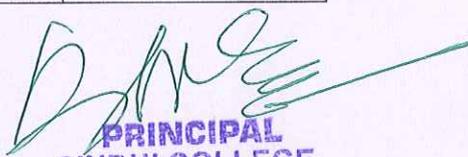


Sindhi College

Bengaluru

**Abstract of the National/ International Commemorative Days
celebrated in the college**

Sl.NO	Event	Date
1	Independence Day	15 th August
2	Republic Day	26 th January
3	National Youth Day	12 th January
4	International Day For Yoga	21 st June
5	Dr. B.R. Ambedkar Jayanthi	14 th April
6	Mahatma Gandhi Jayanthi	02 nd October
7.	Women's Day	08 th March
8.	Meat Less Day	25 th November


PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.



SINDHI COLLEGE

Sindhi College

(Sponsors : Sindhi Seva Samiti)

Permanently affiliated to Bengaluru Central University & Accredited by NAAC
Recognised by UGC under 2(f) & 12(B), ISO 9001:2015 Certified Institution
Best Emerging Private College in Karnataka Awarded by GTF & Image Planet
Listed among the top twenty promising colleges in Bengaluru by HE review

You are Cordially Invited to the
73rd Independence Day Celebrations

Chief Guest

Sri. Prakash R Narang

Chairman, Sindhi College

Date : 15/8/19 Thursday Flag Hoisting at 8:30 am
Venue : College Quadrangle

#33/2B, Hebbal, Kempapura, Bengaluru - 560024 Ph : 080-23637543, 48538512/13 www.sindhicollege.com Email : mail@sindhicollege.com

Associate NCC Officer
75/A, 8Kar BN NCC
Sindhi College
No. 33/2B, Kempapura, Hebbal
Bengaluru - 560 024.

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#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.

SINDHI COLLEGE

Hebbal, Kempapura, Bangalore-24

Report of Independence Day Celebration

The struggle of many patriots and sacrifice of many great people got our Country independence. The chief guest for the day was Mr. Prakash R Narang Chairman Sindhi College Dr. B S Srikanta Principal, Sindhi College, Ms. Asha N, Principal, Sindhi Evening College, The chief guests showered the flowers on the photo of Mahatma Gandhi and started the event with a warm welcome to everyone. Srilekha Deshpande gave a welcome speech addressing the struggle of Indian Independence and an invocation song by Bhargav seeking the blessings from the lord. The flag was hoisted by the chief guests along the dignitaries on the dais followed by National Anthem. There was a parade from the NCC and NSS Troup resembling the patriotism and courage. Dr. Srinkanta, Principal, Sindhi College, gave a speech about the unsung heroes behind the Independence and their sacrifice to the Nation . all the achievers of NCC and NSS camps. Then followed by a group dance and Bhargav sang a song which made everyone feel the patriotism, unity and peace.. Coming to end of the event, Akash Khandari gave a vote of thanks and the event ended successfully and joyful. 37 Calibri


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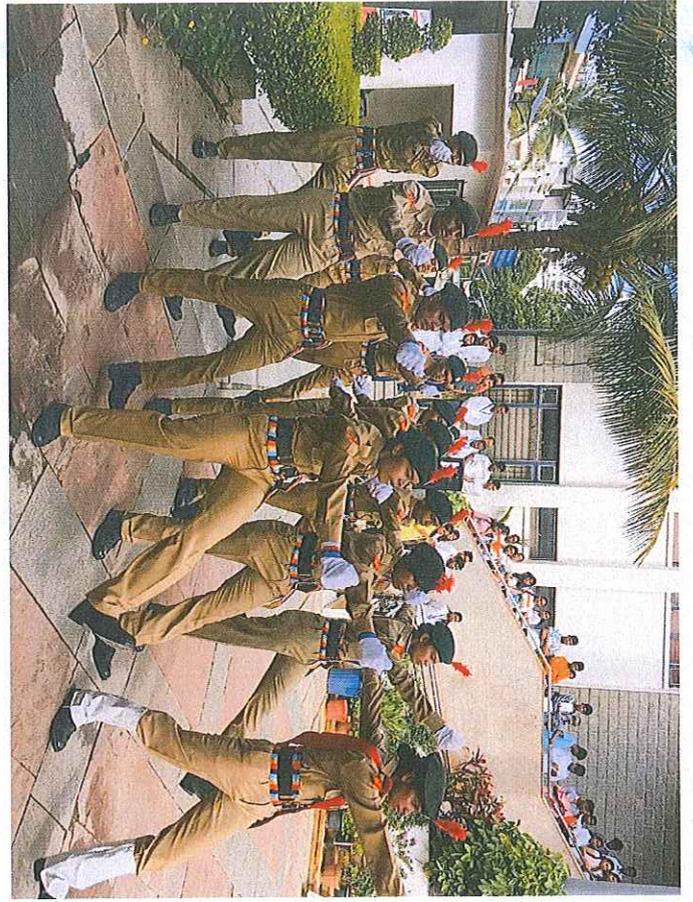

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INDEPENDENCE DAY - 2019-20



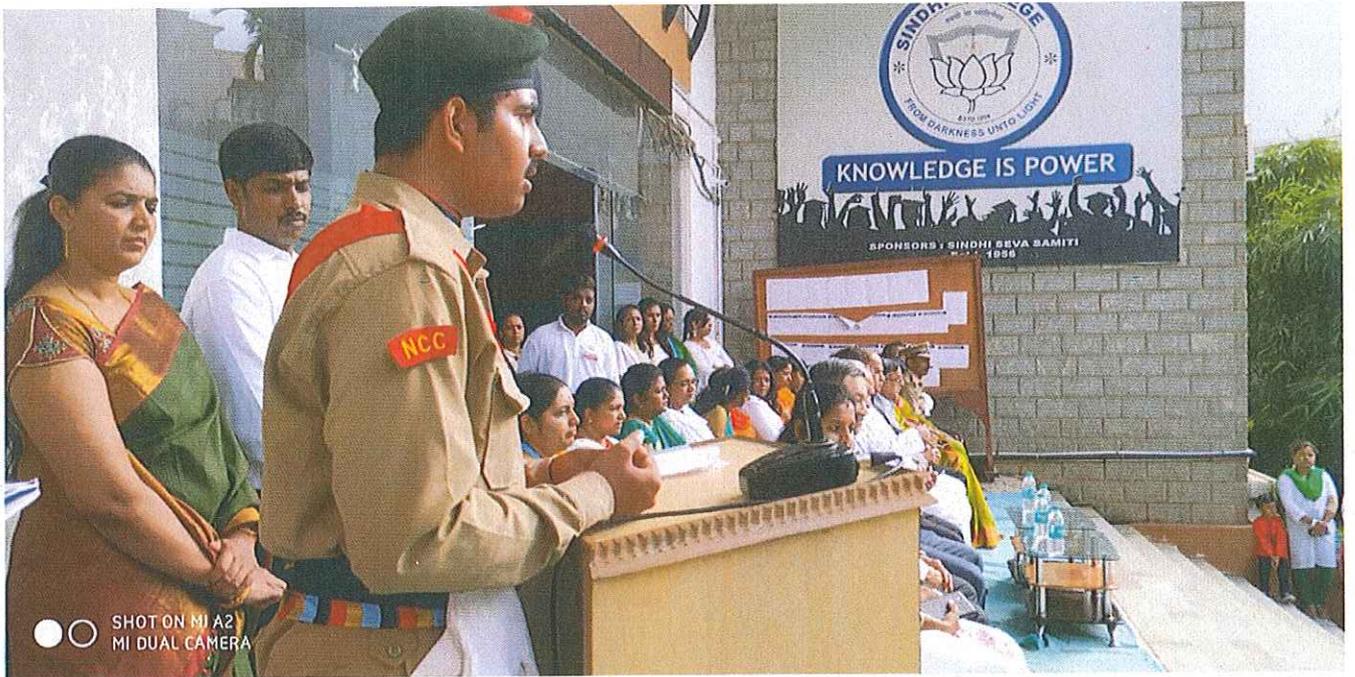

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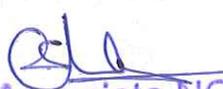

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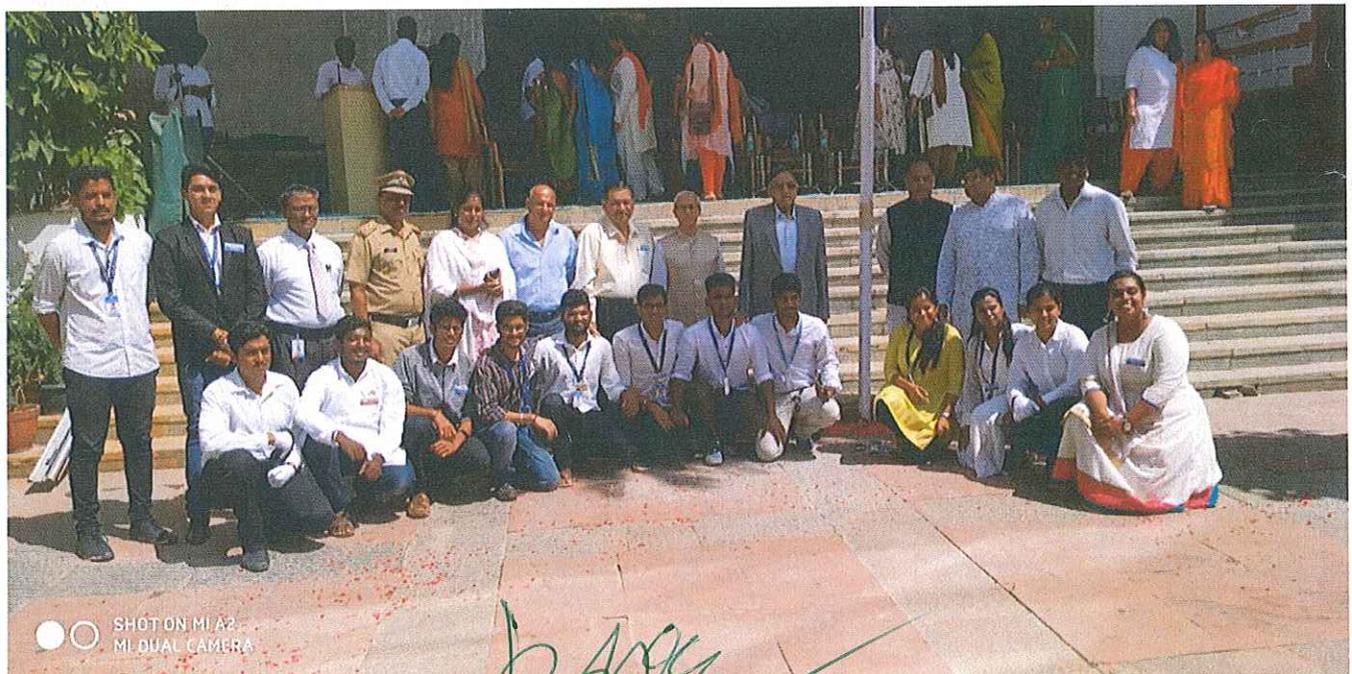
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SHOT ON MI A2
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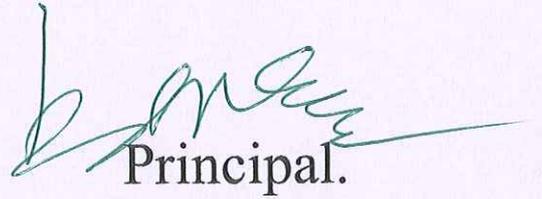

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#33/2B Kempapura, Hebbal,
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Sindhi College

Circular

Date:10/08/2018

All the Faculty members, Non-Teaching Staff and Students are invited for the Flag hoisting Ceremony on the occasion of “72 Independence Day” to be held on Wednesday 15th August, 2018 at 8.30 a.m. in the college Premises. Attendance is compulsory.


Principal.

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura. Hebbal,
Bengaluru - 560 024.



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

72nd Independence day 2018-19

72nd Independence Day of our country was celebrated in the premises of Sindhi college on 15th August 2018. Mr. Prakash Narang Chairman Sindhi College hoisted the National Flag. He was erstwhile escorted to the saluting by JUO Anagha M. Kulkarni and Cadet Deekshitha K.N

An impressive parade was conducted the contingent was led by CDT Sanjay Kumar which was followed by a memorial speech rendered by Mr. Prakash Narang and Principal Sindhi College.

Numerous Cultural events were organized to mark the occasion. The events comprised music, dance and festivities which culminated with distribution of prizes accolades bestowed to NCC Cadets. **The total number of Cadets who took part was 32.** Cadets Manisha Kumari and CDT Pravalika J Reddy brightened the event by their dance recital. Cadets Bhargav H.C rendered a patriotic song which enlivened everyone's spirit. The event concluded by a vote of thanks and refreshments were served on this occasion.

Associate NCC Officer
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75/A, 8Kar BN NCC
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Bengaluru - 560 024.

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Bengaluru - 560 024.

Independence day 2018-19



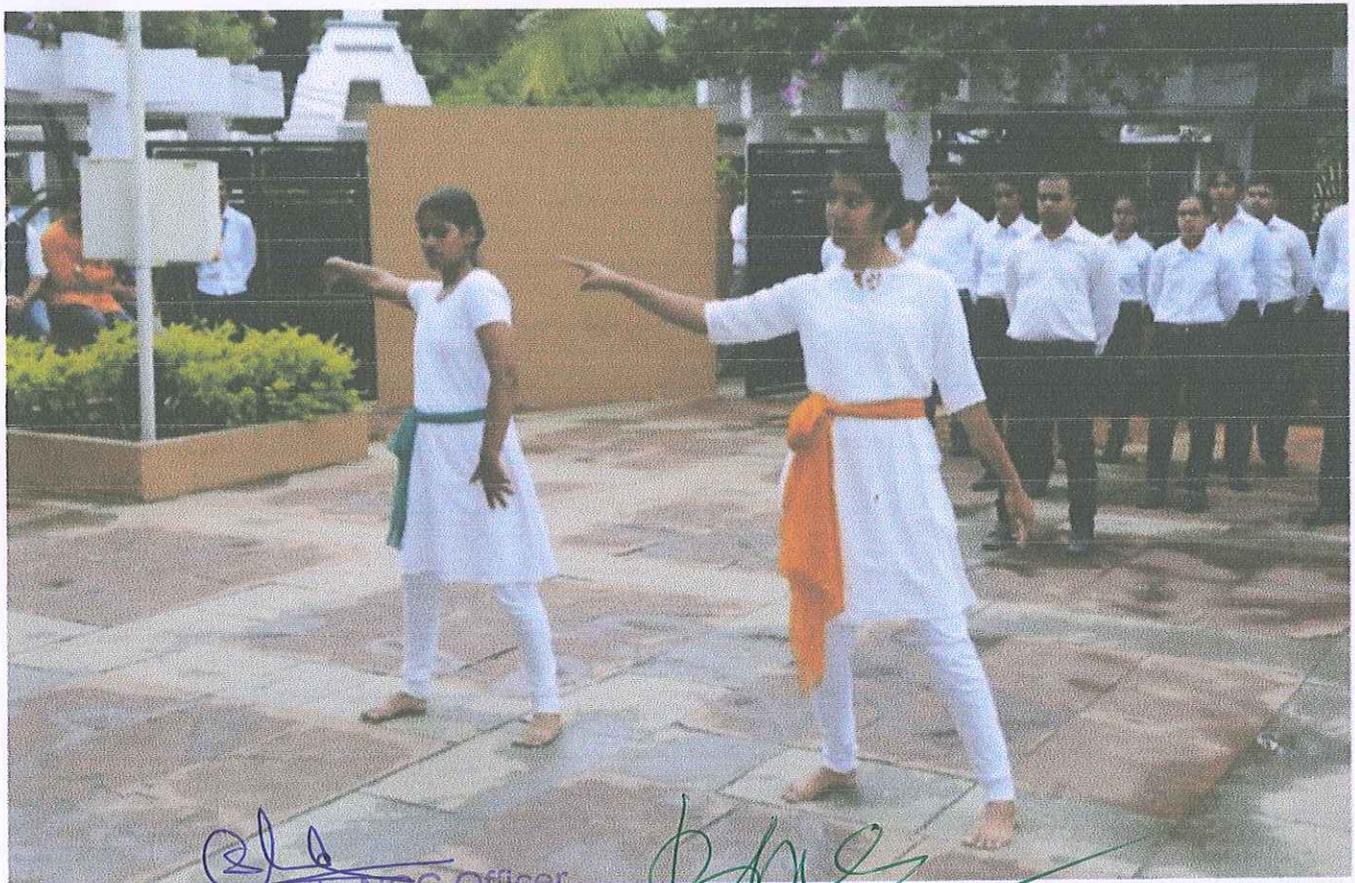

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Sindhi College
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Bengaluru - 560 024.


PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.

Sindhi College of Commerce

Circular

Date:11/08/2017

All the Faculty members, Non-Teaching Staff and Students are invited for the Flag hoisting Ceremony on the occasion of “71st Independence Day” to be held on Tuesday 15th August, 2017 at 8.30 a.m. in the college Premises. Attendance is compulsory.


Principal

Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

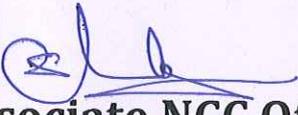
SINDHI COLLEGE OF COMMERCE

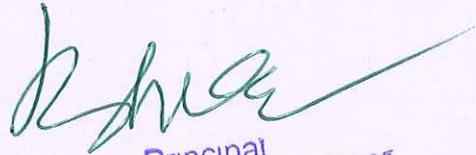
Hebbal, Kempapura, Bangalore-24

71st Independence Day 2017-18

Independence Day of our country was celebrated in the premises of Sindhi college on 15th August 2017. Mr. Deepak B Narang Chairman Sindhi College hoisted the National Flag. He was erstwhile escorted to the saluting dais by SUO Manish Kumar And impressive parade was conducted the contingent was led by CDT Manish which was followed by a memorial speech rendered by Dr. B S Srikanta of Principal Sindhi College.

