the Consultant Doctors.

It was compulsory to the patient to take the token at the entrance of the school. One of the trust member checked arogya cards and send the patient one By one to the registration desk.

4 volunteers were divided into 2 teams, to make the work faster. In a team one will have the registration book of the trust and the other will Have the consultation forms, they wrote the details of the patient such as token Number, arogya card number, name, place, date, age their phone number in registration book and consultation sheet and ask them about their health issues. Volunteers mentioned all those health problems in the consultation sheet.

The volunteer check the height and weight of the patient and mention in the consultation form. Volunteer learnt to take the patients vital parameters such as BP and sugar level, then the volunteers would collect the consultation form from the general physician and move to Dental doctor, ophthalmologist, gynaecologist (for ladies), or cardiologist as the case may be.

The volunteer will give the consultation form to the pharmacist; they take the medicines according to the doctor prescription.

It was a beautiful day in the life of a volunteer.

Outcome:

All the objectives of the program were achieved.

Volunteers learnt managerial skills such as planning, organising, leading and controlling.





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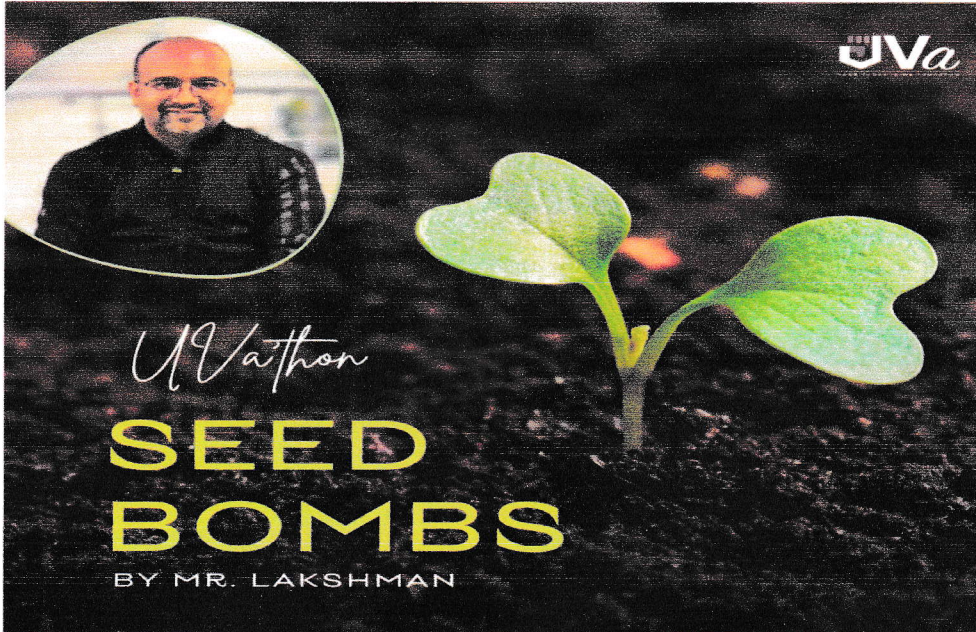
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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

REPORT ON U'VATHON

Date:- 13/05/2023

Venue:- Veterinary hospital ground Hebbal

Participants:- 12 (7 boys 5 girls)

Objectives:-

- To be an open- minded person
- To develop the attitude of Oneness in the nature

As per the invitation received from SSSAK, the college NSS unit of deployed 12 interested volunteers to the U'VATHON. The event compromised of many activities including Yoga, seed bombs, and some fun games.

Trustees and the members of SSSAK were involved in organising the required facilities. Yoga teacher Ms.MonishaJaikumar taught few asanas and made the volunteers feel healthier.

Yoga session lasted for about one hour. After that the business tycoon Mr. G Lakshmanjoined us to teach the volunteers about seed bombs and spread awareness about it. He also taught how to make seed bombs. And also instructed us to make seed bombs.

NSS volunteers of Sindhi College made around 500 seed bombs altogether. The seed bombs personality is that if it is thrown on barren land the sprouts grow automatically with no need of taking care of it like pouring water regularly, etc.

Later he taught the volunteers how to increase greenery in the country. He also conveyed the message on importance of green planet and plants. The session



continued for 1 hour. After that the team tonic Mr. Ankith had joined us to improve our teaming skills through team building activities through games.

Volunteers were coordination, confidence and never give up attitude. These activities were kept for half an hour and after that we had refreshments.

Outcome: Volunteers got to experience something different from the regular activities. It was so relaxing and refreshing to get involved in experiential learning through both physical and mental activities.

POSTERS

UVa #UVa'thon
YOGA
BY MS. MONISHA JAIKUMAR

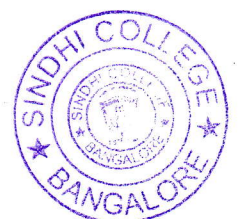
UVa'thon
UVa
YOUR TODAY IS WE TOMORROW

Mindful Asanas -
Ms. Monisha
Jaikumar

Eco Blast -
Mr. G. Lakshman

Team Tonic -
Mr. Ankith P

13
MAY at 6 AM
Agriculture college
grounds, Hebbal





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INVITE



SINDHI COLLEGE

SINDHI COLLEGE

#33/2B Kempapura Hebbal Bengaluru 560-024

organizes

CLEANING DRIVE

on the occasion of

WORLD

ENVIRONMENT DAY

on June 6th from 09:00-11:00

In collaboration with

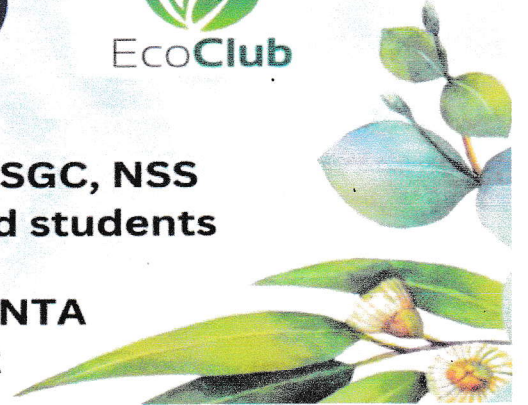


All are invited

Teaching and non-teaching staff, SGC, NSS
volunteers LEO CLUB members and students

Prof. ASHA N
PRINCIPAL

DR. B S SRIKANTA
DIRECTOR





SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

CLEANING DRIVE ON ENVIRONMENT DAY

Date:-06/06/2023

Venue:- Hebbal lake

Objective:- To clean a plot of Hebbal lake and to make awareness on environment day.

Participants:- 114 (59 girls 55 boys)

The college NSS Unit, NCC Unit, Leo Club and Eco-Club organized Environment Awareness Drive on the occasion of World Environment Day on 6th of June 2023. The initial planning for the same was done on 01/06/23.

Permission was obtained from Amruthhalli Police station and Hebbal Traffic Station. Custodian of Karnataka Tanks conservation and Development and Officers of the Forest Department were informed through official communication and obtained necessary permission to carry out the activity.

A board meeting was conducted on 3rd June 2023 with the executives and Board of Directors of Leo Club to decide the chairman of the event. Leo Hariharan (Vice-president) and Leo Sanjay T (Board Of Director) conducted the meeting. On the basis of voting Leo Lokesh V (Board Of Director) was selected as the Chairman for the activity. Leo Sanjay T concluded the meeting. Prof. Vaidyesh M A NSS Programme Officer conducted a meeting with 11 senior volunteers on 5th June 2023 and briefed about the activity.

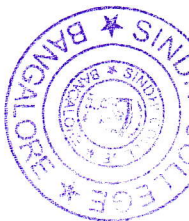


Chairman of the activity Lokesh V invited for a general body meeting with all the members of the Leo Club, NSS volunteers and NCC Senior Under Officer K Poojitha on 5th June 2023. Leo Hariharan welcomed all the members and addressed the gathering.