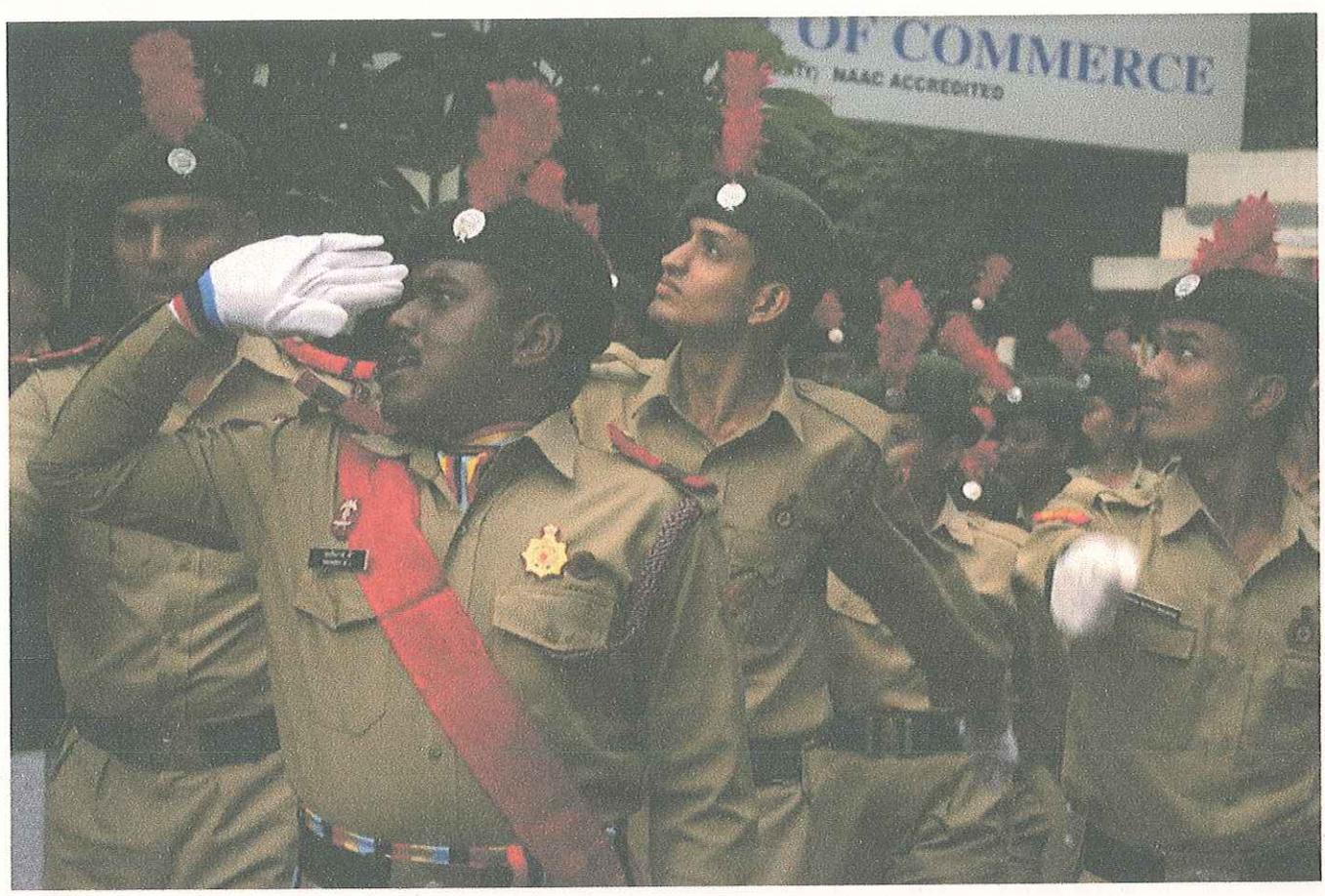
Numerous Cultural events were organized to mark the occasion. The events comprised music, dance and festivities which culminated with distribution of prizes to NCC Cadets. **The total number of Cadets who took part was 32.** Cadets Bhargav H.C rendered a patriotic song which enlivened everyone's spirit. The event concluded by a vote of thanks and refreshments were served on this occasion.


Associate NCC Officer
Associate NCC Officer
75/A, 8Kar BN NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

INDEPENDENCE DAY

15-8-17



[Signature]
Associate Principal

75/A, 8Ka, AN, NDC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024.

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Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024



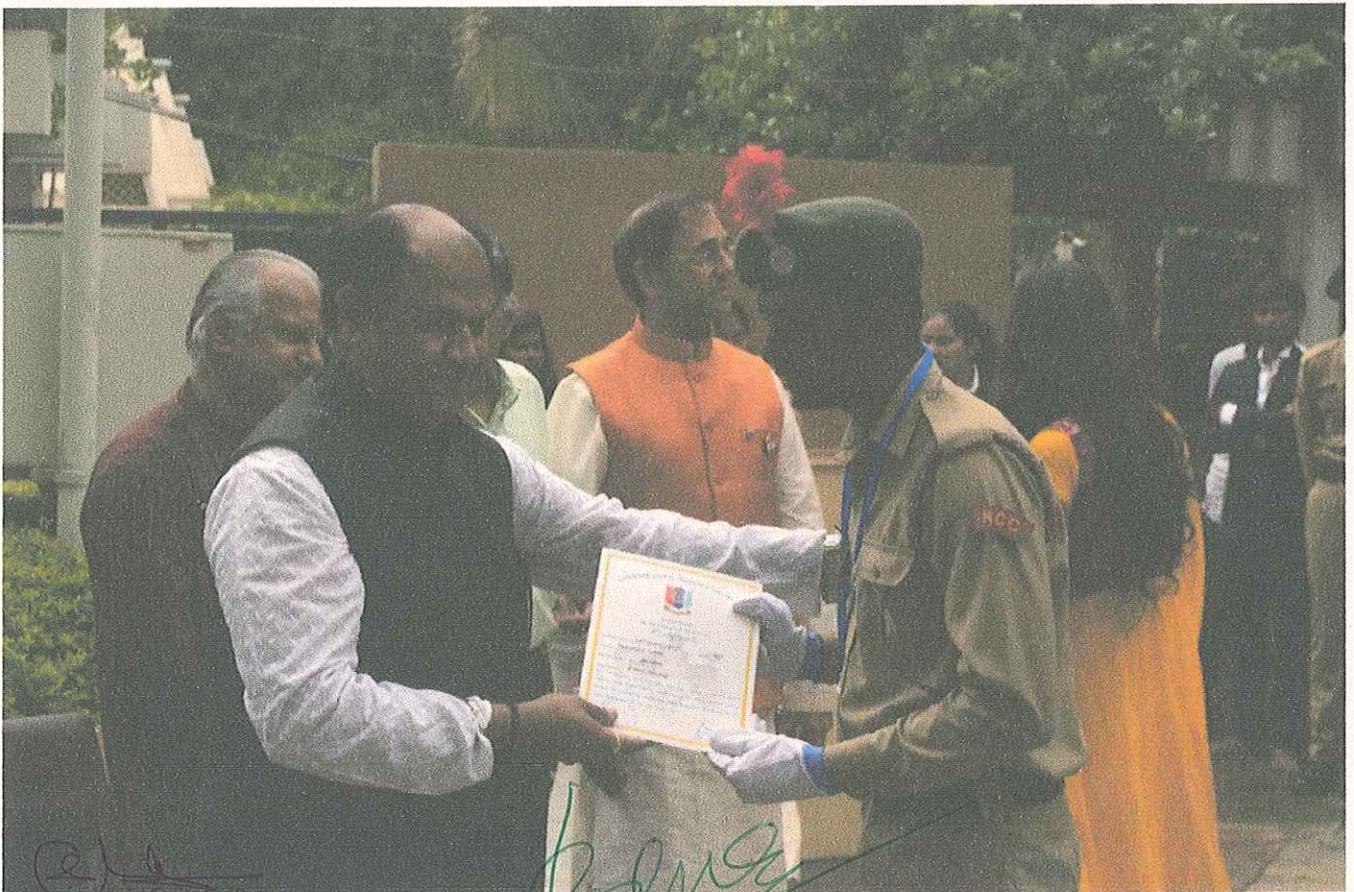
Associate NCC Officer
 75/A, 8Kar B. NCC
 Sindhi College of Commerce,
 No. 33/2B, Kempapura, Hebbal
 Bangalore - 560 024

Principal
 SINDHI COLLEGE OF COMMERCE
 #33/2B, HEBBAL KEMPAPURA
 BANGALORE 560024



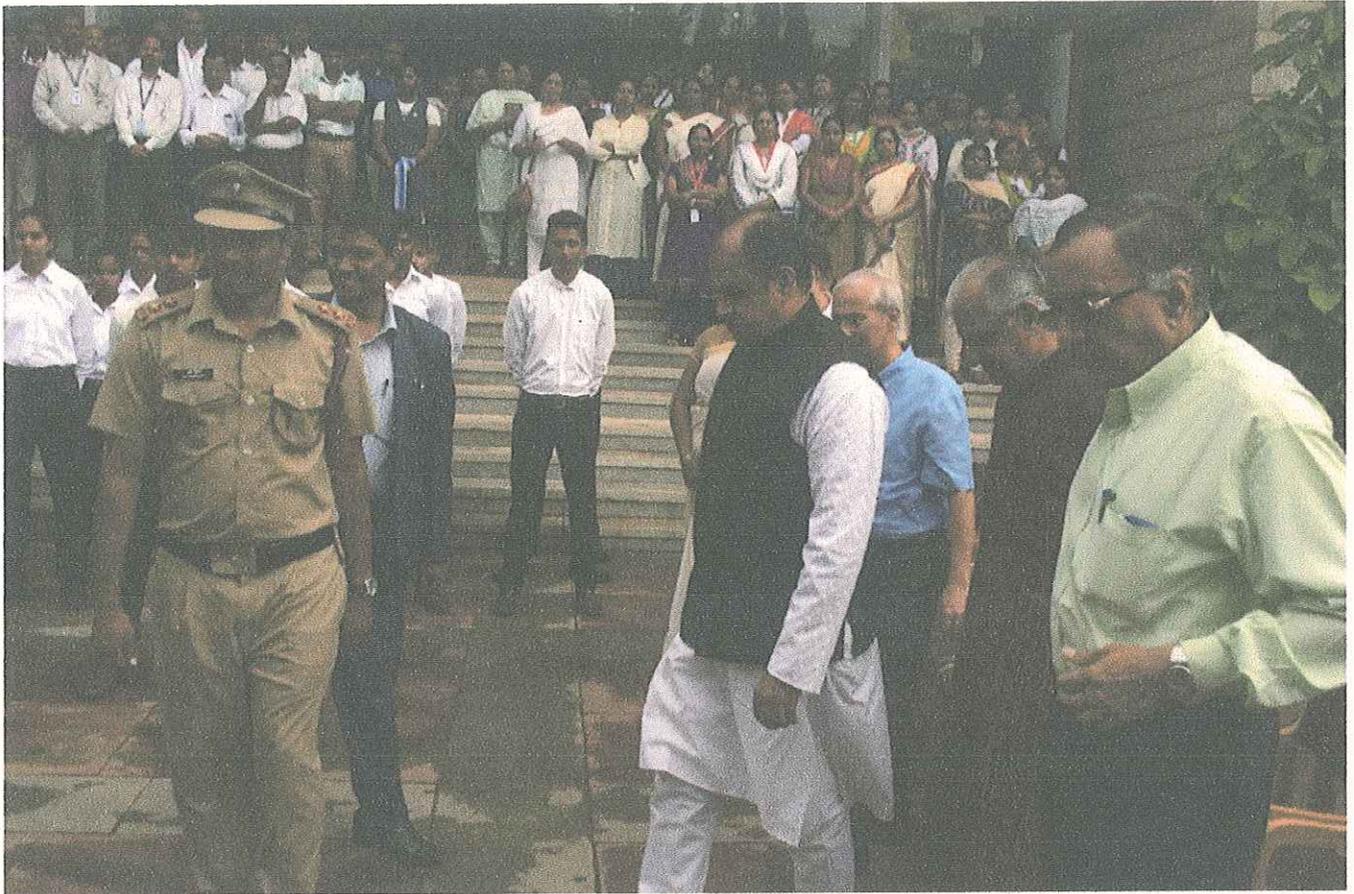
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Associate NCC Officer
75/A, 8Kar BN NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560024

Signature
Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024



[Signature]
Associate NCC Officer
75/A, 8Kar BM Road,
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560024.

[Signature]
Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024



[Signature]
Assoc. C Officer
75/A. NCC
Sindh College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024

[Signature]
Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

Sindhi College

Circular

Date: 23/01/2020

In view of the Republic Day Celebrations, the flag hoisting ceremony will be held on 26.01.2020 (Sunday) at 08.30 a.m. in College premises. All the staff members and students are requested to attend the function without fail.


Principal.

**PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.**



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

N.S.S. UNIT

REPORT ON 71st REPUBLIC DAY

Date of the event: 26/01/2020.

No of NSS volunteer present: 85

Staff members: 55

Students : 609

Objective:

- To nurture the fervour of patriotism and national integration.
- To understand the duties and responsibilities of the citizens

Republic Day is remembered for several reasons. It is on this day the written constitution for the country came into force replacing the Government of India Act. It is the day to remember the martyrs and the makers of the constitution of India headed by Dr. B.R. Ambedkar as the chairman of the drafting committee. The privilege of being citizens of a democratic country is largely attributed to the makers of this constitution.

The College management Committee executives, teachings and non teaching staff and students assembled at the designated place and scheduled time. The national flag was hoisted by the college Chairmen Sri Prakash N. Narang. The president of Sindhi Seva Samiti, Sri Madan Doulat Ram joined other office bearers during the programme. Newly elected office bearers Sri Kishore Achpal, Hon.Treasurer Sri. Vikas chawla, Hon.Jt.Secretary Sri.Avinash s kukreja, Hon.Secretary were introduced. The national anthem was

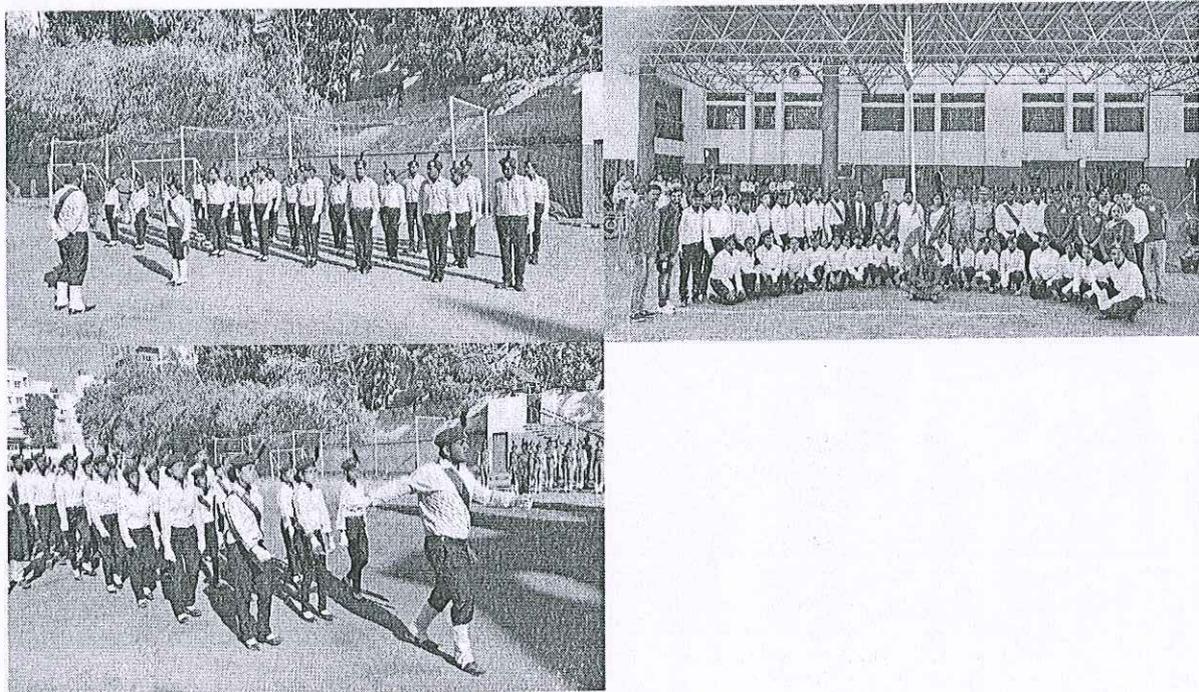
sung religiously their after that. The NSS contingent and NCC cadets performed March past. The drill performed by both troops steal the show. The NSS contingent was led by Rajashekar.S and NCC troop led by Sujay kumar the show was appreciated by one and all.

The parade added a lot of colour to the solemn occasion. The chairman in his address remembered the sacrifice made by Nation builders. Principal in his speech urged the students to contribute the growth of the country. He also spoke about the importance of Republic day. Our leaders and martyrs were remembered who sacrificed their life for us.

A large number of students and people from the local community witnessed the celebration.

Outcome: Speech by the principal triggered the emotions of the audience and the objectives of the programme were achieved.

A Perfect display of discipline.



Prepared by:

Prof.M.A.Vaiyadesh

NSS programme officer
NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Signed By:

Dr. B.S.Srikanta

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bangalore - 560 024.

Sindhi College

Circular

Date: 24/01/2019

In view of the Republic Day Celebrations, the flag hoisting ceremony will be held on 26.01.2019 (Saturday) at 08.30 a.m. in College premises. All the staff members and students are requested to attend the function without fail.


Principal.
SINDHI COLLEGE
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Bengaluru-560 024.



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

70th Republic Day 26th January 2019

Report 2018-19

Sindhi College celebrated 70th Republic Day Inaugurated by hoisting the flag by the dignitaries. The event was held in the college ground and the chief guest were Mr.Prakash Narang chairman of Sindhi College, Mr. Avinash Kukreja Secretary, Mr. Ashok Narang Treasures, followed by Dr. B.S. Srikanta Principal of Sindhi college, Professor.Asha N Vice principal. The event was co-ordinated by Lt.Shankara B.P. NCC Officer and professor Vaidyesh M.A NSS Officer.

The celebration boosted with the march past done by NSS and NCC Contingents followed by enlightening speech by the dignitaries. The event was spirited up with the wonderful cultural events performed by NSS Volunteers and NCC Cadets. **The total number of NCC Cadets who took part was 32.**The celebrations were come to an end with vote of thanks and refreshments were served.

Associate NCC Officer

Associate NCC Officer

75/A, 8Kar BN NCC

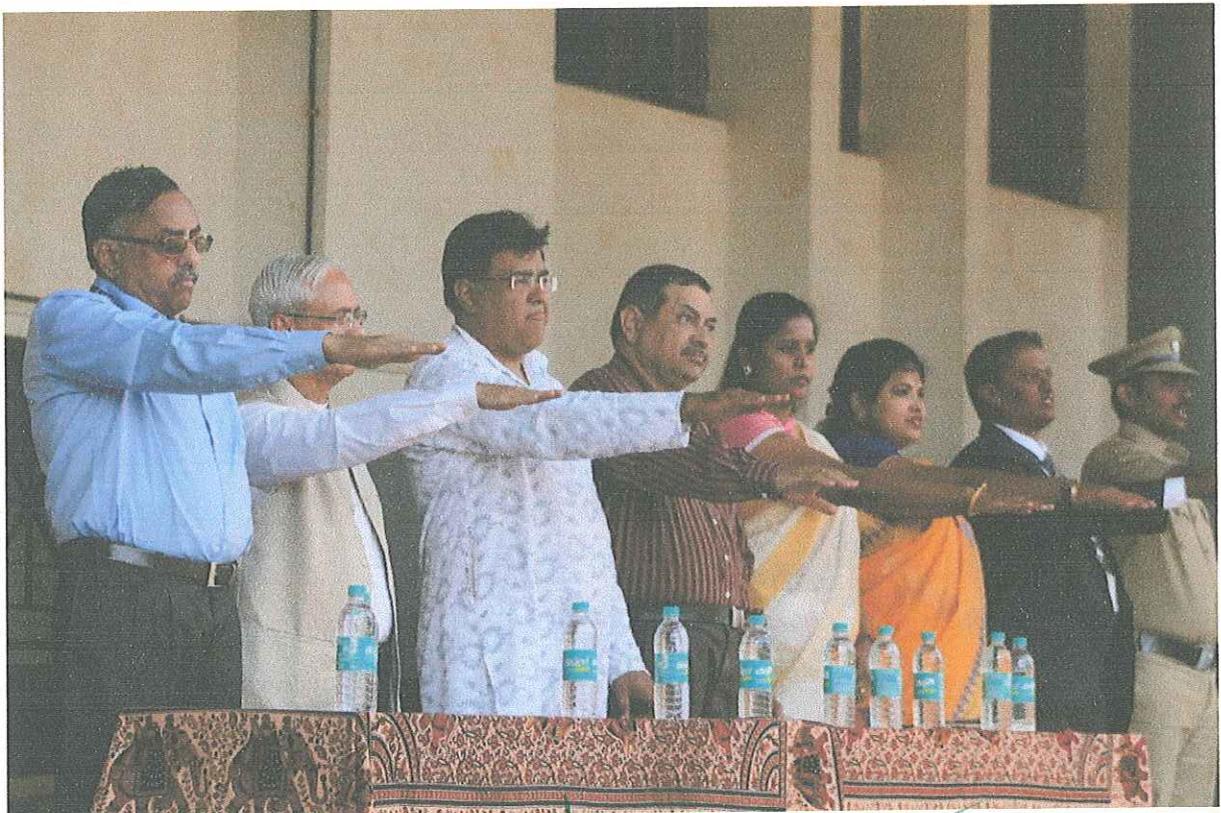
Sindhi College

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33/2B, Kempapura, Hebbal,
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Republic day -2018-19

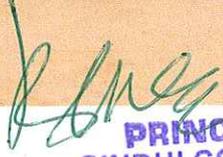



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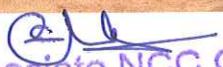

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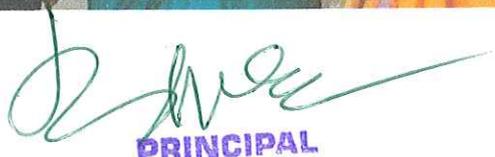



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Sindhi College

Circular

Date:22/01/2018

In view of the Republic Day Celebrations, the flag hoisting ceremony will be held on 26.01.2018 (Friday) at 08.30 a.m. in College premises. All the staff members and students are requested to attend the function without fail.


Principal.

**PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.**



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

Republic Day 2017-18

Date:26-01-2018

Republic Day programme began at 9:00am with flag hosting, the guest of honor were Mr. Rajesh M Bajaj, Hon. Jt. Secretary of Sindhi College, The Principal Dr. B S Srikanta and Vice Principal Mrs. Asha. The principal spoke of few words on Republic day. It was a wonder full speech. NCC Cadets of the college gave a cultural performance which was very impressive. **The total NCC Cadets who took part in the celebration was 52.** The vote of thanks was rendered by senior Cadet Manish of the college. The entire programme was planned and executed by Lt.Shankara and NCC Cadets.

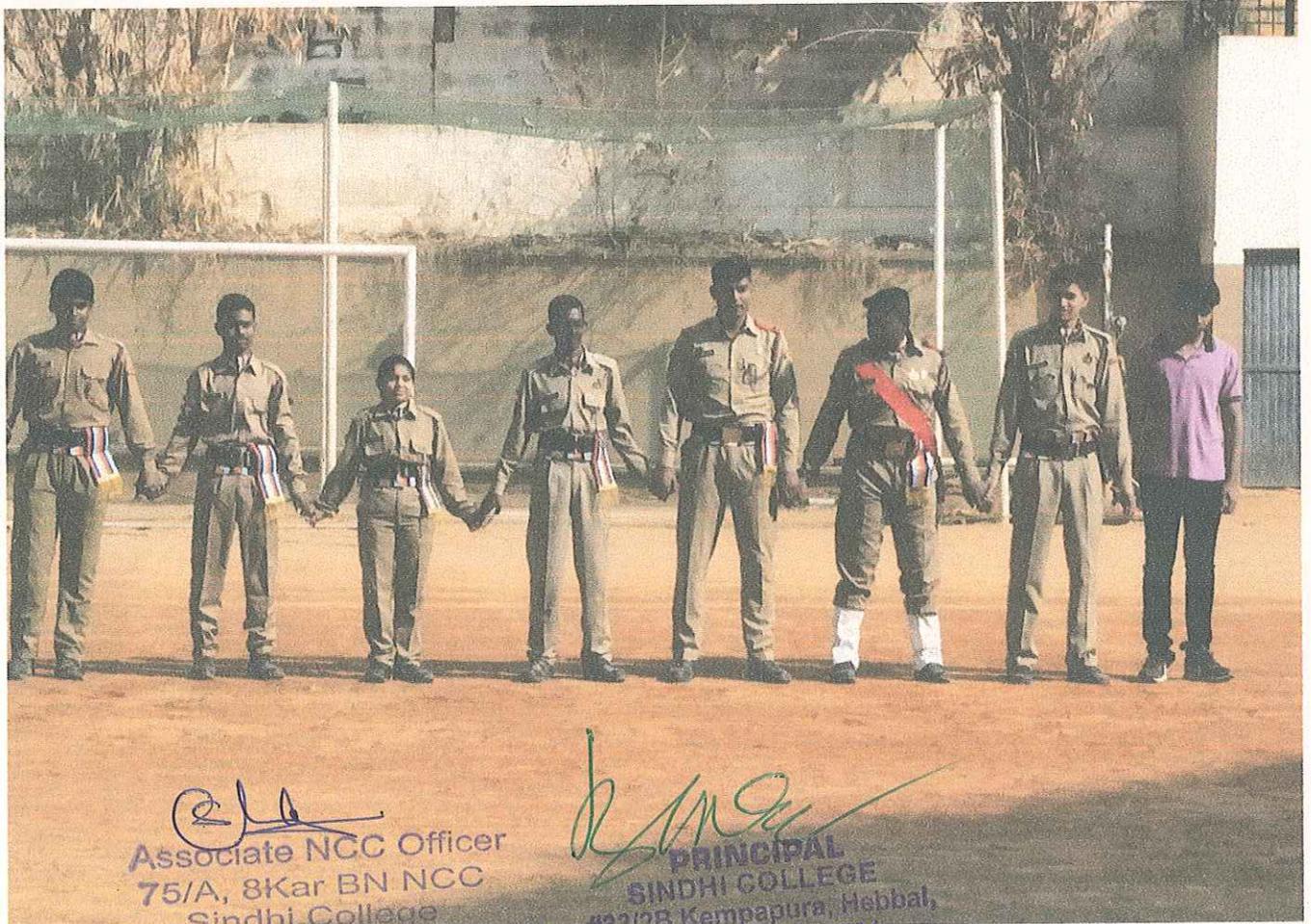
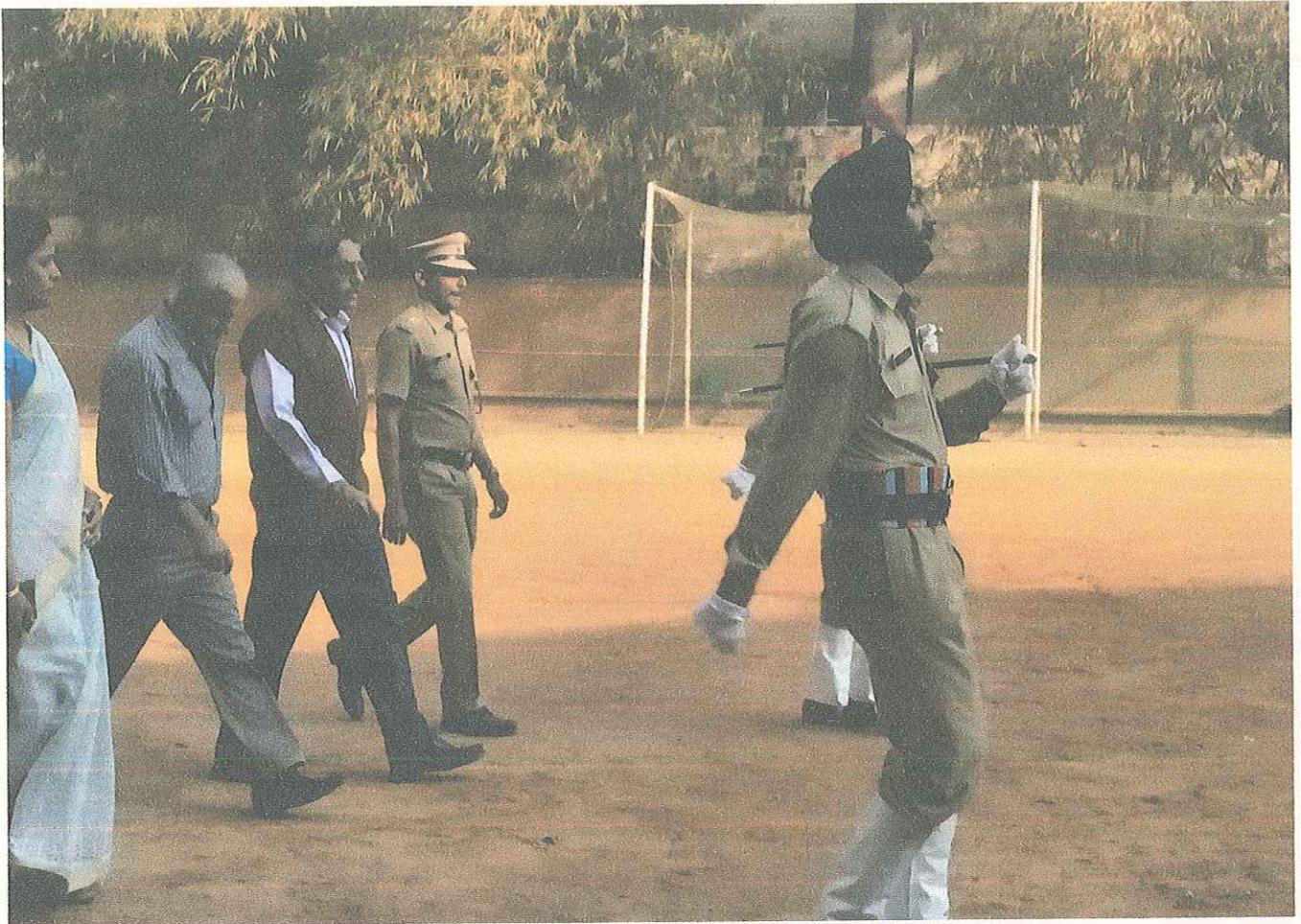
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REPUBLIC DAY

26-1-18



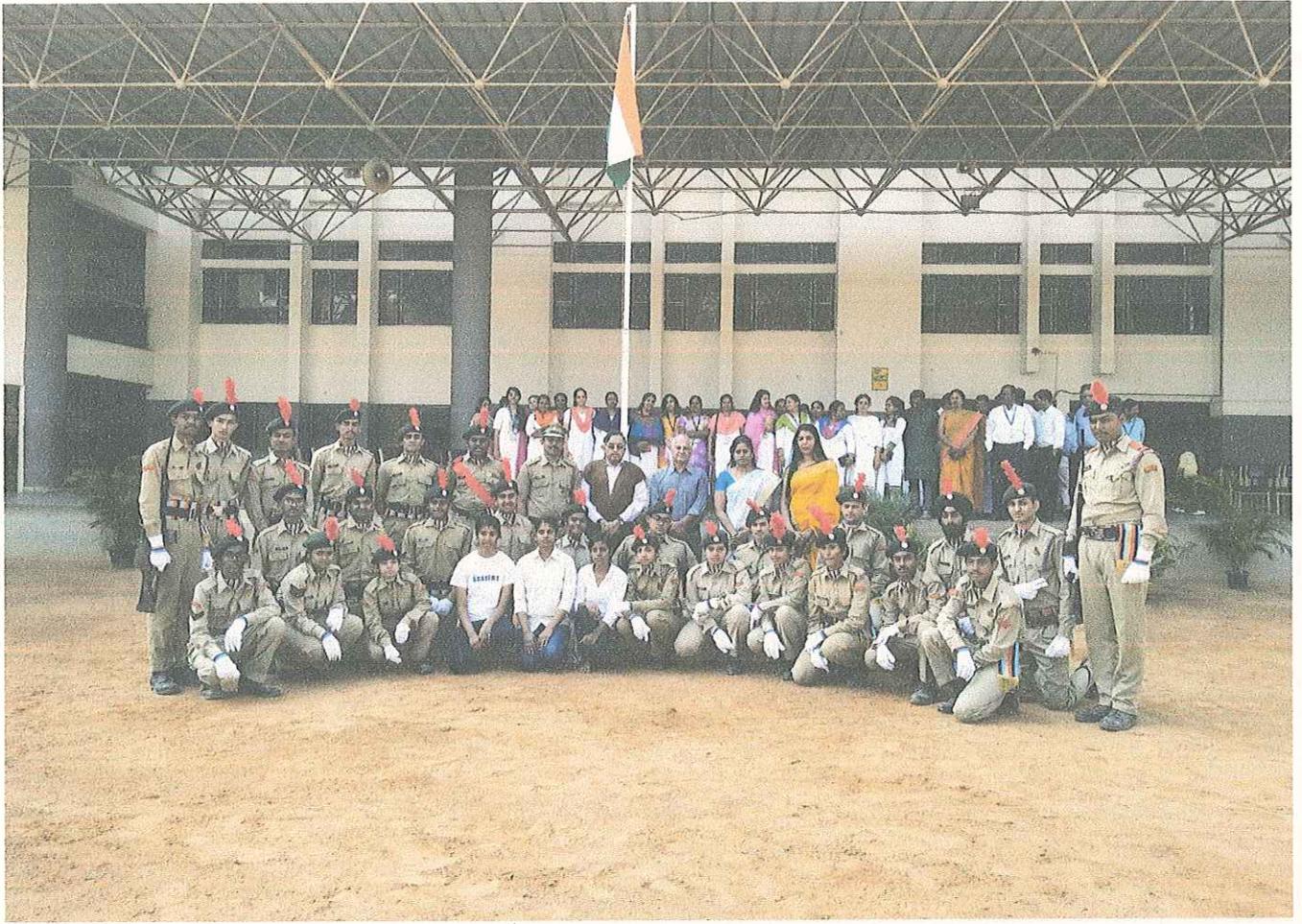
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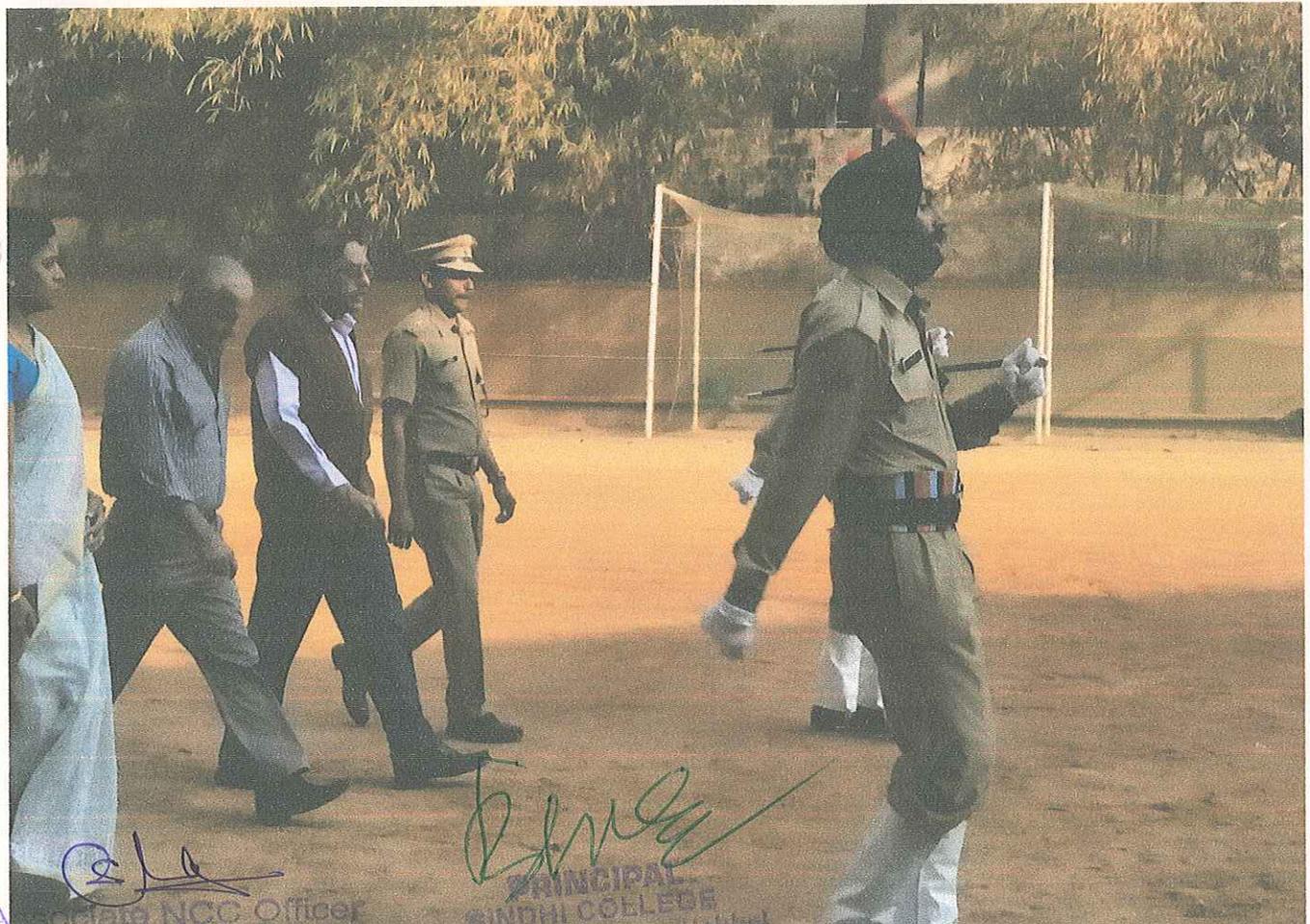
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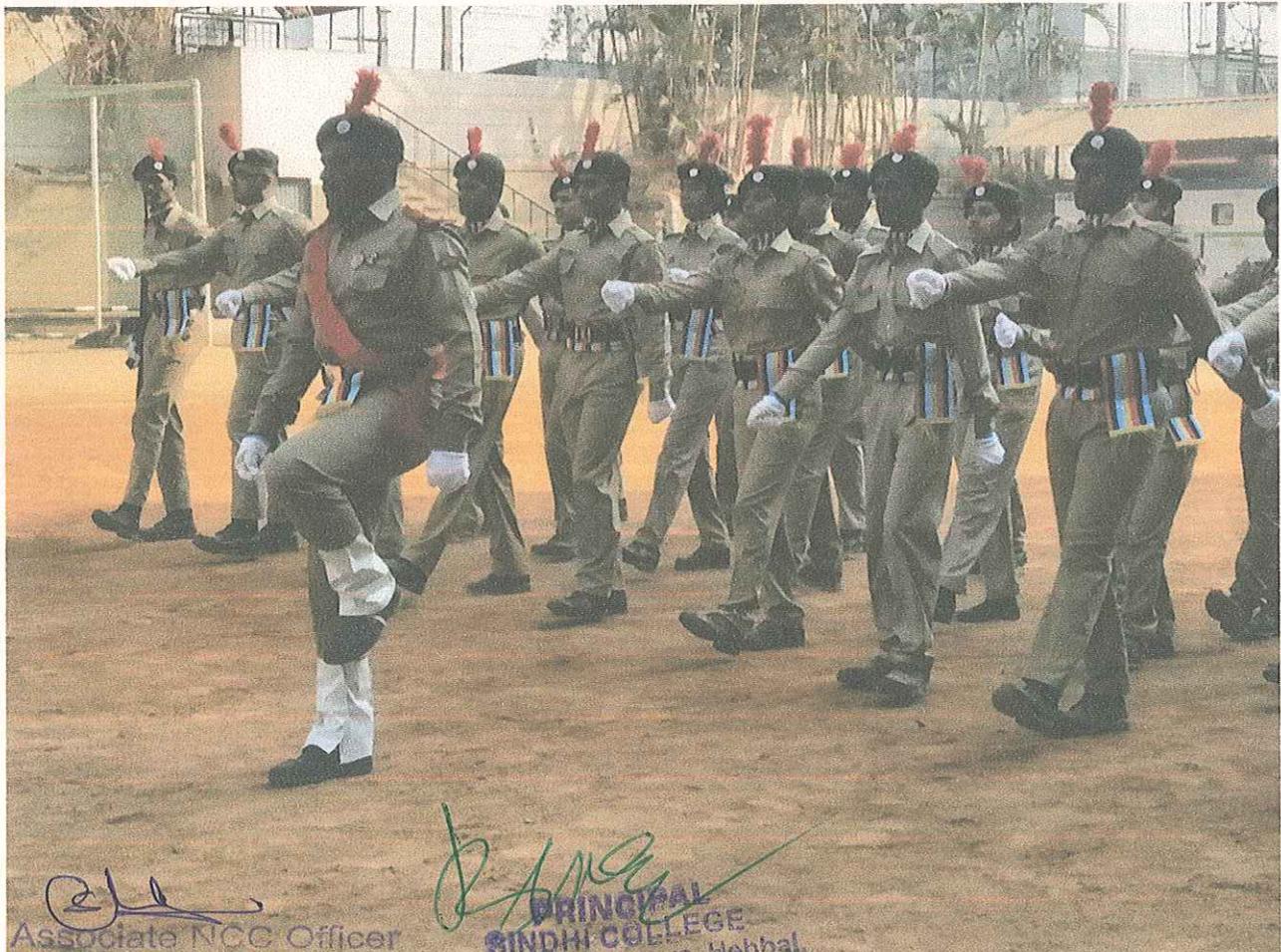