Lokesh V (Chairman), Upasna were selected as lead for Leo-Club, Leo Raju A was selected as lead for NSS Volunteers and SUO K.Poojitha was the lead for NCC unit. 7 Discipline Committee members, 5 Photography members, 4 Art members and 4 overview committee members were selected in the meeting. Leo Sanjay T led overview department, Leo Siddhesh Kulkarni led Discipline Committee, Leo Nithin led Photography department, Leo Riya Singh led Art department. Leo Riddhi Pamnani and Leo Monisha were streaming the entire activity in social media page and also interviewed the executives, members and teacher coordinators of the activity.

Prof. Subramanya N.R (Leo-Club Coordinator), Prof. Vaidyesh M.A (NSS Programme Officer), Lt. Shankar B.P (Associate NCC Officer), Dr. Ranjana Pillai (Eco-Club Co-ordinator) participated in the rally. Dr. B.S Srikanta, Director of Sindhi College participated in the drive and encouraged the students in the drive. Srinivas (Manager Sindhi College) assisted Director. On 6th June 2023 the drive started from Sindhi College campus after the address by Prof. Vaidyesh M.A, Prof. Subramanya N.R, Lt. Shankar B.P. 132 students participated in the rally. All were assembled in the campus by 08:30 am . Prof. Asha N, Principal and Dr. B.S Srikanta, Director addressed the students and encouraged them for the drive. Both of them were great support to the successful completion of the event. Leo Bhargav H.C (President Leo Club) addressed the gathering and led the rally assisted by Leo Lokesh V (Chairman), Leo Hariharan (Vice. President), Leo Sanjay T (BOD), Leo Raju A (secretary) SUO K.Poojitha (NCC)

The rally started from Sindhi College Campus Kempapura Hebbal to Hebbal Lake, Hebbal through Esteem Mall. Leo Lokesh V and Leo Upasana led the Leo-Club, Leo Raju A led NSS, SUO K. Poojitha led NCC. NCC were great support in maintaining discipline in the rally.



Slogans on environment day were chanted by the participants. The rally started by 9:00 am and reached Hebbal Lake by 9:45 am. Participants were holding pluck cards containing quote and slogans on world environment day.

After reaching the Kalyani at Hebbalake Bhargav H C divided 10 teams from Leo club members and NSS volunteers for cleaning the surroundings of the Kalyani.. Several safety measures were been provided such as hand Gloves, Masks to the participants. All the participants were seen working actively. Garbage bags were provided to collect the garbage.

Discipline Committee led by Siddhesh ensured the safety of the participants. Leo Sanjay T overviewed the entire cleaning drive. Leo Lokesh V and Leo Upasana ensured the safety and overviewed the execution of the drive. Raju A instructed the volunteers for the execution of the work. Dr. B.S Srikanta visited the site and overviewed the entire process, encouraged and appreciated the students for their participation.

The kalyani tank was polluted with lots of plastic and other non-biodegradable items in its surroundings. The volunteers were divided into 10 groups. And collected more than 25 large bags of plastic waste and cleaned the tank. Later the waste was given to the BBMP were these items will be recycled and reused. After the cleaning drive the rally again resumed from the Hebbal lake to the Sindhi College and concluded in the campus.

Outcome:

Awareness about the environment conservation was created among the public.

Understood the value of physical labour- Shramadaan.

Volunteers become conscious of environment Protection.

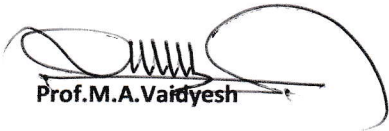


PHOTO GALLERY





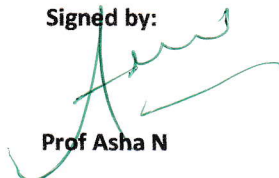
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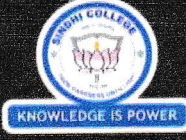
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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

REPORT ON 2ND KANNADA SAHITYA PARISHAD CONFERENCE

Date:- 11/02/2023

Venue:-Byatarayanapura Bengaluru

Participants:- 57 (25 boys 32 girls)

Objective:-

- To ensure that students learning Kannada language use a common textbook
- To inculcate the pride among kannadigas about the rich culture and heritage the Language possess.
- To develop among the kannadigas as well as non-kannadigas the interest to know about Kannada literature.

Kannada SaahithyaParishath is an Indian non-profit organisation that promotes the Kannada language and its literature. Its headquarters are in the city of Bengaluru in the state of Karnataka, India. It strives to promote Kannada language through publishing books, organising literary seminars and promoting research projects. It also organises an annual conference on Kannada literature called Kannada SahithyaSammelana.

The 2nd conference of Kannada Sahithya was held on 11/02/2023 at Byatarayanapura Bengaluru. Many poets, writers of Kannada literature were present at the event. 57 NSS volunteers attended the event after getting invitation from the Kannada SahithyaParishath. Prof. Asha N, Principal, Prof. Vaidyesh M A NSS Programme Officer, DR. Kariyanna encouraged the students to attend the event. All the volunteers assembled the venue by 7:00 Am.



The event started with the flag hosting. The Karnatak flag was hosted by Byatarayanapura MLA Shri Krishna Byregowda, Parishath flag hosted by Shri. M Prakash Murthy, President Kannada SahithyaParishath, Kannada flag was hosted by Shri. RenukaHegde, President Kannada SahithyaParishathByatarayanapura constituency. After the flag hosting ceremony at 07:30 Am the rally started by 08:00Am around Coffee board park. Ex Minister and MLA Shri Krishna Byregowda headed the rally followed by ShriManjunathBabu, ShriMunindra Kumar, ShriChetankumar, SmtKusuma, SmtJayalakshmi Ex BBMP members.

After the rally volunteers were provided with breakfast and snaks. After the short break the event started with a speech by the president of the programme Dr. C. R. Chandrashekhar, Rtd. Chief of NIMHANS who is also a notable writer in Kannada related to psychology and Psychiatry followed by speech by MLA Shri Krishna ByregowdaByatarayanapura constituency.

He spoke about Kannada SahithyaParishath and the importance of saving our state language, culture, tradition etc. He also talked about the importance of the conference and kannada language. Followed by Shri M Prakash Murthy, President Kannada SahithyaParishath talked about the Parishathit's establishment and objectives of the Parishath.

After the message by the dignitaries the event continued by showcasing cultural shows. DolluKunitha was showcased all the volunteers danced and watched it happily. Koorg dance was showcased followed by group singing by talented singers of the state. Kamsale, Bootharadane dance forms were showcased. Yakshagana took all the attention of the public and volunteers attended the event. Drama was also organized and conveyed the message to save our language, culture and tradition of the state.

The volunteers were excited to watch all the traditional forms of activities performed in the event. Notable poets, writers and personalities conveyed the importance and significance of Kannada language and literature. The event came to an end at 3:00 pm. Students were provided with tea and snacks. The event concluded by National Anthem.



INVITATION

ಲನ್ನದ ಸಾಹಿತ್ಯ ಸಂಘ "ಕನ್ನಡ ಸಾಹಿತ್ಯ ಸಂಘ" ಲನ್ನದ ಸಾಹಿತ್ಯ ಸಂಘ



ಕನ್ನಡ ಸಾಹಿತ್ಯ ಪರಿಷತ್ತು
ಬ್ಯಾಟರಾಯನಪುರ ವಿಧಾನಸಭಾ ಕ್ಷೇತ್ರ
ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲೆ




ದ್ವಿತೀಯ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನ

ಆಸ್ಪಾ ಪತ್ರಿಕೆ



**ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
ಡಾ. ಸಿ.ಆರ್. ಪಂಠವೀಶ್ವರ
ಪ್ರಾಚಾರ್ಯರ ಮೆರೆಸುವ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನ**



**ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
ಪ್ರಾಚಾರ್ಯರ ಮೆರೆಸುವ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನ**



ತಮಗೆ ಅಕ್ಕಿಯ ಸ್ವಾಗತ



**ಶ್ರೀ ರಮಣ ಶೆಟ್ಟಿ ಅಧ್ಯಕ್ಷರು
ಪಾಲಕ ಪದಾಧಿಕಾರಿಗಳು
ಸಂಖ್ಯೆ : ೯೩೫೩೩೩೩೩ / ೯೪೪೩೩೩೩೩**

ಫೆಬ್ರವರಿ ೨೦೧೯

ಕನ್ನಡ ಭವನ, ೬೦೮ಡಿ ರಸ್ತೆ, ಇಂಟರ್‌ನೇಷನಲ್ ಬಡಾವಣೆ,
ಹೆಚ್.ಆರ್. ಕೆಂಪಾಪುರ, ಬೆಂಗಳೂರು-೫೬೦೦೨೯

ಪರಿಷತ್

ಸಂಖ್ಯೆ : ೯೩೫೩೩೩೩೩ / ೯೪೪೩೩೩೩೩







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Principal

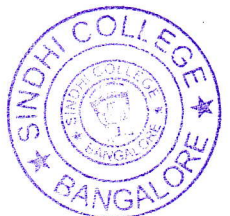
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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

“A Report on Huthathma Mailor Mahadeva 112th Janma Dinacharane”

Date: 08/06/2023

Venue: Gandhi Bhavan, Seshadripuram

No. of participants: 11 (Boys: 5, Girls: 6)

Objectives:

- To know about the sacrifices made by the Freedom fighters in general and Mailara Mahadeva in particular.
- To inculcate the noble qualities to become a Patriot.