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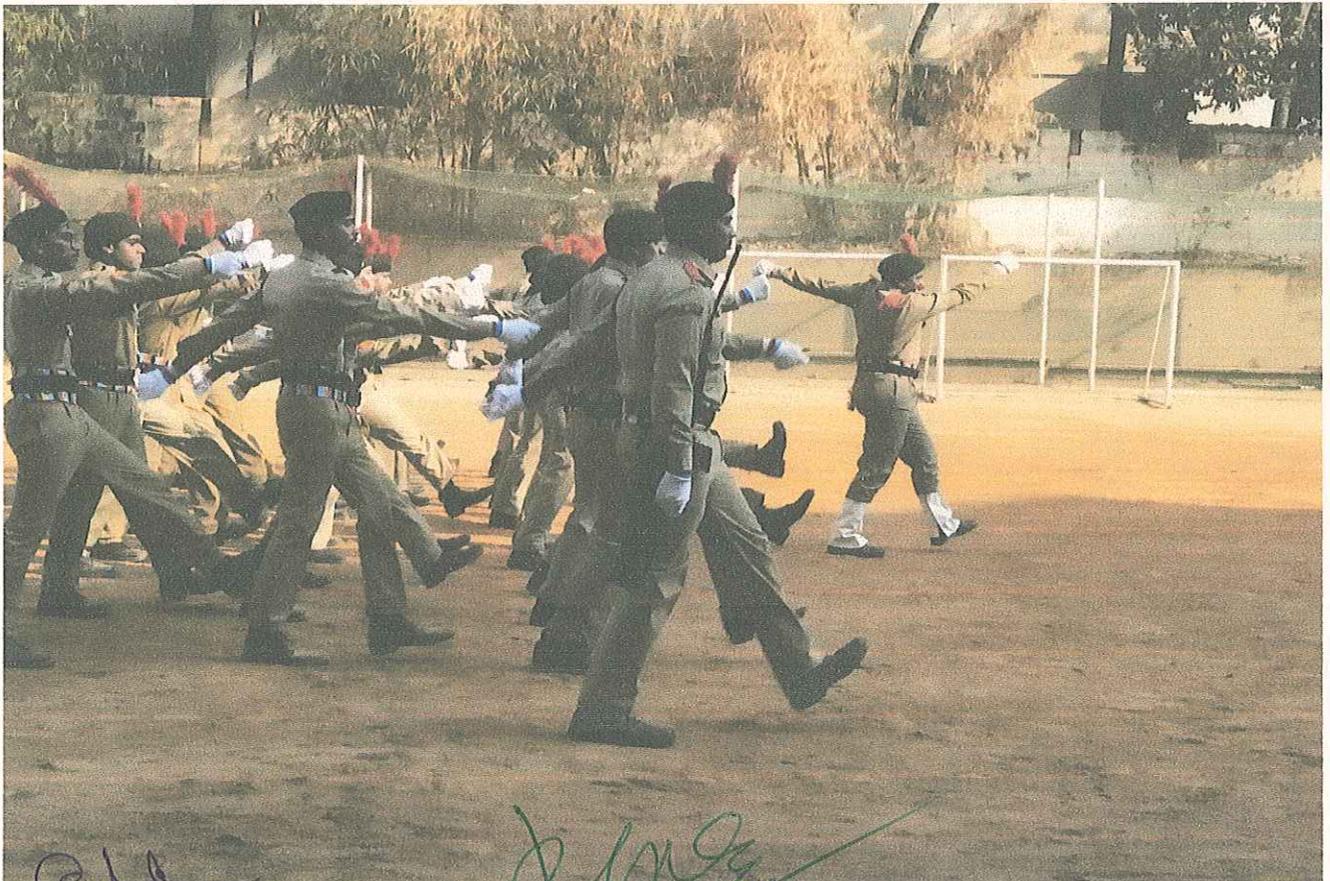
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[Signature]
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[Signature]
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SINDHI COLLEGE
 #33/2B Kempapura, Hebbal,
 Bengaluru - 560 024.

Sindhi College of Commerce

Circular

Date:23/01/2017

In view of the Republic Day Celebrations, the flag hoisting ceremony will be held on 26.01.2017 (Thursday) at 08.30 a.m. in College premises. All the staff members and students are requested to attend the function without fail.


Principal.

Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

REPORT ON REPUBLIC DAY IN SINDHI COLLEGE OF COMMERCE

The NCC cadets reported to the college at 0700 hrs in the morning. The program was scheduled to start at 0800 hrs. Around 33 cadets from NCC and NCC Conigent was Led By Parade Commander JUO Manish, dayane darshak CSM Laxmi Narayana and Bayai darshak Sergent Rohit Kumar Mourya in the Presence on ANO Lt.Shankara.B.P and 10 cadets from NSS Conigent was led by Prashanth Kumar participated in the RD Parade. The NCC Cadets piloted the chief guest Mr. Rajesh Bajaj, Principal Dr. Shrikanta, Vice Principal Dr.Anil Kumar, Additional Vice Principal Prof. Asha, Principal of Sindhi PU College Dr. Pallavi, Vice Principal Prof. Sreejith and Prof. Kanchana to the stage. The chief guests hoisted the national flag followed by the national anthem after which the NCC song was sung.

The parade started as the guests took their seats. The parade was started by the NSS students followed by the NCC Cadets. The principal of Sindhi College Prof. Srikanta addressed the gathering and spoke about the development of India. Later, Prof. Pallavi gave a motivational speech that motivated the NCC cadets to drill in Republic Day Parade in New Delhi. After she was done with her speech, the cultural programs started.

The NCC cadets had made a skit which showed the lives of those soldiers out there near the IND-PAK border. Followed by

This document consists
of two pages

1/2

two SW's who danced for the song Jai Ho and Vande Matharam. The NSS students also gave various cultural programs and entertained the guests. The refreshments were served once the cultural programs were over. As the end of the program the NCC claps went on.

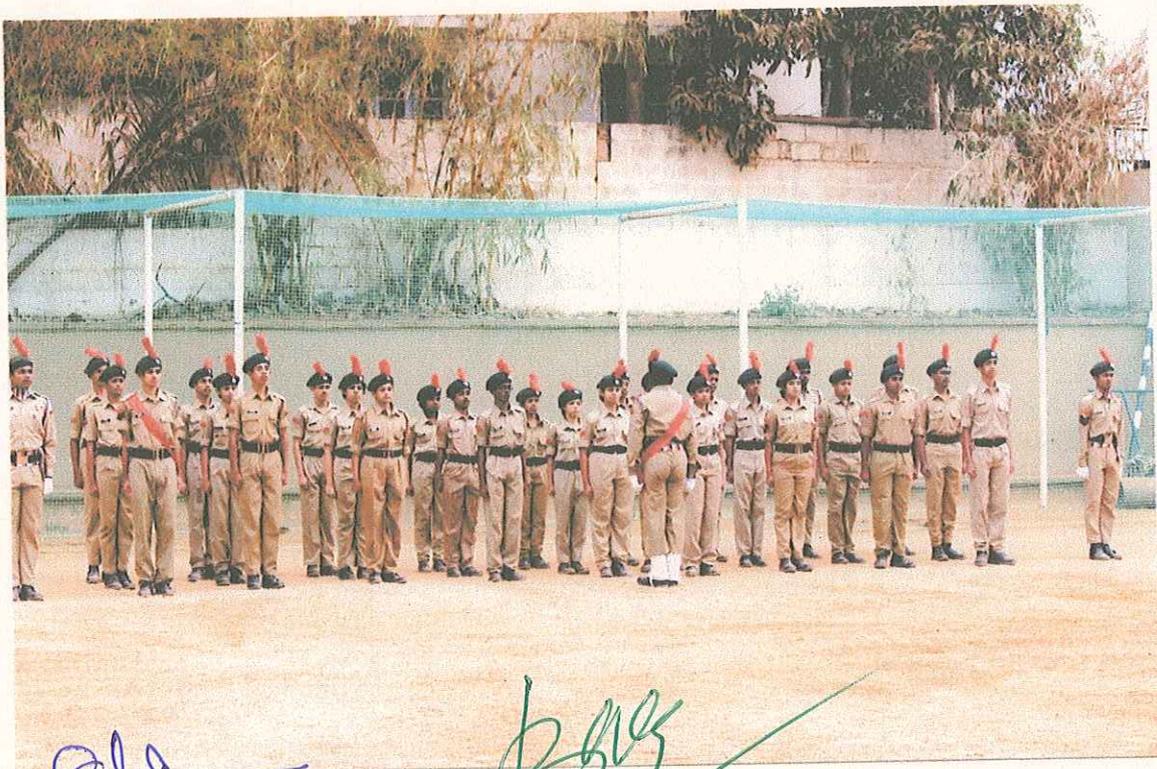


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Associate NCC Officer
75/A, 8th Cross, 1st Stage,
Sindhi Colony,
No. 33/2B, Kempapura, Subbal
Bengaluru - 560 024.

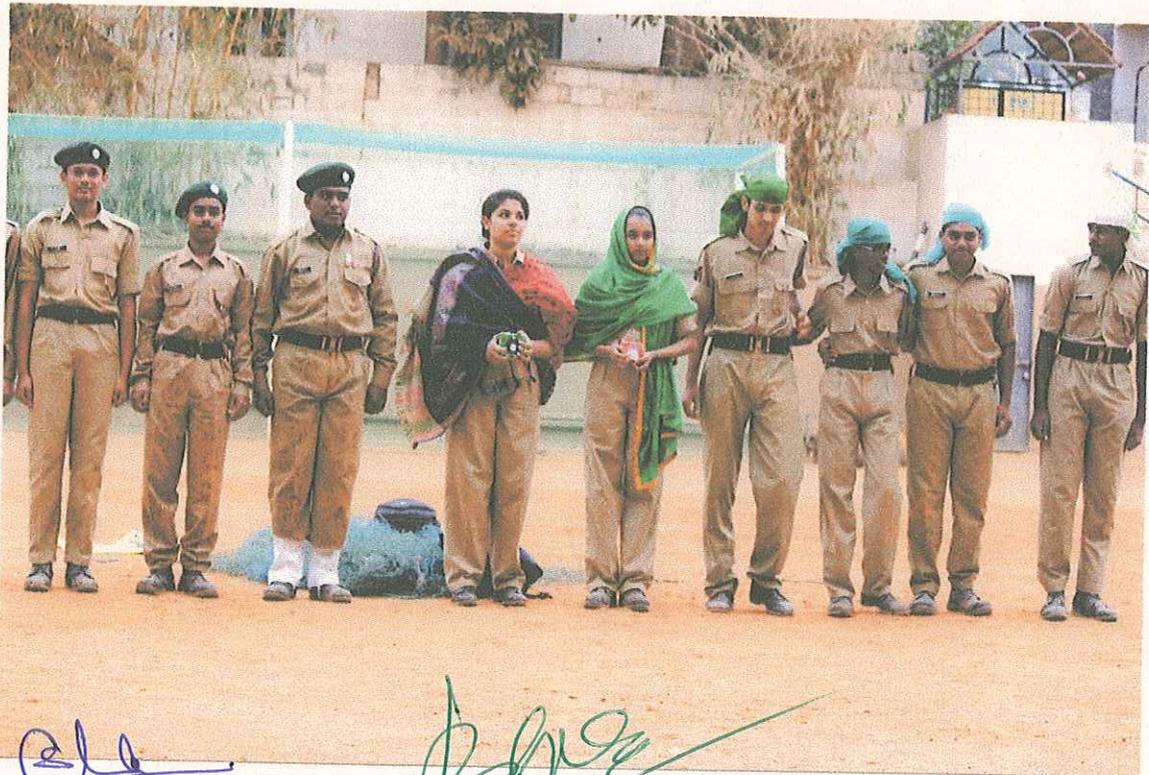
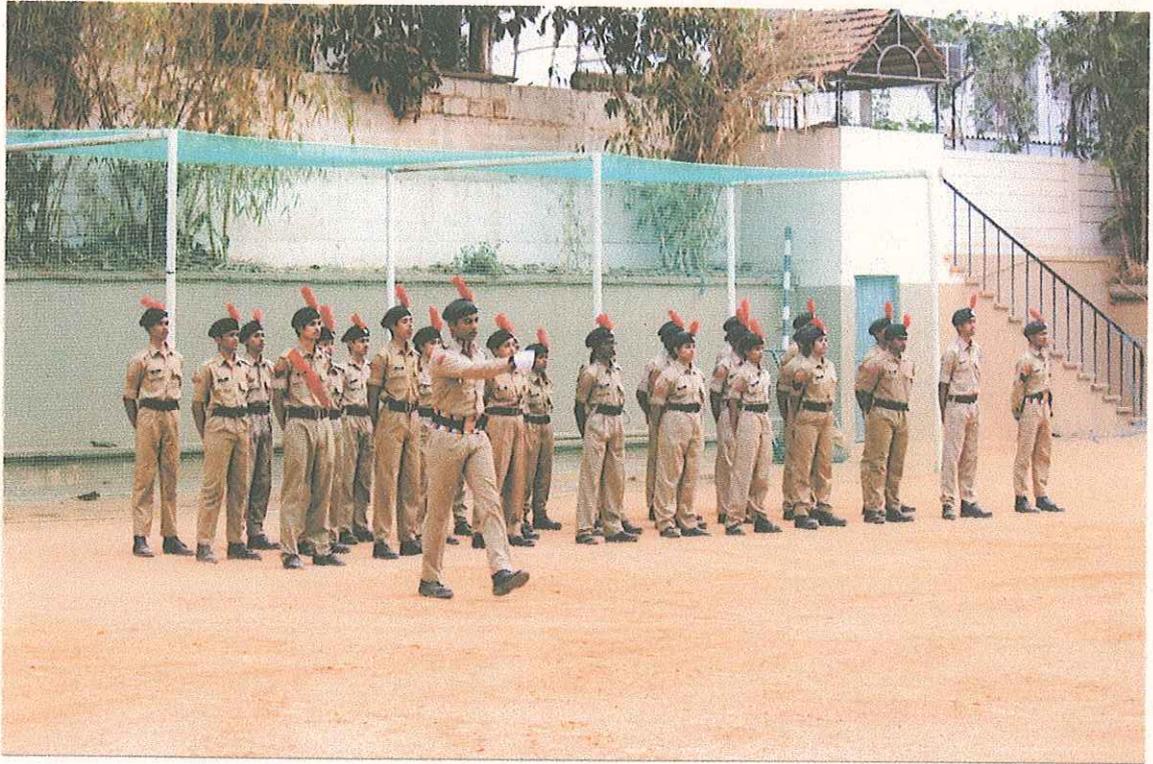
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REPUBLIC DAY - 2016-17 AT
SINDHI COLLEGE OF COMMERCE