Thursday morning 10:00 AM, 11 volunteers assembled at Gandhi Bhavan, Seshadripuram to attend the **Huthathma Mailara Mahadeva Janma Dinacharane**. The program was inaugurated and the book on “Life of Mailara Mahadeva” was released by the Hon’ble Governor of the state Sri Thavar Chand Gehlot.

Nadoja Sri. Wooday P. Krishna, President, Karnataka Gandhi Smaraka Nidhi was the President of the program.

Sri Jagadeesh Shettar, Former Chief Minister, Karnataka and Dr. A. Murigappa Rtd. Voice chancellor Hampi University and Author of the text: Ahimsa pratipadaka **Huthathma Mailara Mahadeva** presided over the program.

Nadoja Sri Manu Baligar, past president, Karnataka Sahitya Parishad spoke about the book.

Sri. H.K.Patil, Hon’ble Minister for Law and Parliamentary affairs,

Sri. A. B. Banakar, MLA, Hirekerur,



Sri. Raghunandan Murthy. IAS, District Commissioner and President of Hu. Mai. Ma. Ra Memorial Trust,

Dr. H.S. Narendra, Member- Karnataka Loka Sewa Ayoga, were the chief guests of this program.

Sri H.S. Mahadeva, Trust, Hu. Mai. Ma. Ra Memorial Trust.

Srimati Kasturidevi siddhlingayya

Hon'ble Governor in his address remembered the great sacrifice made by thousands of freedom fighters. President spoke about the influence of Mahatma Gandhi on the personality of Mailara Mahadeva.

The Author of the text narrated the struggle faced by freedom fighters. During his speech he narrated the sacrifices made to get freedom and his most famous teachings would literally make any man confident enough to choose the right thing to do. Like this, they spread the awareness about various freedom fighters whose names and their contributions aren't recorded for reasons not known till now-"the unsung heroes".

The Inspirational speeches lasted for three hours where each and every politician shared their opinions and their thoughts about the freedom fighters, some officials from other universities also sang some poems about the freedom fighters their struggles and pain to achieve freedom and after that Lunch was served

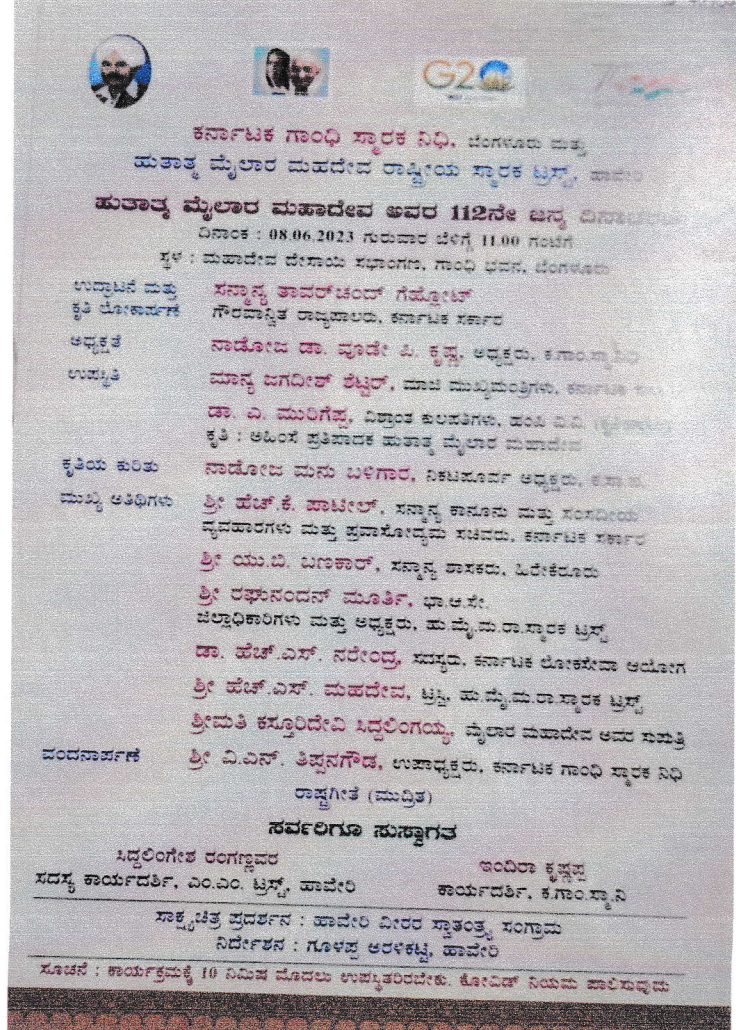
Volunteers assembled again to watch a shortfilm based on freedom fighters and their contributions for the country. The film had a lasting impact on all the participants

The program concluded at 4 pm.

Outcome: The volunteers and participants of this program were inspired to know about Huthathma **Mailara Mahadeva** life journey. Volunteers pledged to do their best for the country as patriotic Indian.



Photo Gallery

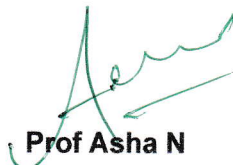


Prepared by:


Prof Vaidyesh M A

NSS programme officer
NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024

Signed by:


Prof Asha N

Principal
PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru-560 024.

Signed by :


DR B S Srikanta

Director
Dr. B.S. SRIKANTA
Director
Sindhi College
No. 33/2B, Kempapura, Hebbal
Bengaluru - 560 024



POSTER



SINDHI COLLEGE

SINDHI COLLEGE

No 32/2B Hebbal Kempapura Bengaluru-560024

Permanently affiliated to Bengaluru City University and Re-accredited by NAAC B++

Recognized by UGC under 2(f) & 12(b) iso 9001:2015 certified institution



NATIONAL SERVICE SCHEME

CELEBRATES

MARTYRS' DAY

CHIEF GUEST

DR. B.S SRIKANTA

DIRECTOR SINDHI COLLEGE

MEMBER- GANDHI SMARAK NIDHI

GANDHI BHAVAN BENGALURU

Presided by

PROF.N. ASHA

PRINCIPAL SINDHI COLLEGE

On Monday, 30th January, 2023

at 02:00 p.m in Seminar Hall

DISTRIBUTION OF

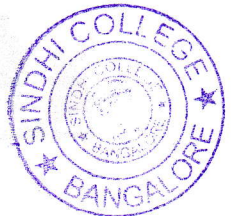
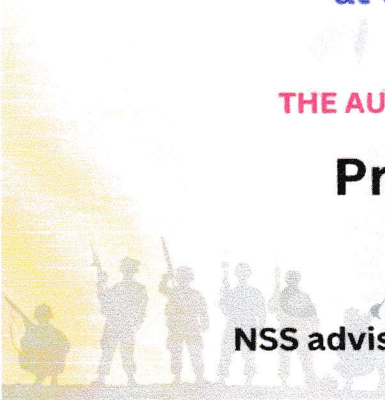
THE AUTOBIOGRAPHY OF MAHATMA GANDHI

Prof. VAIDYESH M.A

NSS PROGRAMME OFFICER

All are welcome

NSS advisory committee and NSS volunteers





SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

Report on Martyrs' day

Date: 30/01/2023

Venue ; Seminar hall Sindhi College

No of participants: 72 (46 boys 26 girls)

Objective:

- To commemorate the sacrifice of life of Mahatma Gandhiji.
- To distribute the autobiography of Mahatma Gandhiji " my experiments with truth"
- To inspire the volunteers to develop the sense of selflessness.