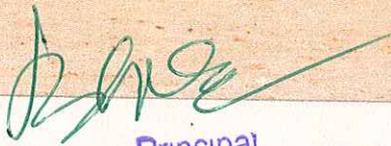



Associate NCC Officer
75/11001 BN NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024




Associate NCC Officer
75/A, 8Kar BN NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024



KNOWLEDGE IS POWER



SINDHI COLLEGE OF COMMERCE

Permanently Affiliated to Bangalore University
NAAC Accredited

“National Youth Day Celebrations” (Swami Vivekananda Jayanthi)

Chief Guest : Swami Mangalanathanandaji
Ramakrishna Mutt, Bangalore

Dr. B. S. Srikanta
Principal
Presides

Time : 12 Noon
Venue : College Auditorium

Date : 17/01/17

Your are cordially invited

Staff and Students



KNOWLEDGE IS POWER



ಸಿಂಧಿ ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ

ಕೆಂಪಾಪುರ, ಹೆಬ್ಬಾಳ, ಬೆಂಗಳೂರು-೨೪

(ಬೆಂಗಳೂರು ವಿಶ್ವ ವಿದ್ಯಾಲಯದಿಂದ ಶಾಶ್ವತ ಸಂಯೋಜನೆ ಹಾಗೂ ಸ್ನಾಕ್ ಮಾನ್ಯತೆ ಪಡೆದಿರುತ್ತದೆ)

" ರಾಷ್ಟ್ರೀಯ ಯುವ ದಿನೋತ್ಸವ ಆಚರಣೆ "

ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರ ಜಯಂತಿ

ಮುಖ್ಯ ಅತಿಥಿಗಳು : ಸ್ವಾಮಿ ಮಂಗಳಾನಾಥಾನಂದಜೀ

ರಾಮಕೃಷ್ಣಮಠ, ಬೆಂಗಳೂರು

ಅಧ್ಯಕ್ಷತೆ : ಡಾ. ಬಿ.ಎಸ್. ಶ್ರೀಕಂಠ

ಪ್ರಾಂಶುಪಾಲರು

ದಿನಾಂಕ: ೧೭.೦೧.೨೦೧೭

ಸಮಯ: ೧೨ ಗಂಟೆ

ಸ್ಥಳ: ಕಾಲೇಜು ಸಭಾಂಗಣ

ತಮಗೆಲ್ಲರಿಗೂ ಆದರದ ಸ್ವಾಗತ

ಭೋದಕ/ ಭೋದಕೇತರ ವರ್ಗ/ವಿದ್ಯಾರ್ಥಿ/ವಿದ್ಯಾರ್ಥಿನಿಯರು

Sindhi College of Commerce,

Bangalore

REPORT ON NATIONAL YOUTH DAY

(SWAMI VIVEKANANDA BIRTHDAY) CELEBRATED ON 17TH JAN,
2017 AT SINDHI COLLEGE AUDITORIUM

National Youth Day (Yuva Diwas or Swami Vivekananda Birthday) was celebrated with great joy and enthusiasm at Sindhi College of Commerce on 17th Jan, 2017. It was celebrated to commemorate the birthday of Swami Vivekananda, maker of the modern India. It was first declared by the Government of India in the year 1984 to celebrate the birthday of Swami Vivekananda as the National Youth Day. Since then (1985), it is celebrated as the National Youth Day all over the country.

Prof. Vyadesh, HOD of Management Dept. initiated the programme. Ms Trupti Hegde, student of II year B.Com rendered invocation song, which was followed by lighting of the lamp by the dignitaries. Welcome address was delivered by Prof. Naveen of Commerce Dept. Prof. Sridhar of Commerce Dept. introduced the guest to the audience.

Swami Mangalanathananda from Ramakrishna Mutt was the chief Guest. Dr. Srikanta, Principal Sindhi College of Commerce, Dr. Anil Kumar, Vice Principal, Prof. Asha, Additional Vice Principal, Prof. Pallavi, Principal Sindhi PU college, faculties, students were present. Swami Managanathananda in his discourse spoke about 'self-responsibility'. He referred to a place called Narayanapura, where electricity need to be supplied from Guwahati, for all the schools and colleges and it takes nearly 20 hours by road. He said those students lack

He reiterated the words of Swami Vivekananda "We have wept enough, stop weeping, stand on your feet and be men".

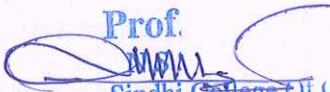
He further said, men of noble and holy character alone the world should have. One should manifest the purpose of birth through religion and manifest perfection through education. He added that youth should hanker for knowledge, there should be passion for learning. Here he gave the instance of Napoleon Bonaparte, who always dreamt of becoming the emperor and his dream was realized. Therefore, students need to dream. One has to continue to struggle until one gains something.

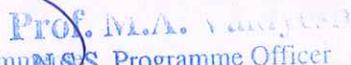
He emphasised on character excellence which is needed along with academic excellence. Teachings of Swami Vivekananda is needed to enhance character excellence, he said. He concluded his thought provoking speech with the golden words that "Happiness is meaning living, but one should give back to the country for the happiness one receives".

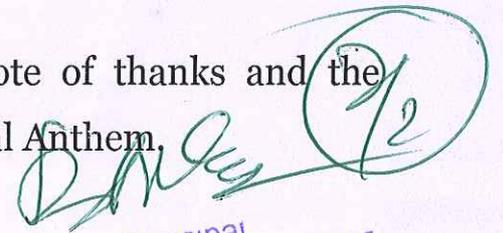
Dr. Srikanta in his speech referred to man-making education as advocated by Swami Vivekananda. But on the other hand, he said, we propagate education for livelihood. He quoted several teachings of Swami Vivekananda and enlightened the audience.

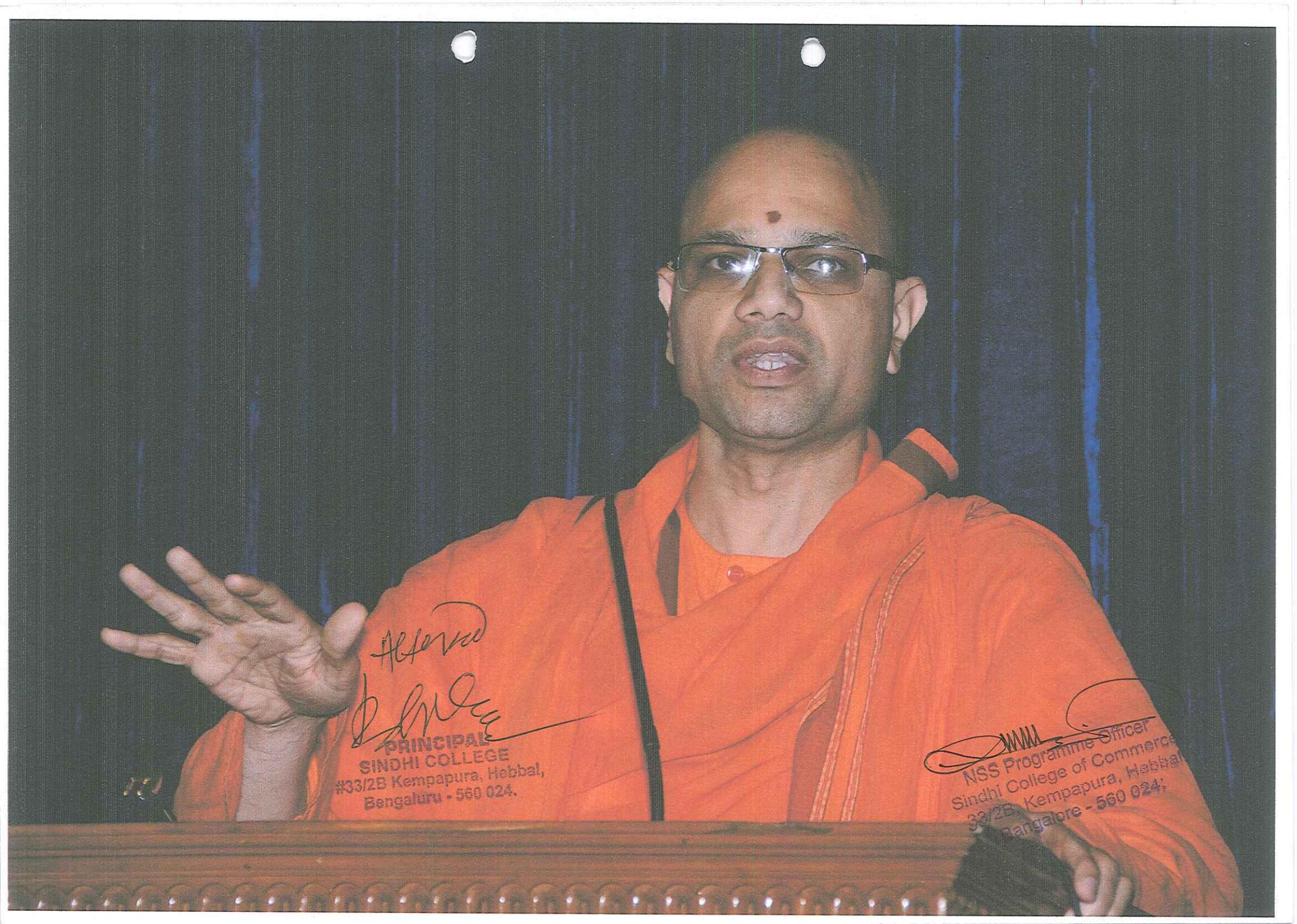
Prathibha Puraskar programme continued thereafter, where semester toppers and course toppers were felicitated by Swami Mangalanathananda. NSS volunteers were felicitated and two NSS volunteers who represented State National Integration camp: Mr. Chidanand and Ms. Trupti Hegde were also felicitated from the golden hands of the Swamiji.

Prof. Kariyanna of Kannada Dept. proposed vote of thanks and the programme concluded with the singing of National Anthem.


Prof. M.A. Vaidya
Sindhi College Of Commerce
Bangalore - 560 024

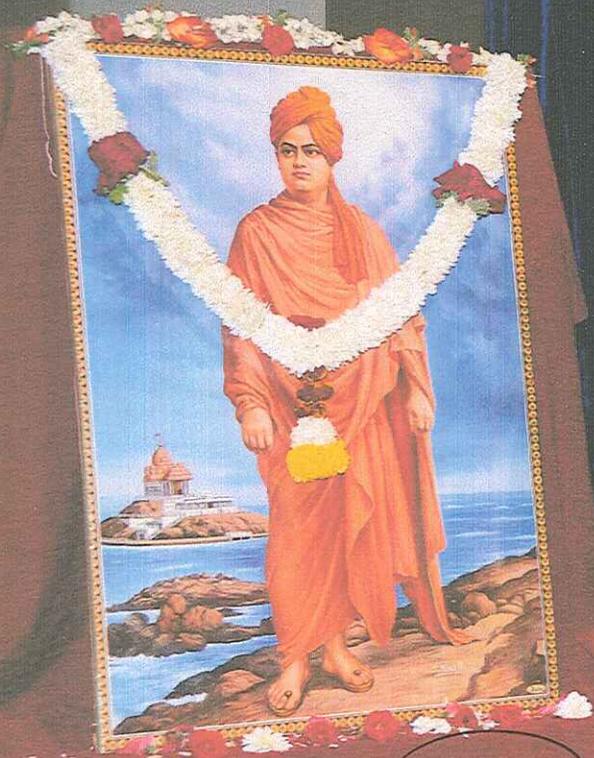

Prof. M.A. Vaidya
S.S. Programme Officer
Sindhi College Of Commerce
Bangalore - 560 024


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024



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PRINCIPAL
SINDHI COLLEGE
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Bengaluru - 560 024.

[Signature]
NSS Programme Officer
Sindhi College of Commerce
33/2B, Kempapura, Hebbal
Bengaluru - 560 024;



[Signature]
NSS Programme Officer
Sindhi College of Commerce
#33/2B, Kempapura, Habbal
Bangalore - 560 024.

[Signature]
PRINC
SINDHI CO
#33/2B Kempapur
Bangalore - 5



NSS Programme Officer
Sindhi College of Commerce,
33/2B, Kempapura, Hebbal
Bangalore - 560 024.



SINDHI COLLEGE
33/2B, KEMPAPURA HEBBAL BANGALORE-560024

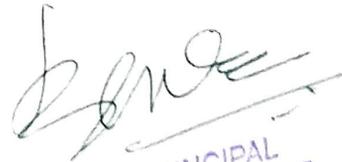
YOGA DAY REPORT 2019-20

21ST JUNE 2019

On 21st June 2019 "Yoga Day " was celebrated by Karnataka and Goa Directorate in Manekshaw Parade ground .Col, V C Mehta CO of 8 KAR BN addressed the gathering of 800 active **cadets there were 37 who represented our college** Cadets to get the complete benefits of Yoga we started early at 7:00 AM. We started with the slow breathing yoga ,then moved to various asana and also benefits of yoga were also enumerated to the cadets .There were many asana performed some of them were Padmaasana ,Vajraasana, Gomukhaasana etc. The programme was filmed for various news channels.

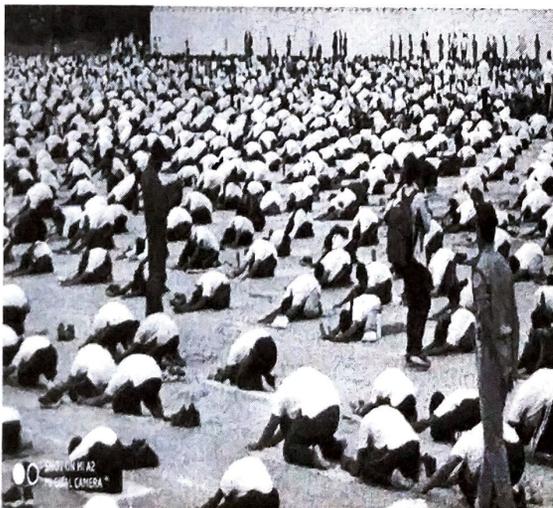
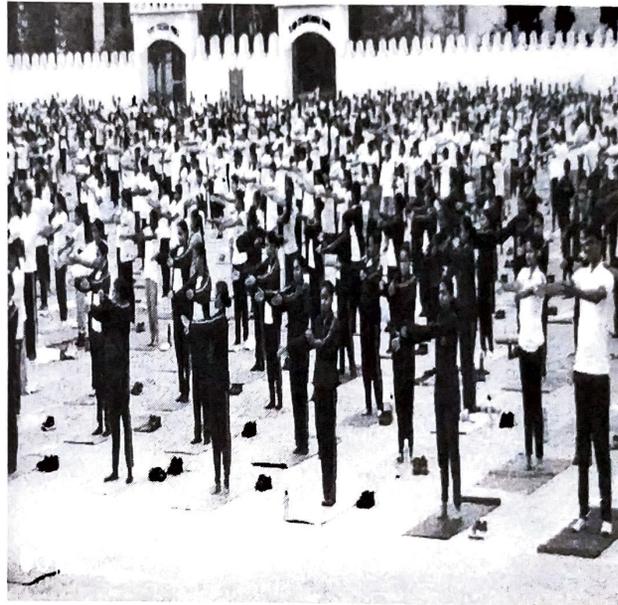
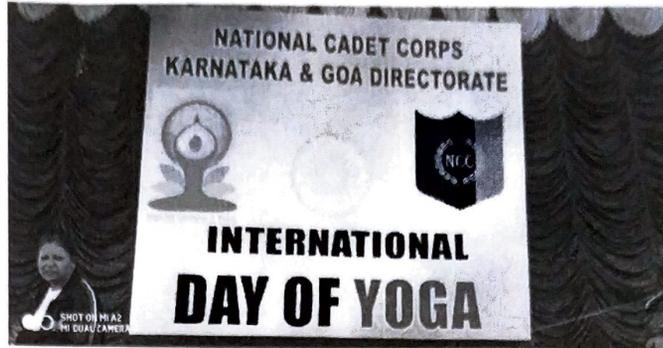
Col V C Mehata once again addressed the gathering at the closing ceremony. DDG Brigadier DM Poorvinath enlightened the cadets with his meaningful speech and advised the cadets to do yoga regularly. Yoga day was a health awareness program, well planned and well organised


ASSOCIATE NCC OFFICER
Associate NCC Officer
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SINDHI COLLEGE
#33/2B Kempapura Hebbal,
Bengaluru-560 024.

International Yoga Day

2019-20




Associate NCC Officer
75/A, 8Kar BN NCC
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No. 33/2B, Kempapura, Hebbal
Bengaluru - 560 024.