NSS unit of Sindhi College organized Martyrs day on 30th January 2023. DR. B S Srikanta Director, Prof. Asha N Principal were the chief guest for the day. Prof. Sharath was the host and invited all the students and gave introduction to the martyr's day. Prof. Vaidyesh M A NSS Programme Officer gave a speech on importance of Martyr's day why we have to observe it. Prof Kariyanna, Prof Nagaraju, Prof. Raju also attended the programme and distributed the books.

The occasion of Martyrs' Day will always remind us of the sacrifices of our Indian martyrs who sacrificed their lives for us. Dr. B S Srikanta Director Sindhi College, who is also the member of Karnatka Gandhi SmarakNidhi, conveyed the message of M K Gandhi to the audience.



Director sir distributed the **AUTOBIOGRAPHY** by M.K Gandhi free of cost. He also requested the audience to read the entire book and gain knowledge on Gandhi. He stressed on how the book is useful to handle several situations in life, without compromising on the convictions and principles.

AN AUTOBIOGRAPHY or **THE STORY OF MY EXPERIMENTS WITH TRUTH** consists of the life experiences Gandhi. The book also contained about the sufferings of many soldiers and freedom fighters to get independence to the nation. More than 110 books were been distributed by Dr B S SRIKANTA Director, Prof Asha N Principal, Prof Vaidyesh M A NSS Programme Officer and Prof Sharath to the staffs, volunteers and for students. He also announced that there will be MCQ test conducted. And the winners will be given cash prizes.

The programme concluded by Prof. Asha N Principal after conveying the message of Gandhi, remembered the soldiers who lost their lives for the Nation, in the present situations are also the Marty's. later Photo session was held followed by National Anthem to conclude the programme.


Outcome:-

- The students got knowledge on Martyrs day and importance of it
- Students pledged to develop the reading habits beyond curriculum, with this book.
- Gained more knowledge on MK GANDHI.



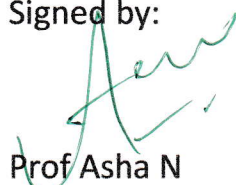


Prepared by;


Prof Vaidyesh M A

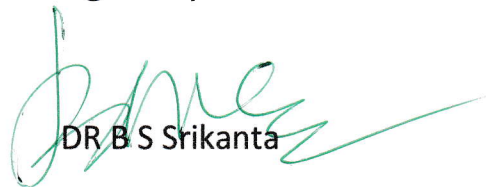
NSS Programme Officer
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Signed by:


Prof Asha N

Principal
PRINCIPAL
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#33/2B Kempapura, Hebbal,
Bangaluru-560 024.

Signed by :


DR. B. S. Srikanta

Director
Dr. B.S. SRIKANTA
Director
Sindhi College
No. 33/2B, Kempapura, Hebbal
Bangaluru - 560 024





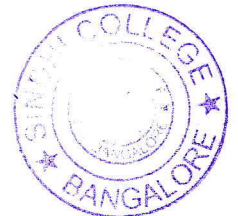
SINDHI COLLEGE



SINDHI COLLEGE

NSS UNIT

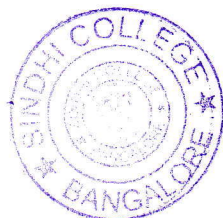
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12	Aminuddeen	BCA	8431553422
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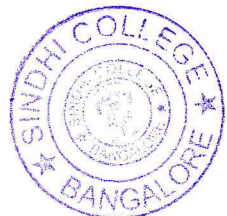
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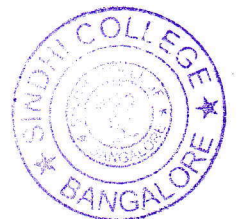
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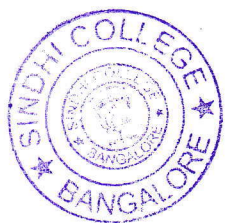
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190	Vishnu Vamsi	BBA	9900961098
191	Yashwant	BBA	7026056509
192	Yogeetha N Savanth	BCA	8147253780



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NSS ORIENTATION PROGRAMME

&

ENERGY CONSERVATION DAY

DATE : 14/12/2022

VENUE : SEMINAR HALL

TIME : 1PM

DR. B.S. SRIKANTA

DIRECTOR

PROF. N.ASHA

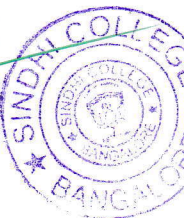
PRINCIPAL

PROF. M.A. VAIDYESH

NSS PROGRAM OFFICER &
NSS ADVISORY COMMITTEE

NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Dr. B.S. SRIKANTA
Director
Sindhi College
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024





NSS UNIT

NSS orientation and energy conservation day

Date:- 14/12/2022

Venue ; Seminar hall Sindhi College

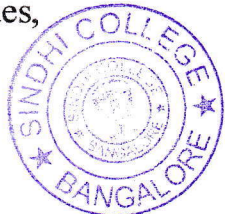
No of participants:-156 (82 boys 74 girls)

Objective:

- **To create awareness about NSS as a Youth wing.**
- **To develop sense of responsibility among students in general NSS volunteers in particular.**
- **To re kindle the spirit of service to the society among the existing volunteer.**
- **To create awareness about the energy conservation.**

NSS unit of Sindhi College commenced its activities for the academic year 2022-23 on a fresh note. Prof Asha N, Principal, Dr. B S Srikanta Director attended the programme to motivate the volunteers and encouraged them to participate in all the activities. NSS programme Officer welcomed the new volunteers for the NSS unit and conveyed the importance of joining NSS.

A PPT was presented showcasing the past activities undertaken and the major milestones set by the College NSS Unit. Volunteers were also informed about how the NSS Unit of the college has managed to organise and support various organisations in community out-reach programme, extension activities, involving in Rallies, Walkathons, Social Awareness Programmes such as Health Issues,



Education, Environment, National Integration, Plastic Abolition, Campus Cleaning, Donating Blood etc.

Dr. B.S. Srikanta, Director during his address informed the meaning of the NSS Logo, Badge and Motto. NSS Pledge was administered by the Programme officer.

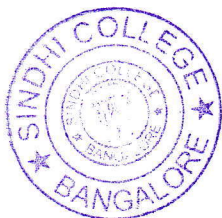
During the Orientation Programme all volunteers were urged to work for the progress of the society and not for any personal gain. Volunteers understood the importance of NSS unit and were very proud to be part of the same. They confirmed that they will work diligently for the welfare of the society.

Following the orientation Energy conservation day was also observed by presenting the videos and PPTs. Dr. B S Srikanta Director conveyed the importance of energy and its consumption to the audience followed by Prof. Vaidyesh M A. Later, calendar of events scheduled for the A.Y. 2022-23 was read by the Programme officer.

The event concluded with the message by Prof Asha N Principal on NSS unit and on energy conservation day.

The Programme was concluded with photo session and National anthem.

Outcome: Volunteers understood the importance of NSS unit and were very proud to be part of the same. They confirmed that they will work diligently for the welfare of the society.



BROUCHER



**125th Anniversary of
Ramakrishna Mission**

Friday, 12th May 2023 to Sunday, 14th May 2023

The 125th anniversary of Ramakrishna Mission is being celebrated befittingly all over the world in various ways. Ramakrishna Math, Basavanagudi, Bengaluru is celebrating this event by organising a bilingual national seminar (English-Kannada) with paper presentations and panel discussions to highlight the ideals and activities of Ramkrishna Math and Mission.

We invite you to actively participate in the seminar and make it a grand success.

*Yours sincerely
Swami Nityasthanada
Adhyaksha*



RAMAKRISHNA MATH

Bull Temple Road, Bengaluru-560 004

Phone: 26613149, 26671010

e-mail: bengaluru@rkmm.org





SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

Report on 125th anniversary celebration of Ramakrishna Mission

Date:- 13/05/2023

Venue ;- Ramakrishna Math Basavangudi.

No of participants:- 15 (09 boys 06 girls)

Objective:

- To celebrate the 125th anniversary of Ramakrishna Mission.
- To know more about the mission and their achievements.

Ramakrishna Math Basavanagudi invited volunteers of NSS Unit to attend the celebration of 125th anniversary of **Ramakrishna Mission**. 15 NSS volunteers attended the event. Bhargav H C was the lead volunteer for the activity. All the volunteers sharply assembled near the math at 8:00 am. After the registration all the volunteers entered Vivekananda Shatabddha Sabhangana Auditorium in Ramakrishna Math.

The volunteers and members of the math invited with warm greetings and provided Note pad, file and a book on **VIVEKANANDA HIS CALL TO THE NATION**. The session was started by the talk from **Rev. Swami Nikhileshwaranandaji** on Relevance of Ramakrishna Mission in the present context followed by speech by **Rev. Swami Paramashivanandaji** Ramakrishna Math Chennai talked on role of Ramakrishna Mission in the digital world. He also played a video of Math getting 1st place in the development of an app that won 1st place winning 25000 USD at world level.

After the long sessions of paper presentation and talk Ramakrishna Math provided tea and snaks to the volunteers. After getting refreshed the session continued by talk by **Rev Pravrajika Divyanandaprana** a member of sarada math New Delhi. She conveyed the message of impact of Ramkrishna mission in the west. The development of the mission and its wide spread branches throughout the country and the world.



The session was continued by **Dr. Usha Vasthare** Neuroscientist, founder of yoga kshema Bengaluru addressed the crowd on the subject philosophy of service, a neuroscience perspective. She also conveyed the importance of yoga and question and answer session was conducted.

After the question and answer session Ramakrishna Math Basavangudi provided lunch for the audience. After the long sessions of paper presentation. All the volunteers were so excited to attend the afternoon session of the event. The first session was so interesting and exciting to listen so all the volunteers showed interest to attend the afternoon session. The session followed after the short refreshment. The afternoon session started by Panel discussion on Implementing Swami Vivekananda ideas in the present day education and service activities and moderation was done by **Dr. Mohan T S**. The vote of thanks was rendered by **Shri Sheshadri. V**, who summarised the entire day's proceedings as Rapporteur. The event was concluded by singing Bhajans.

INVITE



Ramakrishna Math

Basavangudi, Bengaluru-04



125TH ANNIVERSARY OF RAMAKRISHNA MISSION Programme

12th Friday (4:15 pm to 6:30 pm)	Inauguration (Open for All)
13th Saturday (8:00 am to 3:30 pm)	English Session (Only for Registered Students)
14th Sunday (9:00 am to 5:00 pm)	Kannada Session (One hour Panel discussion)

Venue:
Vivekananda Shatabdha Sabhangana

(The duration of each talk is 45 minutes inclusive of Q & A)

! Only registered candidates are allowed for the session !

Registration QR Code link:



PHOTO GALLERY

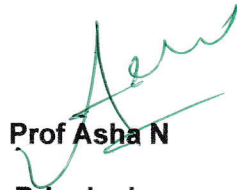


Prepared by:



Prof Vaidyesh M A
NSS programme officer
NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Signed by:

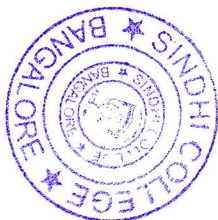


Prof Asha N
Principal
PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru-560 024.

Signed by :



DR B/S Srikanta
Director
Dr. B.S. SRIKANTA
Director
Sindhi College
No. 33/2B, Kempapura, Hebbal
Bengaluru - 560 024



INVITE

ಸಿಂಧಿ ಮಹಾವಿದ್ಯಾಲಯ



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Times Business Award for Excellence in Academics, Student Support and Infrastructure

74th Republic Day

Chief Guest

Sri. Navin K Nichani
Hon. Secretary, Sindhi College

Date : 26 / 01 / 2023 Time : 09 :00 AM
Venue : Sindhi College

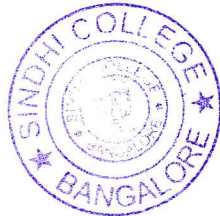
You are cordially invited
Dr. B S Srikanta, Director
Prof. Asha N, Principal
Mangement & Staff



Lt. Shankar B P
Associate NCC Officer


Prof. M A Vaidyesh
NSS Program Officer,

33/ 2B, Kempapura Hebbal, Bengaluru - 560024
Phone : 080 23637543, 48538512 / 13 www: sindhicollege.org e-mail : mail@sindhicollege.com





SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

Report on 74th Republic Day

Date:26/01/2023

Venue: Sindhi College

Participants:123 Volunteers and 327 non volunteers

Objectives:

- To celebrate the republic day of the country.
- To inculcate Patriotism among students in general and Volunteers in particular.
- To remember the sacrifices made by the freedom fighters.
- To know about the constitution of India.
- To familiarize with Constitutional Duties, Rights and Responsibilities.

74th Republic Day celebration was observed at Sindhi College. It is indeed one of the most awaited events of the year. Sri Navin K Nichani, Hon. Joint Secretary was the chief Guest.

The event created patriotic fervor as students and faculty members came together to celebrate the 74th Republic Day of India.

Floral tribute was offered to the makers of independent India through pushpanjali to the photos of Mahatma Gandhiji and Dr. B.R. Ambedkar.

It was a proud moment for the gathering to witness the hoisting of the national flag. It is a symbol of the country's sovereignty and a reminder of the sacrifices made by the nation's heroes to keep the country safe and united. Chief Guest hoisted National flag followed by national salute.



The NCC Cadets and NSS volunteers dressed in their respective uniforms, marched in perfect unison. NCC cadets were led by Senior under Officer K Poojitha. NSS volunteers were led by senior volunteer Raju A.

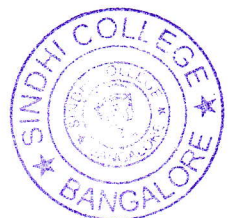
Speaking on the occasion Principal Prof Asha N said "As we hoist the national flag with great enthusiasm and unity, it is important to acknowledge that our country is currently facing issues of power, corruption, and communal disharmony. As young and educated individuals, it is our responsibility to work towards addressing and overcoming these challenges. We must come together as a united force to combat corruption and promote fairness and equality for all. Through education, we have the power to create a more just and harmonious society. By standing together and working towards a common goal, we can make a positive impact and bring a change."