PRINCIPAL
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#33/2B Kempapura, Hebbal,
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SINDHI COLLEGE
33/2B, KEMPAPURA HEBBAL BANGALORE-560024

Yoga Day Report 2018-19

The Yoga day held on 21-6-2018 was conducted in Manekshaw Parade ground. It was inaugurated by **Mr. Ananth Kumar** (Honorable union minister for chemicals and fertilizers). The major events that took part consisted of 8000 NCC Cadets from 150 schools and colleges in and around Bengaluru. Amongst which **20 cadets represented Sindhi college** in the event taken place. The event conducted included stretching exercises followed by Standing Asanas, Sitting Asanas and concluded by Pranyama. The Honorable Union Minister for Chemicals and Fertilizers was escorted by the cadets to the stage where he spoke about the importance of Yoga and its benefits and complimented all those who organized and actively took part in good number in the event.

Associate NCC Officer

Associate NCC Officer

75/A, 8Kar BN NCC

Sindhi College

No. 33/2B, Kempapura, Hebbal

Bengaluru - 560 024.

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.

International Yoga Day

International Yoga Day on 21/6/2018. It was inaugurated by **Mr. Ananth Kumar (Hon'ble Union Minister for Chemicals and Fertilizers)** at Manekshaw Parade Ground. 20 NCC Cadets represented Sindhi College.



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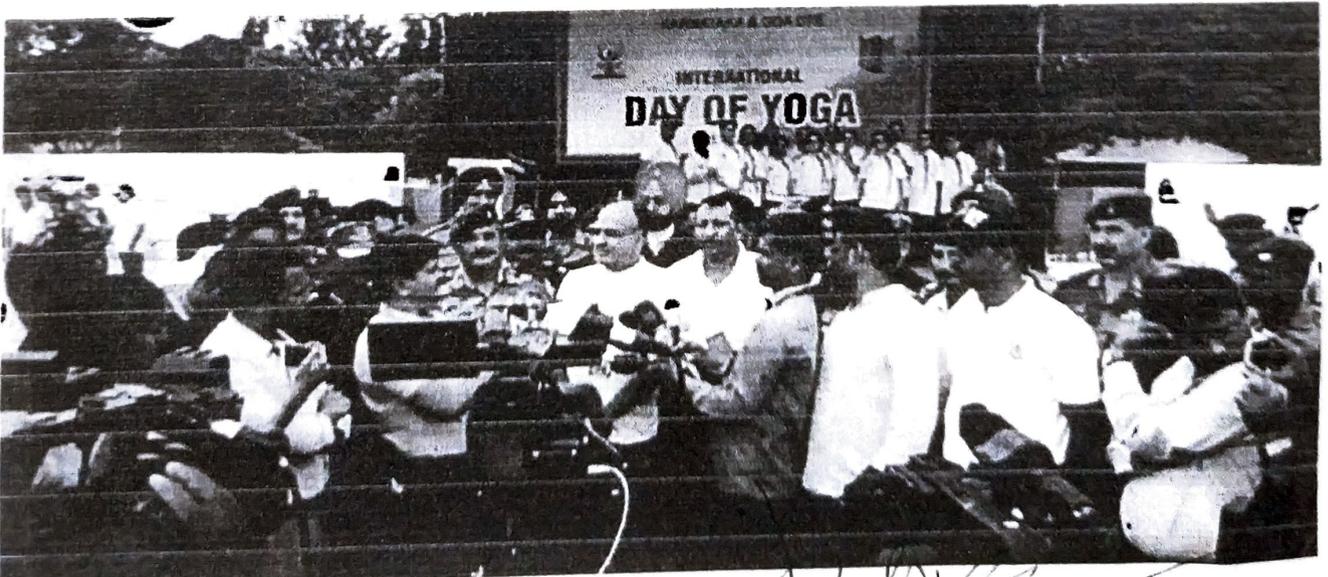
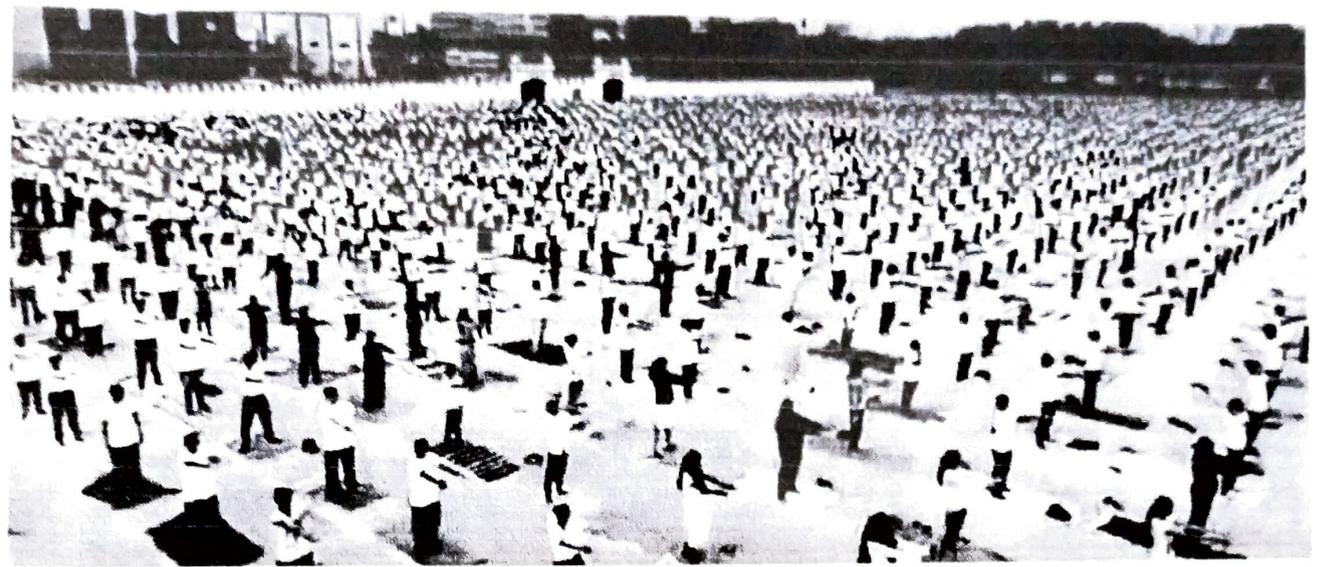
Associate NCC Officer
75/A, 8Kar BN NCC
Sindhi College
No. 33/2B, Kempapura, Hebbai
Bengaluru - 560 024

A circular stamp containing the handwritten number '21/6' in blue ink.

A handwritten signature in blue ink, appearing to be 'S. M. G.', written over the typed name.

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbai,
Bengaluru-560 024.

YOGA DAY - 2018-19



[Signature]

Assistant NCC Officer
NCC, 33/2B Kempapura, Hebbal
Sindhi College
#33/2B, Kempapura, Hebbal
Bengaluru - 560 024.

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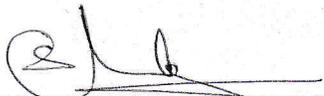
PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.

SINDHI COLLEGE OF COMMERCE

Hebbal Kempapura, Bangalore-24

YOGA DAY REPORT 2017-18

Yoga day was held on 21/06/2017 in the College Indoor stadium. It was inaugurated by Principal Dr. B S Srikanta and Vice Principal Mrs Asha and the principal addressing the gathering and telling the importance of Yoga. The event saw participants of NCC cadets, NSS contingent and other students from Sindhi College. **Amongst which 45 NCC cadets** took part in the event. The event included stretching exercised followed by standing asanas, sitting asapas , surya namaskar and concluded by Pranayama. It was a refreshing moment for all the participants.

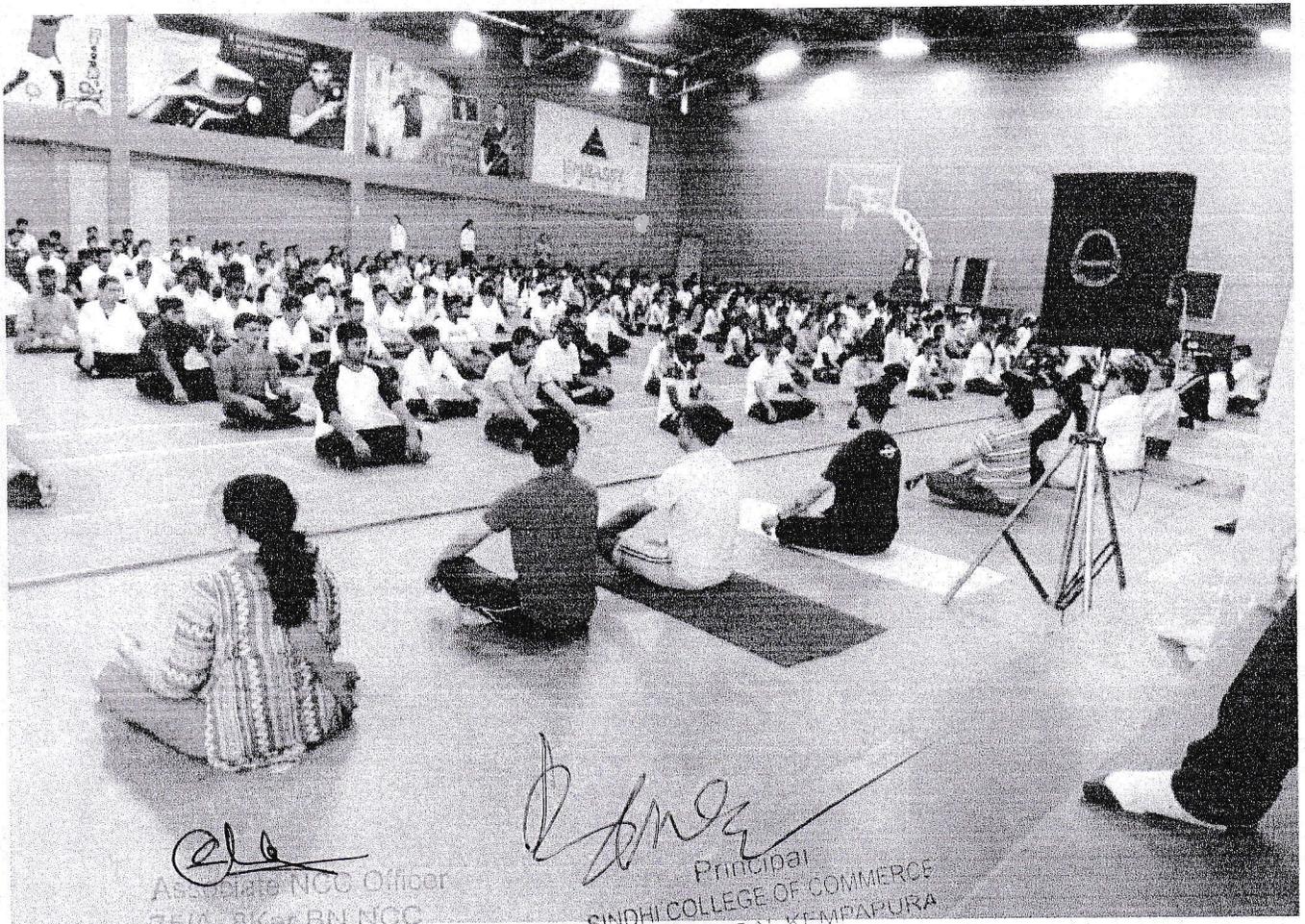
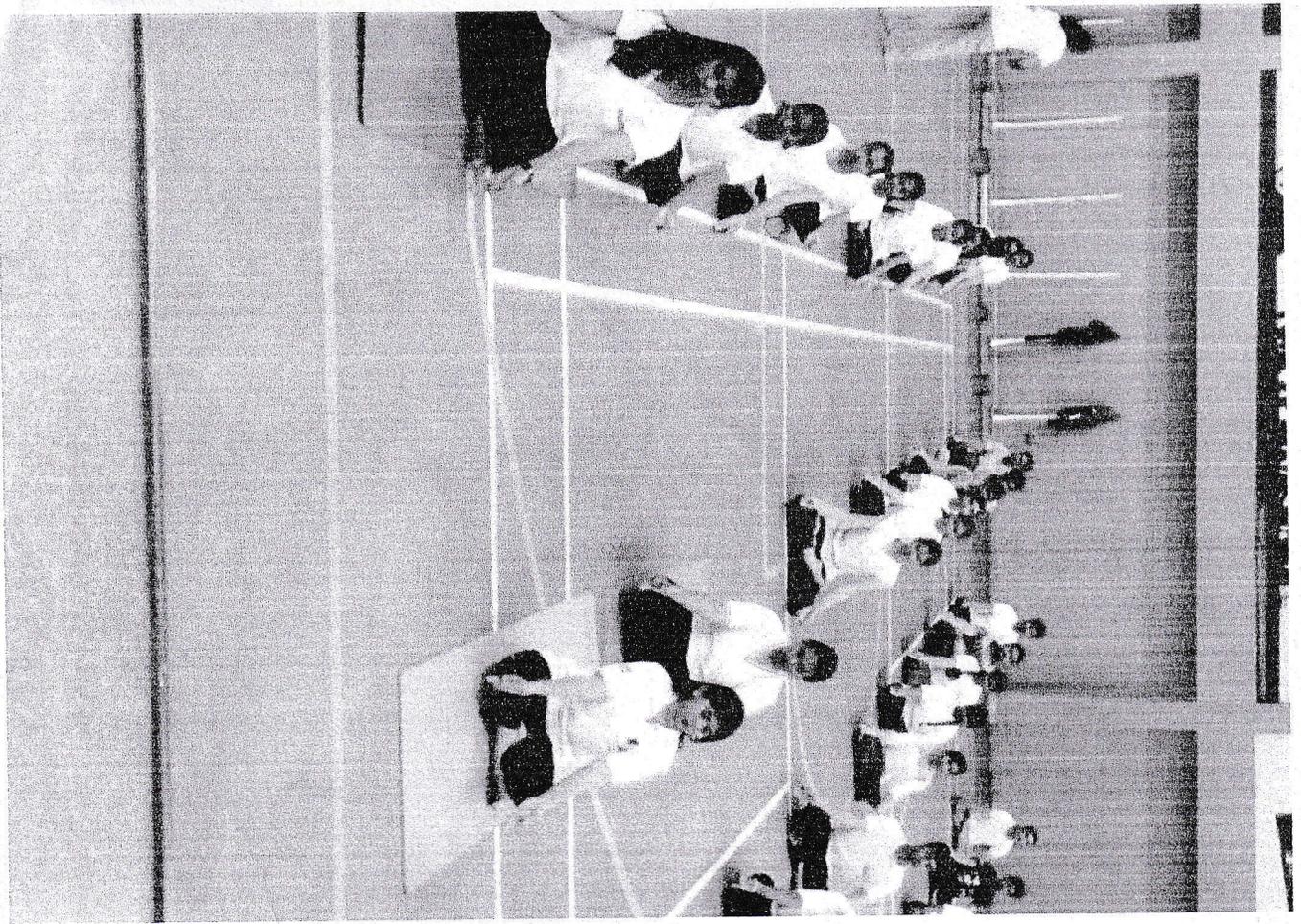


ASSOCIATE NCC OFFICER

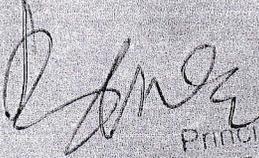
Associate NCC Officer
75/A, 8Kar 8H NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal
Bangalore - 560 024.



Principal
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Associate NCC Officer
75/A-8Ker BN NCC
Sindhi College of Commerce,
No. 33/2B, Kempapura, Hebbal


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

SINDHI COLLEGE OF COMMERCE,

KEMPAPURA, HEBBAL,

BANGALORE.

A Report on International Yoga Day

On 24th June 2015, College observed the International Yoga Day. The objective of the programme was to create the awareness about the benefits of Yoga and meditation. The drive got the momentum since the prime minister declared the day as international Yoga Day taking international communities' wilful acceptance.

Prof .Subrahmanya introduced the trainer to the participants. With a brief introduction to yoga and meditation, the trainer also put light on the eight fold path of Ashtanga yoga.

Yoga and Meditation was taught by Prof. Sanjeev Hegde Dept of Sanskrit of Sushrutha Ayurveda Hospital Vyasa University , Jigini, Anekal Taluk, Bangalore. N.S.S. Volunteer were involved in arranging the stage, informing the staff and students. Volunteer s also took active part in the programme setting example for other students.

More than eighty members participated in this programme. Trainer explained the benefits of each asana during the session. Pranayama and its benefits were also explained to the participants.

Principal honoured the visiting yoga practitioner with memento. Participants took oath to practice yoga religiously.

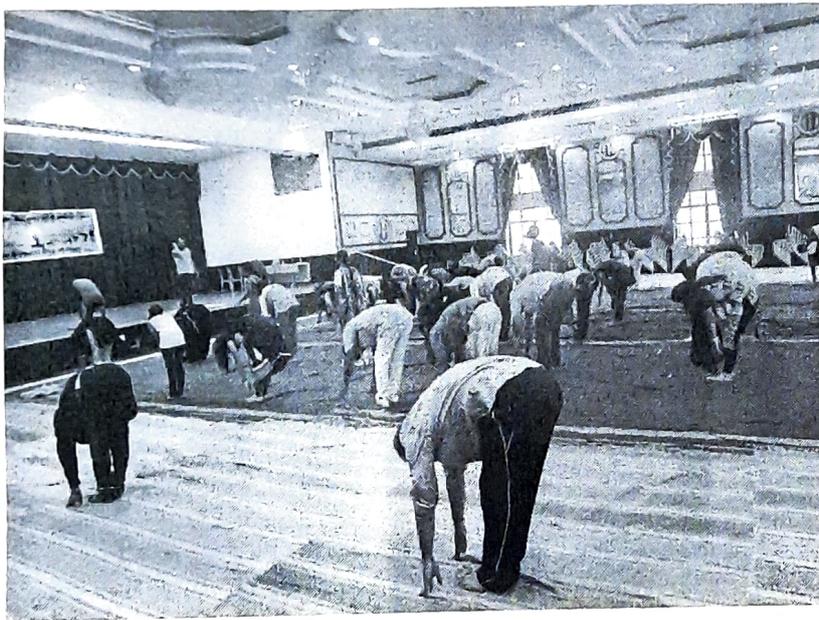
Prepared By:



Prof. M.A. Vaidyesh
N.S.S. Programme Officer
Sindhi College Of Commerce
Bangalore - 560 024



International Yoga Day 2015-16



[Signature]
HSS Programme Officer
Sindhi College of Commerce,
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

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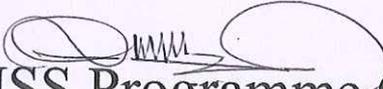


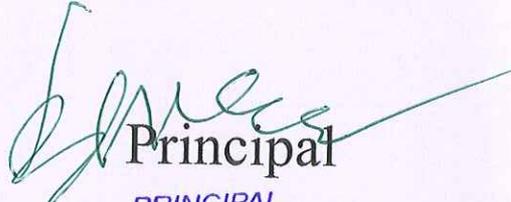
Sindhi College

Circular

Date:12/04/17

This is to inform all NSS Volunteers that "Dr.B.R. Ambedkar's 125th Jayanthi" will be observed on 14th April 2017 by the Government of Karnataka at 11:30am. The programme is scheduled at Central college Auditorium the programme officers should accompany the volunteers for the same .