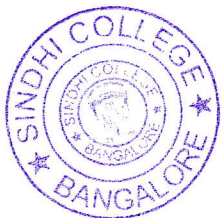
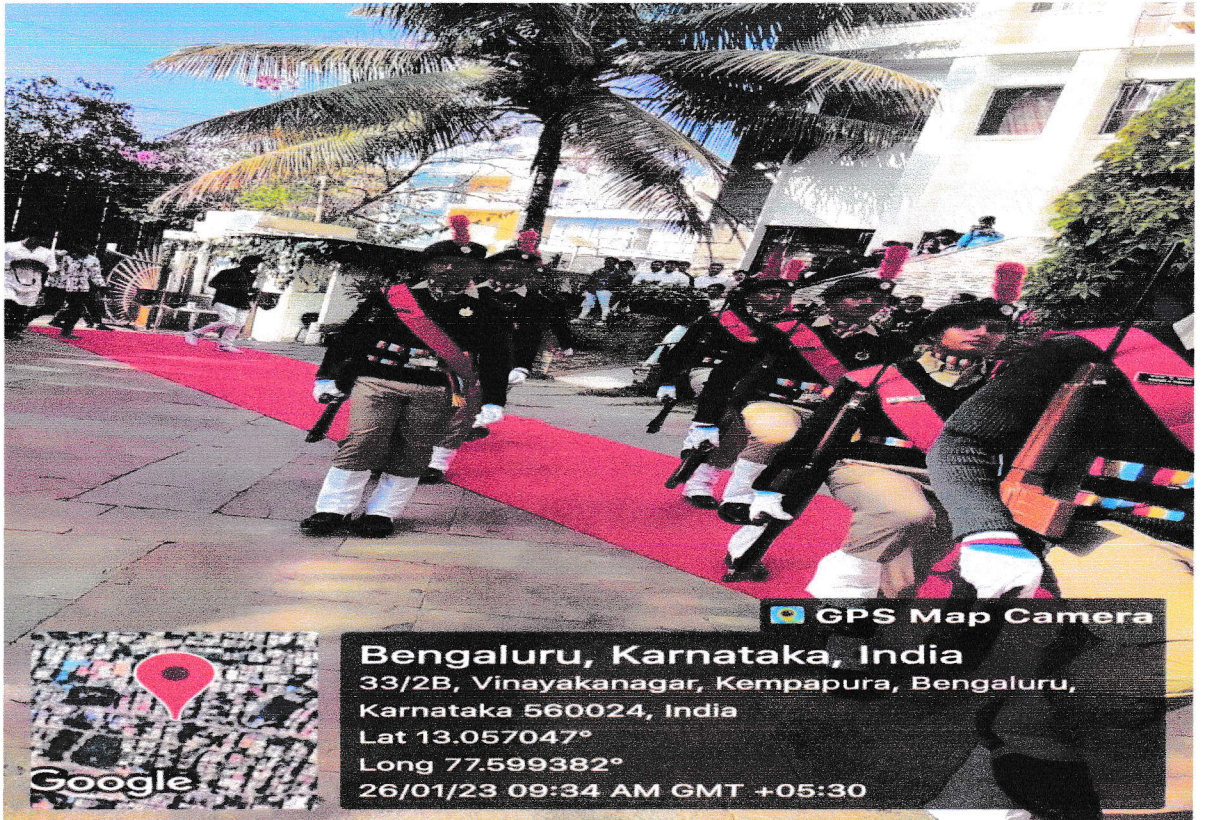
Chief guest Sri.NavinNichani (Hon'ble Secretary, Sindhi College) spoke on the occasion and said "I would like to extend my sincere gratitude to the management for providing me with the privilege and honor of hoisting the national flag. It was truly an awesome experience. India is one of the few countries in the world that has won its freedom without firing a single bullet and this is something we should all be proud of. However, recent events such as the money laundering case of ChandaKochhar serve as a reminder that we must remain vigilant against unethical practices in our society. The country will not spare those who engage in such activities, whether it is Vijay Mallya, NiravModi, or anyone else. We must remember that it is only through unity and collective action that we can combat these practices and build a stronger and more just nation."

Director B.S. Srikanta spoke on the occasion and highlighted the struggles of drafting the Constitution. He reminisced about the "sovereign, socialist, and secular" ideas that were incorporated into it. He highlighted the developments in India post-independence.

Later the gathering witnessed cultural performances of songs, skit and dances were performed Ex – President of Sindhi SevaSamiti Sri.MadanDoultram, Ex-Chairman Sri Prakash R Narang , Teaching and Non- Teaching staff were present in the programme

Outcome: The above mentioned objectives are achieved.







Prepared by:


Prof Vaidyesh M. A.

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Signed by:


Prof Asha N.

Principal

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Dr. B. S. Srikanta

Director

Dr. B.S. SRIKANTA
Director
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NSS UNIT

A Report on Review camp

Date: 29/01/2023

Venue: Suttahalli, Sulukunte, Jalagere, Byrapura

No. of volunteers: 25 (boys:11 , girls:14)

Objective:

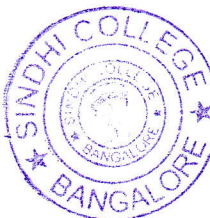
- To issue health cards to all the villagers.
- To provide medical services to the needy.
- To involve in community development activity.
- To contribute towards a healthy society

On 29/01/23, the College NSS volunteers assembled near gate 1 to leave for another review camp.

25 volunteers were divided into 2 teams , 1 team visited Jalagere and Byrapura and the other team visited Suttahalli and Sulukunte. Volunteers were assigned the task of visiting every house in the village to obtain information about the health condition of all the members of the family.

Volunteer for the first time were informed the sensitive and touchy questions they should abstain from asking. They were also informed to greet the family members with a smile and later to enquire about the arogya card.

After completing the survey applications containing the information were submitted to the trust members of SSSAK. Till 2:00PM volunteers finished 2




villages and lunch was served. After lunch they were taken to next village to carry out the same task there. Totally NSS volunteers had issued 31 arogya cards and we left the village at 4:30PM and drove back to college at 6:00PM.

Outcome: Volunteers successfully completed the camp, learnt skills such as: Communication skills, team building skills, problem solving skills, organizing skills etc.

Photo gallery :

Prepared by:



Prof. Vaidyesh M A.

Programme officer

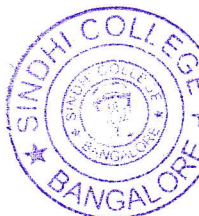
Signed by:



Prof. Asha N

Principal

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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

A Report on Review camp

Date:- 26/02/2023

Venue :- Byrapura Thanda

Participants:- 13 (8 boys 5 girls)

Objective:- To gather the information of needy with SSAK members

NSS volunteers from Sindhi College were sent to Byrapura Thanda for conducting a review camp with SSSAK TRUST on 26th February 2023 around 10.30 a.m. There was no government school where they could stay and work, so they stayed in a house near the village's main road. 13 volunteers were divided into six teams of 2 students each with one senior volunteer.

All NSS volunteer teams were split up in the village. When a team visits a house, they will first greet the residents with namaskara and ask if they have an arogya card and recorded the information so given.

After Completing all the houses volunteers submitted the filled applications to SSSAK members. According to the data obtained from Byrapura Thanda total number of people in the village were 73, the number of houses visited by NSS volunteers were 15, arogya card issued to the family were 15 and the normal cases were 68, casual were 4 and emergency was 1, and the volunteers completed the survey camp successfully in first village at 12:30pm.

At 12:30pm, when the first session was finished, volunteers were taken to another village which is at 6 km apart and reached KaduByadarahalli for next camp, where volunteers were provided lunch. All the volunteers were divided into

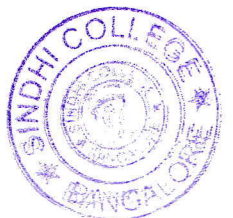
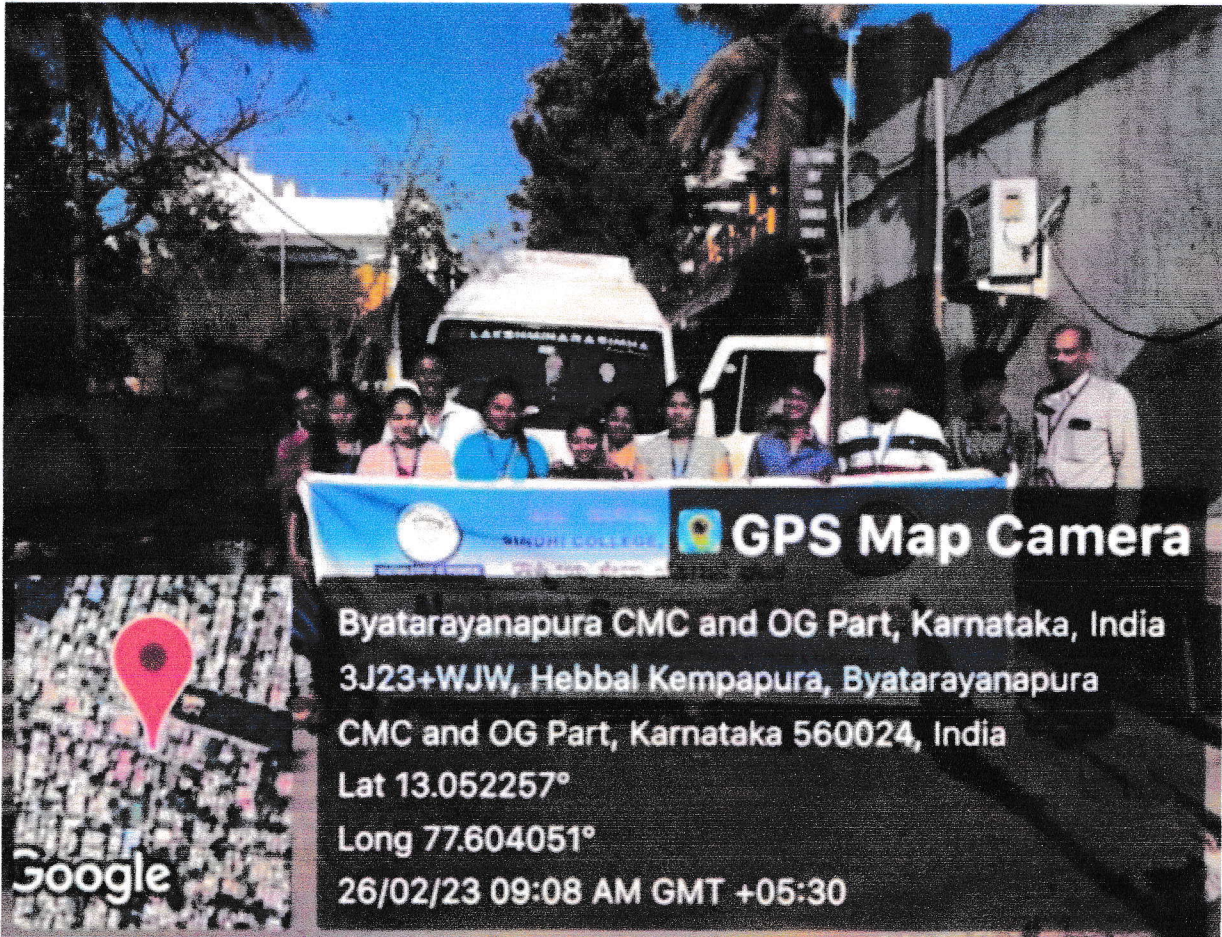


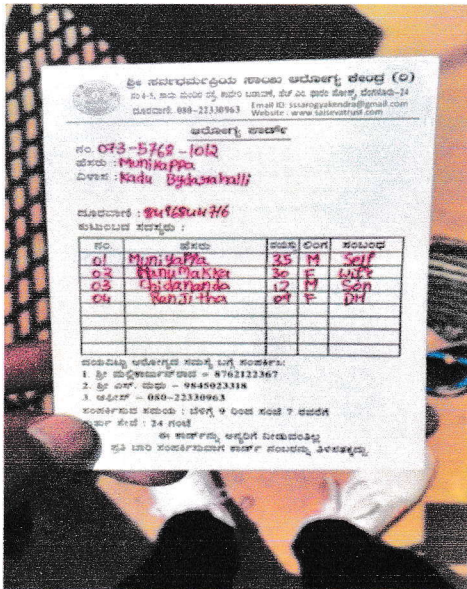
groups of two and given pens, markers, exam pads, Aarogya cards, applications to complete the details, and information on the residents from the previous ten years back in the village. As the village was larger than the first, one remaining volunteer were paired with SSSAK members to accomplish the task quickly. Children in the community helped us a lot to find houses in the village. SSSAK member offer cold drink to the children who helped volunteers.

According to the data we collected from 35, aarogya card issued to the family were 35 and the normal cases were 181, casuals were 12 and emergency were 0. after which we left village at 4:30pm and drove back to Bangalore at 6:00pm.

Outcome: All the volunteers covered almost the entire village and gathered information. Volunteers learnt many life lessons and spent their value time with the small kids.

PHOTO GALLERY





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Prof Vaidyesh M A.

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 Principal
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NSS UNIT

Walkathon for voter's awareness

Date: 29/04/2023

Venue: VidhanaSoudha

No of Participants: 15

Objective:

- To awareness of voting to the public
- To show support and integrity for a noble cause.

As per the notification received from Bengaluru City University dated 26th April 2023. Our NSS unit planned to participate in WALKATHON FOR VOTER'S AWARENESS conducted by District Election Commission. For the Karnataka State Assembly Election which is scheduled for 10th May 2023.

We started the process of selecting the volunteers for the WALKATHON right after receiving the notification from Bengaluru City University. On 29th April 2023 the walkathon started from Vidhana Soudha after the address of District Election Commissioner and other officials. The rally started from Vidhana Soudha to ShriKanteerava Stadium in Vittal Mallaya Road, through K R circle. 15 volunteers from Sindhi College NSS unit actively participated in the walkathon.

All the volunteers reported to the place by 6:00 AM. Caps and other pluck cards were been provided by the programme organizers for the rally. Walkathon began at 7:00 Am after all the students assembled near VidhanaSouda. The rally started



from Dr. B R Ambedkar statue from Vidhanasoudha. Raju senior volunteer led the Sindhi College NSS unit in the walkathon. All the volunteers displayed there active participation in the rally. Voters awareness slogans were used throughout the rally. District Election Commissioner also participated and encouraged all the public to cast their vote.

The walkathon completed at 9:45am after a walk of 5Kms. Cultural activities were been organised by the organizing committee and breakfast were provided. All the volunteers made promise to vote in the upcoming election and to make awareness to the public on the election and importance of voting.

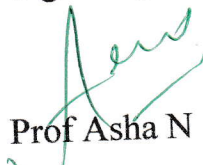


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SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

REPORT ON VOTER'S AWARENESS

Date: 05/07/2023

Venue :Central College BCU campus

Participants: 52 (31 boys 21 girls)

Objective:

- To know the importance of voting and to spread awareness among the general public to vote.
- To understand the procedure to obtain the voters ID

The College NSS Unit received notification from Bengaluru City University dated 03/03/2023. It was urged to deploy volunteers to attend the voter awareness abhiyan for youth conducted by Electoral Literacy Club. The NSS volunteers of Sindhi College assembled on 5th of July 2023 at college campus. All the volunteers were excited to participate in the event as most of them were first time voters.

All the volunteers were taken to Bengaluru City University Central College Campus by college bus. Bhargav H C of 3rd year BA was leading the team. All assembled in the Central College auditorium by 9:00 Am. The programme commenced by 9:30 Am. A welcome dance and song was presented to the audience, followed by the introduction of chief guest and talk by the vice chancellor of BCU Dr.Lingaraj Gandhi.



Lamp lighting was also done by our students with the DEO, and Vice chancellor. Chief Guest DEO talked about the percentage of votes and also asked the opinion of the first time voters and their expectations from the Government. Chief guest also interacted with students and took suggestions from them to conduct the election fairly and wise . Many suggestions were given by the students. It was an amazing experience of Q and A session of the day.

After the Q and A section volunteers also participated in the awareness rally organised by election commission of the district. The rally started from Central College campus and ended at the same place. Lunch was provided by the BCU. There was also interaction session by Shri. Tushar Giri Nath IAS regarding new ideas on conducting the elections. Sir also talked about and discussed why all the state elections cannot be conducted one time. Shri Jayaram Rayapura IRS also conveyed the importance of voting and the activities they have conducted till date.

The awareness dance with the song composed specially for the voter's awareness was performed by the students and rally was conducted. Several cultural programs were also performed by the organizing committee. It was an amazing session to all the volunteers and got positive remarks from them. First time voters also understood their importance of voting and whom they have to choose for voting.

This session also included on NOTA voting and its impact on the election results. It was an interactive session between the DEO and the students. DEO encouraged all the voters to vote for right candidate. He also explained about the affidavit forms of candidates can also seen through my vote mobile app.

Outcome: All the participants learned the importance of voting and the

Process of election. Participants also took pledge to cast their valuable vote.

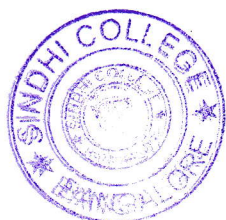
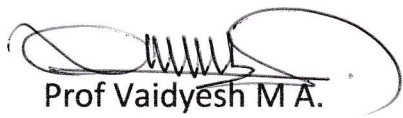


PHOTO GALLERY



Prepared by.