NSS Programme Officer
NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal
PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru-560 024.

Sindhi College of Commerce

125th birth anniversary of

DR. B.R AMBEDKAR.

At central college, Dr. Ambedkar road, veedhi, Gandhi Nagar, bengaluru, Karnataka.

On 14th April, 2017 there was a seminar at central college campus Janna jyothi auditorium, were all the NSS volunteers were representing their respective colleges, around 10 to 12 colleges participated in the program. Respected Sri Pramodh Mudhvaraj, Minister of state youth services department and animals husbandry fisheries, Sri K. jagdish Prasad from Bangalore University, Sri Vijayakumar C.N from Bangalore University, Sir A.N Pujara and dignitaries.

Sir jagdish Prasad gave a special lecture on "life of Dr. Ambedkar " Which was very valuable and he informed the students about the values and morals of AMBEDKAR which he adopted in his life and his sacrifice to our country, After the speech students were provided with lunch.

After lunch students were disposed with the certificates and group photographs.


Prof. M.A. Vaidyesh
N.S.S. Programme Officer
Sindhi College Of Commerce
Bangalore - 560 024


Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
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[Signature]
NSS Programme Officer
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#33/2B, Kempapura, Hebbal
Bangalore - 560 024.

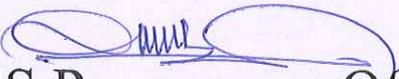
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Principal
SINDHI COLLEGE OF COMMERCE
#33/2B, HEBBAL KEMPAPURA
BANGALORE 560024

SINDHI COLLEGE

Date: 26/09/2019

CIRCULAR

This is to inform all NSS Volunteers and students that "Gandhi Jayanthi" will be observed on 2nd October 2019. All are informed to assemble at college Quadrangle at 8:00 a.m.


NSS Programme Officer
NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal
PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bangaluru - 560 024.



SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

N.S.S Unit

Report on Gandhi Jayanti

No of participants:590

Objectives:

- To create awareness among public about cleanliness.
- To inculcate the culture of physical fitness and also pollution free environment.

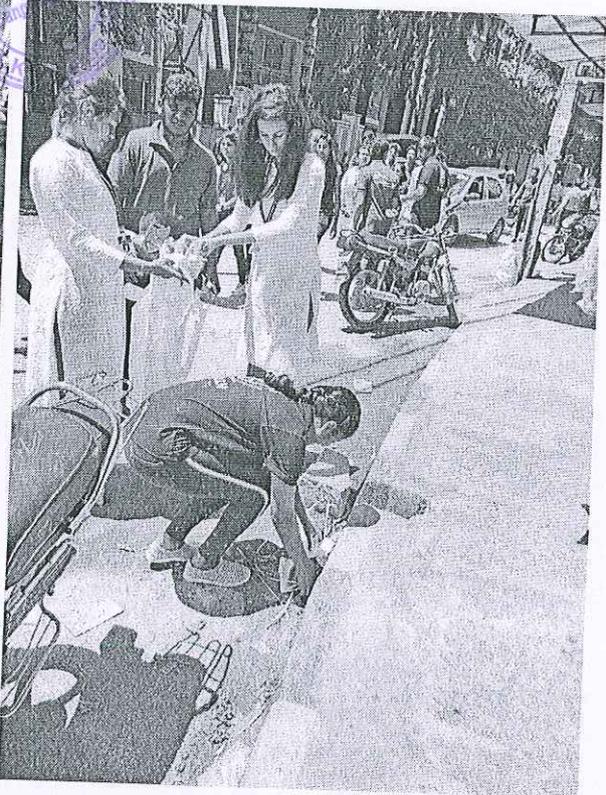
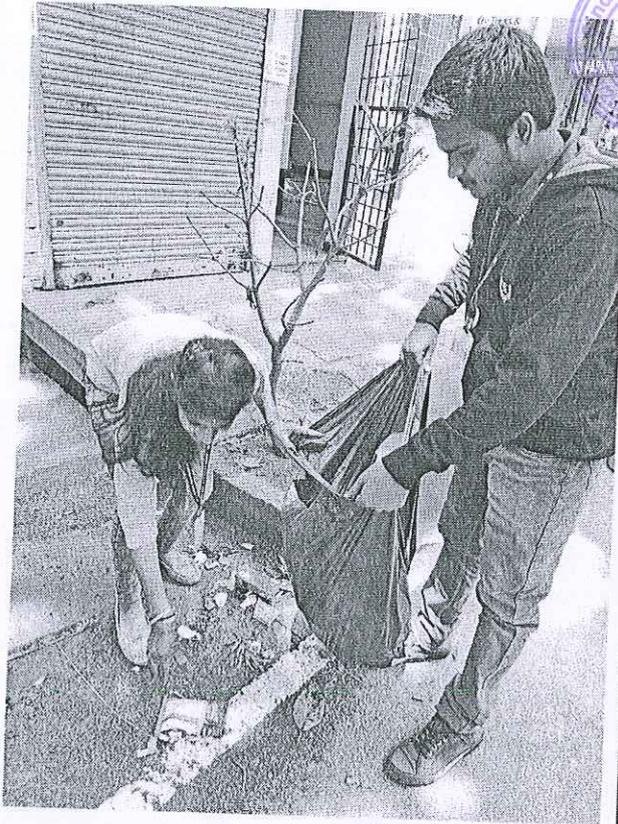
Mahatma Gandhi once said that "Cleanliness is next to Godliness" On 2nd October 2019 Sindhi college organised "Fit India plogging run" a total number of 80 NSS volunteers and 31 NCC cadets and other students voluntarily participated in the event. The event started at 9:30Am with an invocation song by NSS volunteers.

Later Dr.B.S.Srikanta, Principal, Sindhi college, Prof.Asha.N, vice principal, Sindhi college, Prof. M.A.Vaidyesh, NSS Programme officer, Sindhi college, Lt. Shankar.V.P, NCC Officer, Sindhi college and other staff members gave a floral tribute to Mahatma Gandhi's photo. Then Prof.M.A.Vaidyesh Welcomed the gathering and educated the students about "Plogging Run".

Dr.B.S.Srikanta, Principal addressed the gathering with Gandhi Values and Great thoughts of Mahatma Gandhi, he also insisted the students to follow Gandhian Principles, he also inspired the students from some of stories of Mahatma Gandhi. Later all the NSS volunteers, NCC Cadets and other students started the plogging events and covered an approximately 2 km of distance around Kempapura and coffee board Layout picking up all the plastics and paper litters on the streets covered and reached college at 12 finishing up the event after distributing refreshments to all the students.

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of four pages

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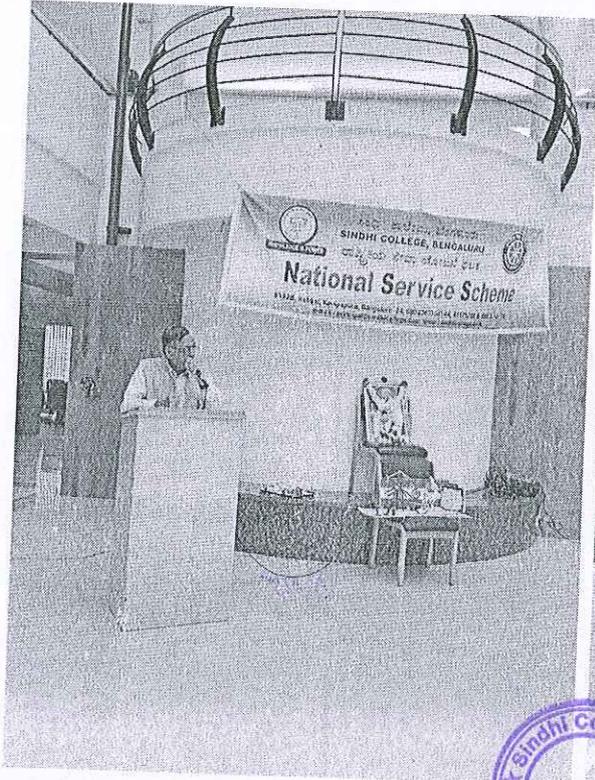
Pick-up up the garbage and Run is the mantra to keep the environment clean and body fit.

People in the neighbourhood got the message of the event in right perspective. They responded well to the initiative and assured to keep their premises clean.

Students and volunteers not only spread the message of cleanliness but also enjoyed plogging run as it benefit them to keep fit.

2/4

Photos of the event



Principal Addressing the staff and students



3/14

Outcome of the event:

PM Narendra Modi gave a clarion call to the Nation to observe the 150th birth anniversary of Mahatma Gandhiji as "**Fit India Plogging Run**" Day. Both physical fitness and cleanliness is ensured by all the participants of the event. Thus the objective of the event is achieved.

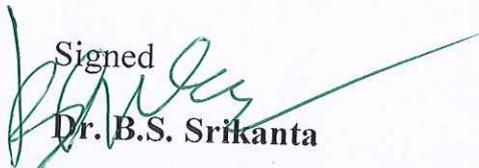
Prepared By:


By: Prof. M.A. Vaidyesh

NSS Programme Officer

NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Signed


Dr. B.S. Srikanta

Principal

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bangaluru - 560 024,



SINDHI COLLEGE

Date: 28/09/2018

CIRCULAR

This is to inform all NSS Volunteers and students that "Gandhi Jayanthi" will be observed on 2nd October 2018. All are informed to assemble at college Quadrangle at 8:00 a.m.


NSS Programme Officer

NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.


Principal

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SINDHI COLLEGE
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N.S.S. UNIT

REPORT ON GANDHI JAYANTHI CELEBRATIONS

Date of the event:2-10-2018

OBJECTIVE: To remember the message and Mahathma Gandhi's gospel's to the mankind.

The NSS volunteers prepared posters containing pictures and message of Mahathma Gandhi.

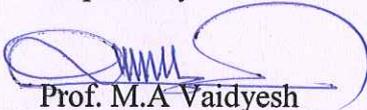
The NSS program officer and volunteers assembled in the college front office on 2-10-2018. The programme started with the invocation song, followed by pushpanjali to the photo of Mahathma Gandhi.

Principal in his address reiterated how the life of Mahathma Gandhi was the message to the world. He said the life and the principles that Mahatma Gandhi believed were not different from one another.

35 NSS volunteers, 62 others students and 38 teaching and non -teaching staff members were present during the programme.

NSS voluteers pledged to walk in the path of Mahathma Gandhi.

Prepared by


Prof. M.A Vaidyesh
NSS Programme Officer
Sindhi College
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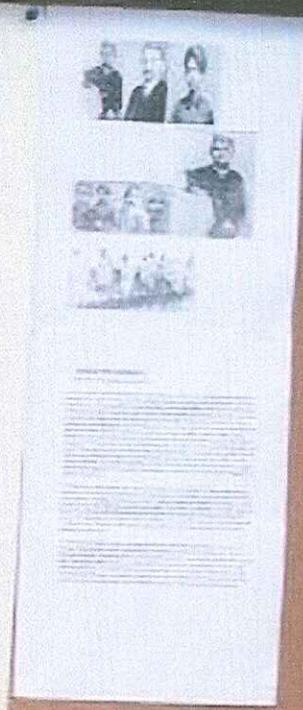
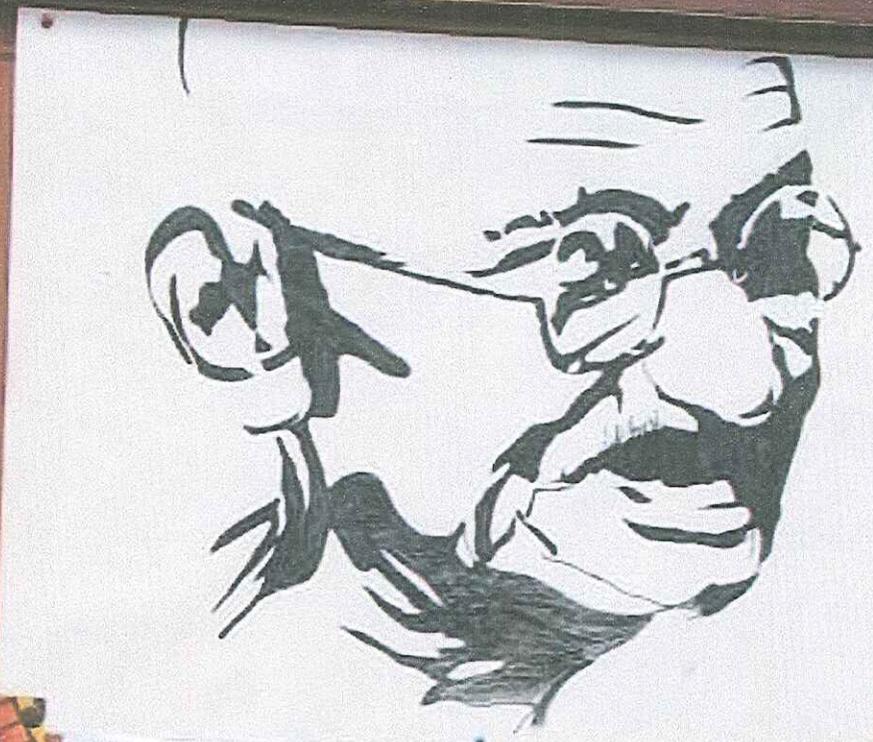


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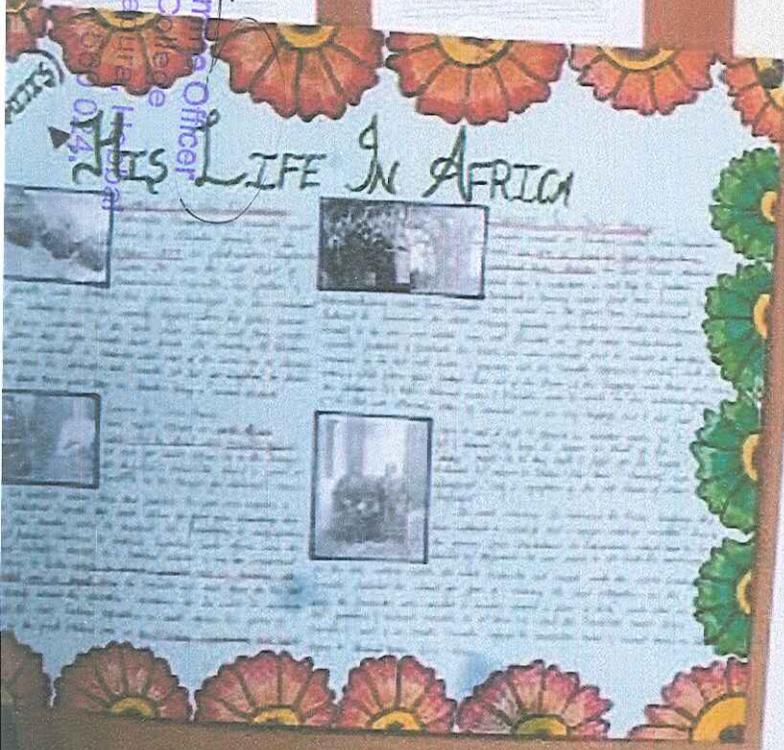
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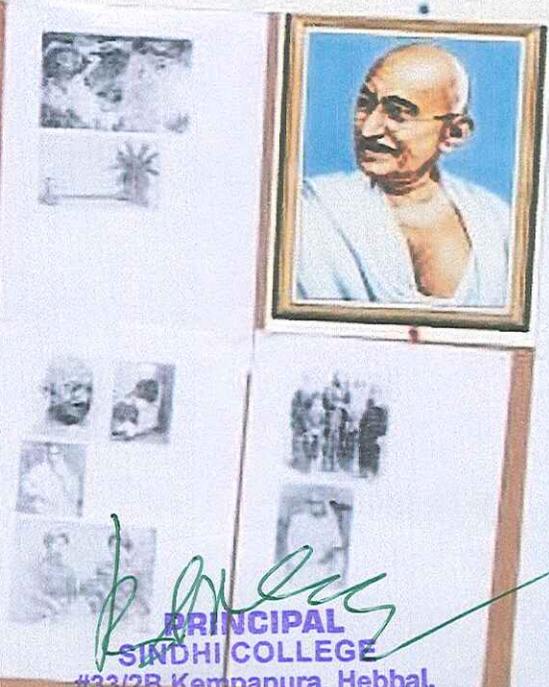
NSS Programme Officer
Sindhi College
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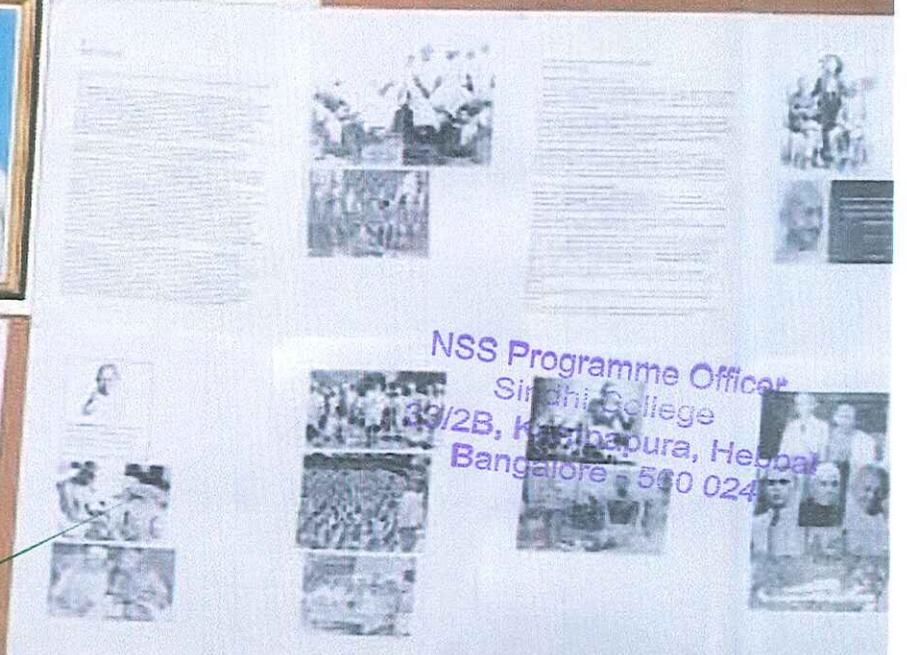
NSS Programme Officer
Sindhi College
#33/2B, Kempapura, Hebbal
Bangalore - 560 024.



HIS LIFE IN AFRICA



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Bengaluru - 560 024.



NSS Programme Officer
Sindhi College
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GANDHI JAYANTH.

The NSS volunteers prepared posters containing pictures and messages of Mahathma Gandhi.



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NSS Programme Office
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Wall magazine by Volunteers displayed on the Martyr's day



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Bengaluru - 560 024.

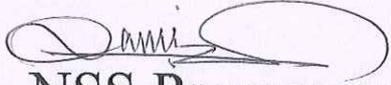
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NSS Program
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.

Sindhi College

Circular

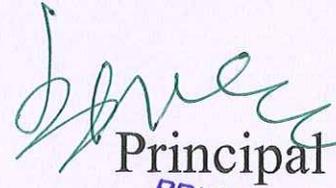
Date:29/09/17

This is to inform all NSS Volunteers and students that "Gandhi Jayanthi" will be observed on 2nd October 2017. All are informed to assemble at college Quadrangle at 8:00am.



NSS Programme Officer

NSS Programme Officer
Sindhi College
33/2B, Kempapura, Hebbal
Bangalore - 560 024.



Principal

PRINCIPAL
SINDHI COLLEGE
#33/2B Kempapura, Hebbal,
Bengaluru-560 024.

OCTOBER-2017

Date:-02/10/17

GANDHI JAYANTHI

OBJECTIVE

To remember the messages and Mahathma Gandhi's gospel's to the mankind.

The NSS volunteers prepared posters containing pictures and messages of Mahathma Gandhi.

The NSS program officer and volunteers assembled in The college front office. The Program started with the invocation song followed by pushpanjali to the photo of Mahatham Gandhi.

Principal in his address reiterated how the life of Mahathma Gandhi was the message to the world. He said that the life and the principles that Mahathma Gandhi believed were not different from one another. He also urged the volunteers to follow a popular message of Mahathma Gandhi which runs as under:

“Let The Noble Thoughts Come From All Directions”.

NSS volunteers pledged to walk in the path of the great son of the soil
-Mahathma Gandhi



Prof. M.A. Vaidyesh
N.S.S. Programme Officer
Sindhi College Of Commerce
Bangalore - 560 024



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GANDHI JAYANTH.

The NSS volunteers prepared posters containing pictures and messages of Mahathma Gandhi.

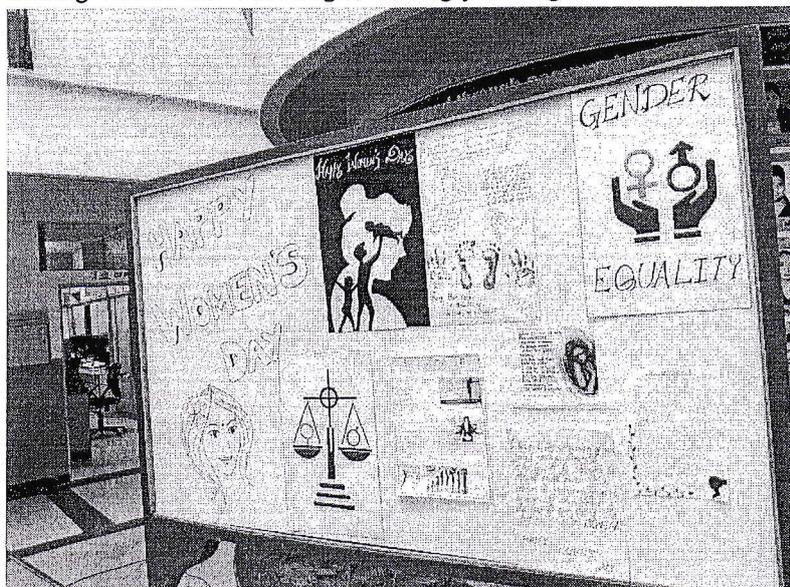


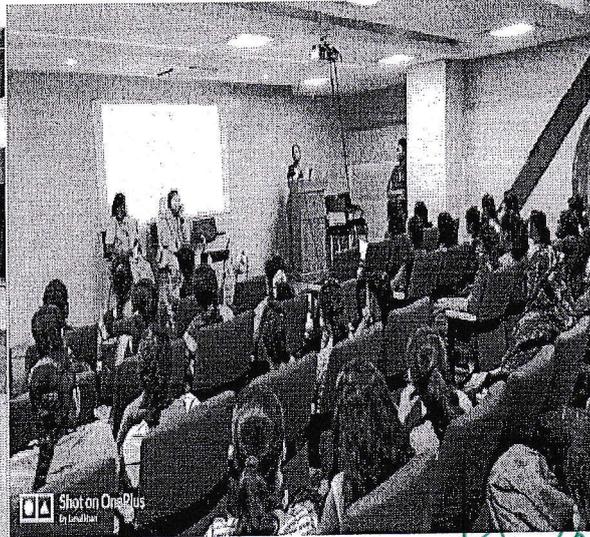
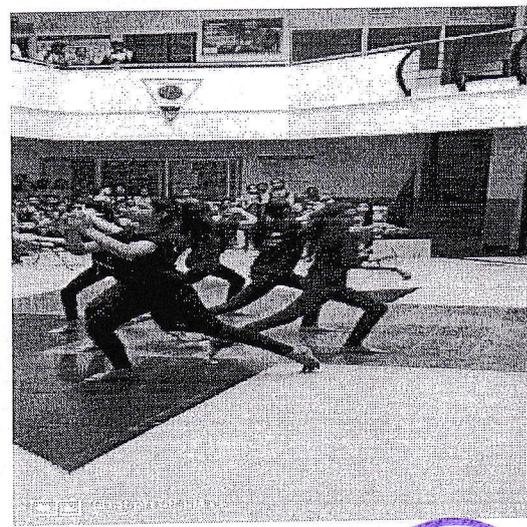
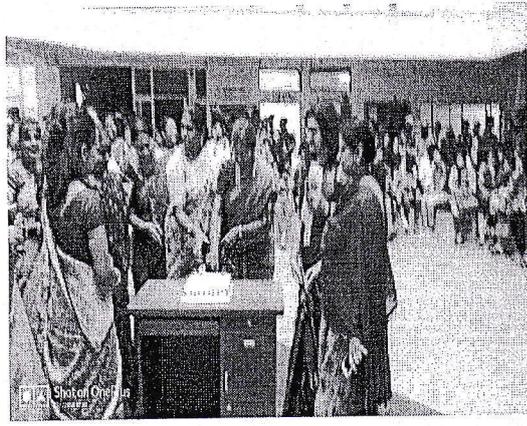
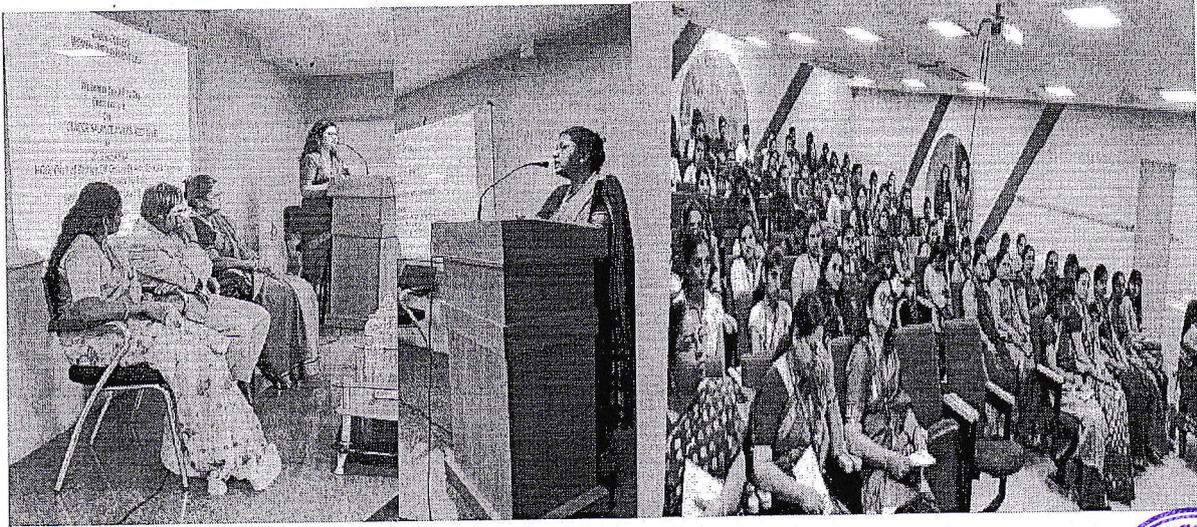
Wall magazine by Volunteers displayed on the Martyr's day



Celebration of International Women's Day 2019

International Women's Day 2019 was celebrated in the college on 8 /3 /2019. Special guest lecture was organised by Women Empowerment Cell, for the girl students on the occasion of International Women's Day. The theme for the International Women's Day 2019 was "Balance for better". In view of this, a guest lecture on the topic "Gender Balance and Related Issues " was organised. About hundred students and 15 faculty members attended the guest lecture. The resource person was Mrs Sagharika, HOD ,Department of Zoology, SJR Degree College, AnandRao circle ,Bengaluru. Mrs Sagharika is also a lady NCC officer with a prolific experience in both academics and NCC stream. She spoke about the various problems related to gender balance among the modern Indian women. She quoted the examples of various women achievers and how they broke the shackles of the conservative society and made a mark for themselves in their respective fields. She inspired the students and gave a message for them to achieve, irrespective of the situations they might be in and not be bogged down by societal pressures. She concluded the session by giving useful insights into the procedure for women to join the Indian Army and Navy. She also highlighted the government support in the entry of women in Army and Navy. She urged the students to be resilient and strong and stated that general balance can be achieved only if women acknowledge and realise their rights. She inspired many girls students to join the Army and serve the nation and never believe that Army services is meant only for men. The celebration of International women's day concluded with a dance performance about women empowerment by the students in the quadrangle followed by cake cutting by all the lady faculty of the college. The students had displayed charts and poems related to the theme of gender balance in the quadrangle. The celebration was successful in driving home the message, strongly that gender balance is crucial for women empowerment.





Sachin
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#33/2B Kempapura, Hebbal,
Bengaluru - 560 024.

NOVEMBER-2017

Date:-25/11/17

MEATLESS DAY AWARENESS

OBJECTIVE

Promote compassion, non-violence & reverence for all life.

In 1986, it was proposed that November 25, Sadhu Vaswani's Birthday be celebrated as an International Meatless Day. The campaign has met with considerable success in that, millions of individuals send their pledges to the Sadhu Vaswani Mission to go meatless on this day. Four state governments in India - Maharashtra, Gujarat, Karnataka and Andhra Pradesh - have issued instructions for the closure of slaughter-houses as well as butchers' shops on 25th November every year, in their respective states.

In order to create awareness in the minds of citizens about the Meatless Day campaign, Peace Marches are held in Pune and other cities in November, every year. Thousands of students from city schools and colleges march through the streets propagating the idea of Meatless Day and reverence for all life, as the first step to World Peace. Meatless day Newsletters are also issued between August and November every year to propagate vegetarianism and the Meatless Day.

On 21st we conducted a walkathon along with the shout-out about the meatless day In keeping up with the ideals of its founder, The Sadhu Vaswani Mission had launched the (S.A.K.) Campaign since 1986. The purpose of the campaign is to promote compassion, nonviolence & reverence for all life.

It is the first step towards World Peace, said Sadhu Vaswani - whose birthday, November 25, is now celebrated all over as International Meatless Day.

Prof. M.A. Vaidyesh
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This document consists
of ~~five~~ pages

1/5

MEATLESS DAY

Newsletter

No. 102 November, 2016



Reverence
For Life
Sadhu Vaswani

All life is sacred. All life has its claims on every one of us. True ethics, therefore, rest on recognition of this thought – the reverence for life.

Reverence for life includes:

- Sympathy or fellow-feeling and,
- Something more, i.e. love.

Reverence for life is love for all living beings – the whole universe. This reverence makes it imperative on us not to cause pain to anybody. This pain is triple – pain by thought, pain by word, and pain by deed.



Do
Unto
Others

As a child, Princess Beatrix of Netherlands had a pet dog that she was extremely fond of. The care and feeding of that dog was entirely her responsibility, the regime for which she followed diligently.

Alas, one day, she forgot to feed her dog! The next morning, as per the orders of her father Prince Bernhard, this Princess was not served any breakfast. This simple action made her learn an unforgettable lesson.

We should give the same love, respect and care to animals as we give to our fellow human beings.

Rescue Our Planet

This environment, with its variety, intricacy and beauty, is what sustains us. We must put in every endeavour to keep it pristine, authentic and flourishing.

Each creature, each species serves its own special purpose. Each one is precious and invaluable in the chain of creation. Their destruction leads to



environmental degradation. Only man has the power to save and sustain this planet, or to damage and destroy it. Let us vow to become architects of a world where no one hurts or harms another.

Kindly Observe

NOVEMBER 25 AS
MEATLESS DAY

AND
ANIMAL RIGHTS
DAY



The first step in this direction is to abstain from all killing. Meatless Day, on November 25, has been chosen as a special day to unite globally and become the shining light in defending and conserving our earth and its environment. On this day let us join our hands in loving unison, letting our voices rise together, in support of making our planet a sanctuary, a refuge and a safe haven for all living creatures.

LET US FORGE AN UNBREAKABLE HUMAN CHAIN WITH THE RESOLVE TO MAKE NOVEMBER 25 A MEATLESS DAY WORLDWIDE.



To understand any living being, you must creep within and feel the beating of his heart.

- W. Macneile Dixon

(1866-1946) was a British author and an academician.

www.sak.org.in

Volunteers with a crusade against animal cruelty.

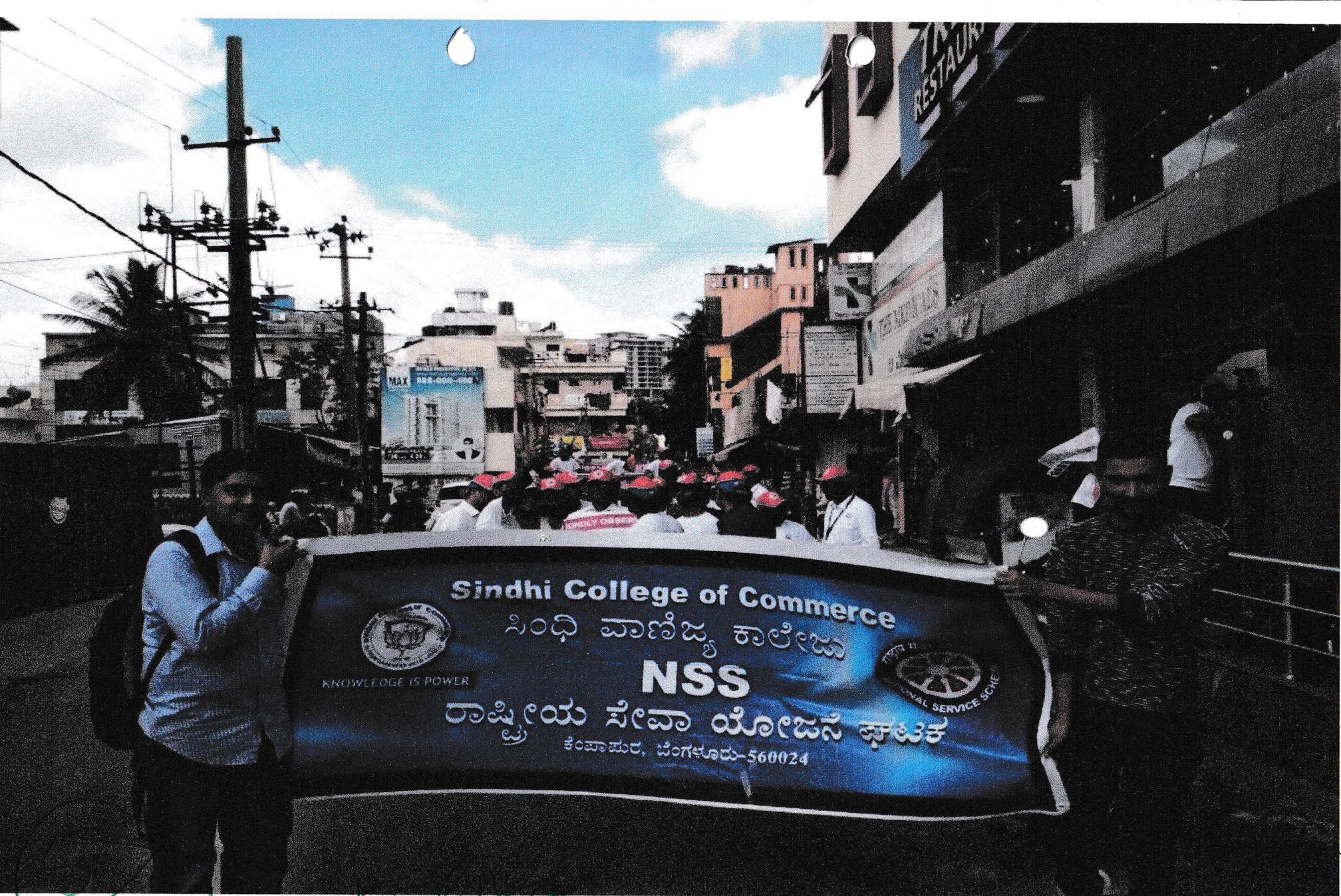


SSS
NSS Programme Officer
Sindhi College
30/28, Kempapura, Heb
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MEATLESS DAY AWARENESS





Sindhi College of Commerce
 ಸಿಂಧಿ ವಾಣಿಜ್ಯ ಕಾಲೇಜು
NSS
 ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ಘಟಕ
 ಕೆಂಪಾಪುರ, ಬೆಂಗಳೂರು-560024

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NSS volunteers Walktan Rally for Awareness