Prof Vaidyesh M A.

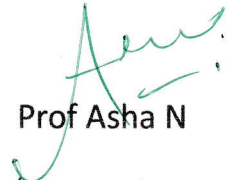
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DR B S Srikanta

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INVITATION

KARNATAKA GENERAL ASSEMBLY ELECTION - 2023



BENGALURU CITY UNIVERSITY

Central College Campus, Dr. Ambedkar Veedhi, Bengaluru-560001

NATIONAL SERVICE SCHEME (NSS)

and

ELECTORAL LITERACY CLUB

Organises

**Voter awareness abhiyaan for youth :
Jatha and Intercollegiate interface with DEO Bengaluru**

Date : 05-05-2023, Friday

Time : 10.00 am

Venue : Jnana Jyothi Auditorium, Bengaluru City University

Inauguration and Interaction session

Shri Tushar Giri Nath, IAS

BBMP Chief Commissioner & District Electoral Officer

Motivational speech

Shri Jayaram Rayapura, IRS

Special Commissioner Finance & Zonal Commissioner, South Zone, BBMP

Presided by

Prof. Lingaraja Gandhi

Vice Chancellor, Bengaluru City University

All are cordially Invited

C. N. Sridhara, KAS

Registrar, BCU

P. N. Ravindra, IAS

Zonal commissioner, East

Prathap Lingaiah

NSS State Officer

Youth Empowerment and Sports, GOK

Dr. Govinda Gowda H.G.

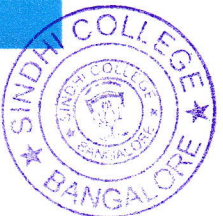
NSS Coordinator, BCU

Dr. Veena K.

Programme Coordinator

Members of Syndicate, Academic Council, Deans, Teaching and Non-Teaching Staff of BCU

MY VOTE - MY DEMOCRACY





SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

NSS UNIT

REPORT ON SWAMI VIVEKANANDA MESSAGE TO YOUTH

Date:28/01/2023

Venue: Ramakrishna Math Basavangudi

Participants: 45(25 boys 20 girls)

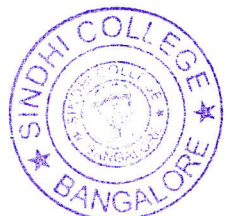
Objective:

- To know more about the missions views and their objectives.
- To learn more about Swami Vivekananda and his teachings.
- To seek inspiration from the life and contribution of Swami Vivekananda to do better in the lives of volunteers.

The Context:

The scenario in the present Globalised India is that the traditional values culture and heritage has taken a back seat. The youth of the Nation are perplexed due to conflicting ideologies. Stressful life style, materialistic approach, constantly under pressure to out-perform others has taken away the very essence of life. It looks like a beautiful plastic flower without any fragrance.

In such a situation, the youth of the country are restive.They seek an answer.Swami Vivekananda's words, touching upon every facet of our national life, with their freshness and vigor provide answers to questions that agitate both the individual and society.



The Report

To know about the above 45 NSS volunteer of Sindhi College participated in the event. The event started with a Bhajan of Ramakrishna Mission. Swamiji Adyaksha of the Ramakrishna math started the speech by addressing the crowd . Prof Subhramanya N R Leo-Club Coordinator, HOD department of Sanskrit accompanied the volunteers for the event.

The speakers talked on the topics of Life of Swami Vivekananda, faith and strength of Swami Vivekananda. It also contained life skills needed by the youth such as powers of mind, Man: the maker of the destiny, Education and society etc. The interesting topics discussed were Education and society, serve man as God, Religion and Ethics and other exhortations.

After the session they conducted a competition on delivering the summary of the entire event. Volunteers were divided into many groups. NSS unit of Sindhi college were divided into several teams. Notepads were given to take points. Sanjay T of Final year B.com was head of one team. Siddhesh Kulkarni 3rd year B.com was lead of another team. Each team were given a task to explain the summary of the entire session and give the valuable feedback on the mission. And volunteers also gave their valuable suggestions on how to improve the mission and extend its process throughout the world.

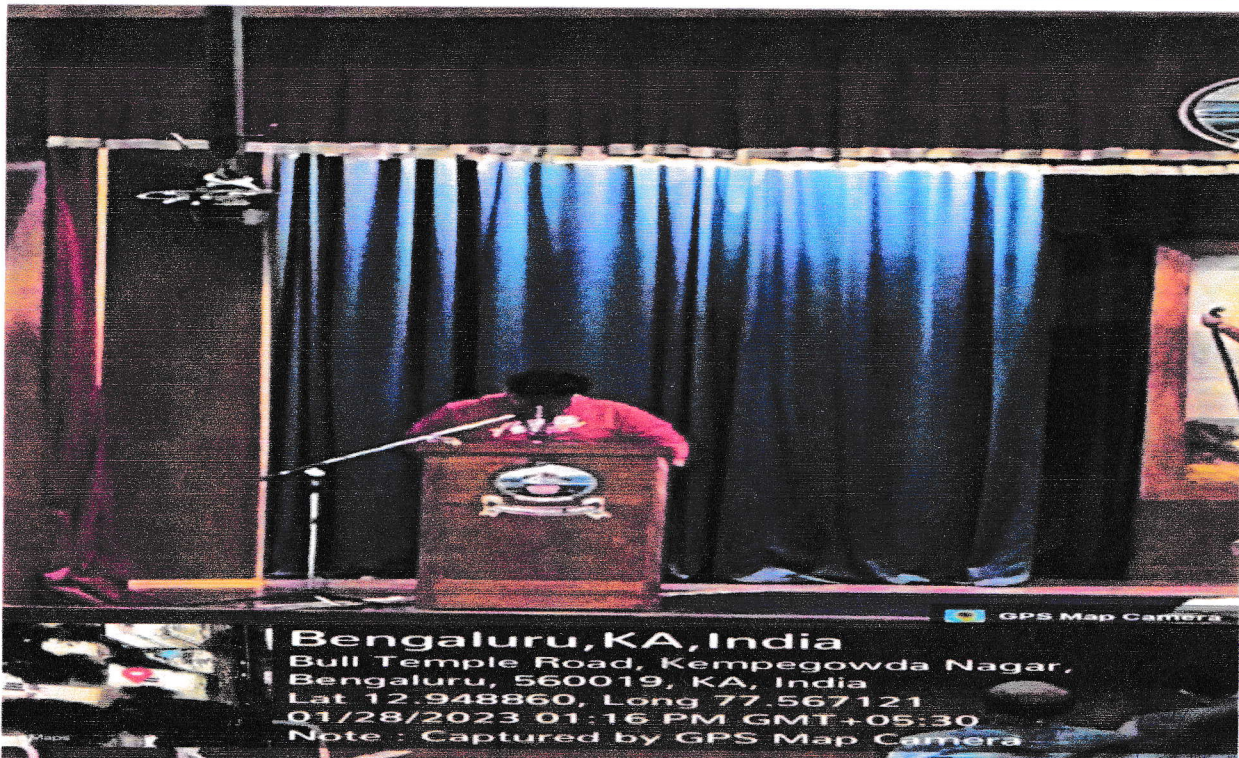
Lunch was provided by Ramakrishna Math Basavangudi after the session concluded by appreciating the volunteers present and by delivering vote of thanks by Adhyaksha of Math. All the volunteers spent some time on the Math visited the holy place on the Math, prayer hall, meditation center and left for the day.



Outcome:

Volunteers learnt how to control their negative emotions. Volunteers understood the power of Mind and also the need to set up purpose or Mission for life and to stay away from the trap of materialistic accomplishments.

PHOTO GALLERY

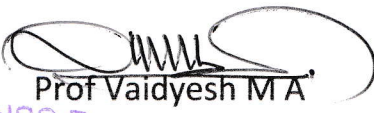


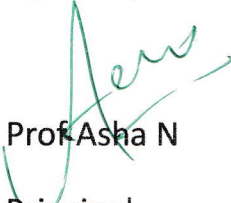


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Signed by:

Signed by :


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